

## **Trampoline Courses - South East Region for 2009**

All candidates are required to have a current **enhanced criminal records bureau check through British Gymnastics**. The fee is not included in the course fees. CRB application forms will be sent out with course confirmation as results will not be sent out until this has been processed.

In all levels there are mentoring hours to be advised by the tutor, all candidates must find an appropriate mentor coach at least one level up from the course being taken.

Membership is not included in any of the courses you can apply for membership to British Gymnastics on 0845 1297129 or look on [www.british-gymnastics.org](http://www.british-gymnastics.org) On attendance at the course a current membership card must be shown to be photocopied or a photocopy of the card given to the tutor.

**If an exam date is missed there may be an extra charge to reschedule.**

Courses are usually well attended and spaces are filled very quickly. To avoid disappointment early application is recommended, I do not cash cheques until nearer the date of the course but the fee does need to be sent with the application or a company to invoice.

If your Club is a member of the South East Region a further £20 can be deducted from the coach course fees and £5 for Judge Course fees

**If you wish to do a judge or assistant level course and are attached to a club the fee is £17.75 for membership. If you are not attached to a club full membership of £72.50 is required. Student membership of £27.50 is available, again if attached to a club, with proof to British Gymnastics of status.**

Applications must include full fee for the course or an invoice address. Invoices must be paid at least two weeks prior to course start date. Confirmation and resource material will be sent out approximately 2 weeks before course start where ever possible.

Cancellation less than two weeks before course start will only be eligible to have exam and membership fees refunded unless the place can be filled with a reserve. Cheques written to SE Trampolining.

## Judging Courses

For all judging courses it is the clubs responsibility to train all candidates in the recognition of skills up to and including somersaults in all shapes. Candidates must have a background knowledge of competition's and the roles involved.

### Coach Courses

This qualification allows the holder to:

**UKCC Level 1** – Assistant Coach - To assist in the preparation of participants at foundation level **under the direct supervision and guidance of a more qualified coach**. The minimum age to attend this course is 16 years and all candidates must be fit to take part in the highly practical side of the course. To be able to coach unsupervised level 2 is required as well.

**Level 2** – Coach – Candidates must hold a level 1 award there is no more fast tracking at this level. This is a minimum requirement for the teaching of trampoline skills in a class situation. Candidates must be a minimum of 18 years old and be fit to take part in the highly practical side of the course. The course covers the safe teaching of all skills up to, and including, shaped front and back somersaults. The practical and theory examinations will be included in the last day of the course.

On the 1<sup>st</sup> August 2009 changes will be brought in to the level 2 as it will also be UKCC as the level 1 and in August 2010 the changes will be brought in for the level 3. To be able to participate in this level 3 after this date all those candidates that do not have the UKCC level 2 will have to upgrade their qualification before applying.

**Level 3** – Club Coach – The course covers the safe teaching of linked single somersaults, somersaults to and from body landings, and introduction to aerial twisting.

Candidates must be current full British Gymnastics members and hold level 2 coach or equivalent cycle 5 coach award. Please note the changes in UKCC from 2010 as explained in the level 2 above.

Candidates are expected to bring a performer that is proficiently rotating forwards and backwards for the duration of the course. A mentor coach is required for 10 hours post course guided learning.

<b>COURSE</b>	<b>COURSE DIRECTOR</b>	<b>VENUE</b>	<b>DATE</b>	<b>TIMES</b>	<b>COST</b>
Level 1  Exam	Mike Gevaux Tamzin Reid  Mel Alesi	Jumpers Rebound Centre Mill Road Gillingham Kent	Sun May 3 <sup>rd</sup> Sun 14 <sup>th</sup> June Sat 20 <sup>th</sup> June Sun Sept 6 <sup>th</sup>	9-5	£240 Candidates must be 16 years of age and hold full / competitive or associate membership with British Gymnastics and CRB checked as this is not included
National / Regional / Zonal Judge	Steve and Donna Grist / Sally Slinger	Jumpers Rebound Centre Mill Road Gillingham Kent	Sat 4 <sup>th</sup> July Sun 5 <sup>th</sup> July	10 - 5	£60 Candidates must have the relevant membership with British Gymnastics and CRB checked
National DMT Judge	Martin Laws / Linda Lawrie	Jumpers Rebound Centre Mill Road Gillingham Kent	Sun 5 <sup>th</sup> July	10-5	£40 Candidates must have the relevant membership with British Gymnastics and CRB checked
Level 2  Exam	Tamzin Reid  Mel Alesi	Jumpers Rebound Centre Mill Road Gillingham Kent	Tues 7 <sup>th</sup> July Weds 8 <sup>th</sup> July Thurs 9 <sup>th</sup> July Tues 28 <sup>th</sup> July	9-6	£220 – Candidates must be 18 years old  Candidates must be full British Gymnastic members and CRB checked
Swescore computer operator course	Martin Laws	Jumpers Rebound Centre Mill Road Gillingham Kent	Sunday 4 <sup>th</sup> October	10-5	£25  Candidates must be full British Gymnastic members and CRB checked

Level 1 Exam	Mike Gevaux Mel Alesi	Jumpers Rebound Centre Mill Road Gillingham Kent	Sat 5 <sup>th</sup> Sept Sat 19 <sup>th</sup> Sept Sun 20 <sup>th</sup> Sept Sun 13 <sup>th</sup> Dec	9-5	£240 Candidates must be 16 years of age and hold full / competitive or associate membership with British Gymnastics and CRB checked as this is not included
Level 1	Mel Alesi Mike Gevaux	Jumpers Rebound Centre Mill Road Gillingham Kent	Sunday 20 <sup>th</sup> Sept Sunday 4 <sup>th</sup> Oct Saturday 24 <sup>th</sup> Oct Sunday 12 <sup>th</sup> Dec	9-5	£240 Candidates must be 16 years of age and hold full / competitive or associate membership with British Gymnastics and CRB checked as this is not included
Level 4 Exam	Fred Isaac Fred Isaac Martin Laws	Jumpers Rebound Centre Mill Road Gillingham Kent	Saturday 12 <sup>th</sup> Sept Sunday 13 <sup>th</sup> Sept Saturday 3 <sup>rd</sup> Oct Sunday 4 <sup>th</sup> Oct Sunday 13 <sup>th</sup> Dec	11-7 9-6 11-7 9-6 9-6	£320 - Candidates must hold level 3 coach and be full current British Gymnastic members and CRB checked
Club Judge	Mel Alesi	Jumpers Rebound Centre Mill Road Gillingham Kent	Saturday 12 <sup>th</sup> Sept Sunday 13 <sup>th</sup> Sept	10-5	£50 but candidates must hold direct/ competitive or associate membership with British Gymnastics Candidates must be a minimum of 15 years old but will not receive the qualification upon success until 16 years of age
Teachers Award Level 1 and 2	Tamzin Reid	Jumpers Rebound Centre Mill Road Gillingham Kent	Monday 28 <sup>th</sup> Sept Tuesday 29 <sup>th</sup> Sept Wednesday 30 <sup>th</sup> Sept Thursday 1 <sup>st</sup> Oct	9-5	Candidates must have Qualified Teacher Status £240
UKCC Level 2	Tamzin Reid	Jumpers Rebound Centre Mill Road Gillingham Kent	Sat 26 <sup>th</sup> September Sat 31 <sup>st</sup> October Sat 14 <sup>th</sup> November Sat 28 <sup>th</sup> November Exam to be confirmed	9-5	Provisional cost £320 – Candidates must be 18 years old  Candidates must be full British Gymnastic members, CRB checked and hold UKCC level 1

Swescore computer operator course	Martin Laws	Jumpers Rebound Centre Mill Road Gillingham Kent	Sunday 4 <sup>th</sup> October	10-5	£25  Candidates must be full British Gymnastic members and CRB checked
Level 3  Exam	Tamzin Reid  Tamzin Reid Tony Hull	Jumpers Rebound Centre Mill Road Gillingham Kent	Sunday 13 <sup>th</sup> Sept Sunday 20 <sup>th</sup> Sept Sunday 4 <sup>th</sup> Oct Saturday 10 <sup>th</sup> Oct Sunday 13 <sup>th</sup> Dec	9-6 9-6 9-6 11-7 9-6	£280 - Candidates must hold level 2 coach and be full current British Gymnastic members and CRB checked
Level 4  Exam	Tamzin Reid  Fred Isaac Martin Laws	Jumpers Rebound Centre Mill Road Gillingham Kent	Saturday 17 <sup>th</sup> Oct Sunday 18 <sup>th</sup> Oct Saturday 7 <sup>th</sup> Nov Sunday 8 <sup>th</sup> Nov Sunday 13 <sup>th</sup> Dec	11-7 9-6 11-7 9-6 9-6	£320 - Candidates must hold level 3 coach and be full current British Gymnastic members and CRB checked