

## **Trampoline Courses - South East Region for 2010**

With immediate effect bookings (only for UKCC courses) are taken on line on the British Gymnastic web site under coaching courses. You book your course on line then payment has to be sent to SE Trampolining at the Jumpers Rebound Centre address. All other courses are booked directly with me.

From August 2009 onwards, the pre-course requirement to be a member of British Gymnastics and the need to provide an enhanced CRB check has been removed. Membership and CRB are a requirement for a coach who wishes to use their qualification when they take up a coaching position in any of our clubs. It will be the responsibility of the club to ensure all coaches are members of BG and have completed an enhanced CRB before the coach can be deployed either as a paid coach, or a volunteer coach within their club.

In all levels there are mentoring hours to be advised by the tutor, all candidates must find an appropriate mentor coach at least one level up from the course being taken.

**If an exam date is missed there will be an extra charge to reschedule. If any scheduled days are missed on a course you will not be able to continue and you will be charged to join another course.**

Courses are usually well attended and spaces are filled very quickly. To avoid disappointment early application is recommended, I do not cash cheques until nearer the date of the course but the fee does need to be sent with the application or a company to invoice.

If your Club is a member of the South East Region a further £20 can be deducted from the coach course fees and £5 for Judge Course fees

Applications must include full fee for the course or an invoice address. Invoices must be paid at least two weeks prior to course start date. Confirmation will be sent out approximately 2 weeks before course start where ever possible and resources will be given out on the first day of the course.

Cancellation less than two weeks before course start will only be eligible to have exam and membership fees refunded unless the place can be filled with a reserve. A £10 administration fee will be deducted for cancellation. Cheques written to SE Trampolining.

## Judging Courses

For all judging courses it is the clubs responsibility to train all candidates in the recognition of skills up to and including somersaults in all shapes. Candidates must have a background knowledge of competition's and the roles involved.

## Coach Courses

This qualification allows the holder to:

**UKCC Level 1** – Assistant Coach - To assist in the preparation of participants at foundation level **under the direct supervision and guidance of a more qualified coach**. The minimum age to attend this course is 16 years and all candidates must be fit to take part in the highly practical side of the course. To be able to coach unsupervised level 2 is required in addition to this qualification.

If you have a UKCC level 1 qualification in any other British Gymnastics discipline you do not need to attend day 1 as this is a generic day.

**UKCC Level 2** – Coach – Candidates must hold a UKCC level 1 award there is no more fast tracking at this level. This is a minimum requirement for the teaching of trampoline skills in a class situation. Candidates must be a minimum of 18 years old (a candidate can take the qualification at 17 but not receive the award on success until their 18<sup>th</sup> birthday). You will be required to bring a performer on days 2,3,4, and 5 of the course.

If a candidate has the level 1 qualification that is not UKCC an update day is required prior to the level 2 day 1.

If you have a UKCC level 2 qualification in any other British Gymnastics discipline you do not need to attend day 1 as this is a generic day.

The course now covers  $\frac{3}{4}$  back and front, shaped back and front somersaults and tucked /piked barani.

You will need a level 3 coach or above for a mentor.

**Level 3** level 4– These are now run through British Gymnastics not regionally.

## Proficiency Day

Open to candidates 14 years old and above.

To enable candidates to assist a qualified coach in the proficiency awards.

## GMPD

This is a module for level 2 and above coaches to be able to coach children / adults with special needs. Level 1 coaches can take this module but the same rules apply when coaching must be supervised. There is no practical or written exam just on course assessment.

<b>COURSE</b>	<b>COURSE DIRECTOR</b>	<b>VENUE</b>	<b>DATE</b>	<b>TIMES</b>	<b>COST</b>
UKCC Level 1  Exam	Mike Gevaux  Tamzin Reid Mel Alesi	Jumpers Rebound Centre Mill Road Gillingham Kent	Sat 10 <sup>th</sup> April Sun 25 <sup>th</sup> April Sun 9 <sup>th</sup> May Sat 10 <sup>th</sup> July	9-5	£340 Candidates must be 16 years of age
Proficiency Day	Tamzin Reid	Jumpers Rebound Centre Mill Road Gillingham Kent	Sat 3 <sup>rd</sup> April	9-5	£50 Candidates must be a minimum of 14 years old
Club Judge	Mel Alexi	Jumpers Rebound Centre Mill Road Gillingham Kent	Sat 8 <sup>th</sup> May Sun 9 <sup>th</sup> May	10-5	£50 Candidates must be a minimum of 15 years old but will not receive the qualification upon success until 16 years of age
Level 4  Exam	Tamzin Reid  Tamzin Reid Martin Laws	Jumpers Rebound Centre Mill Road Gillingham Kent	Sat 17 <sup>th</sup> April Sun 18 <sup>th</sup> April Sat 8 <sup>th</sup> May Sun 9 <sup>th</sup> May Sun 3 <sup>rd</sup> October	9-6	£320 Candidates must hold the level 3 coaching award
Upgrade to UKCC for level 2 course if	Mel Alesi	Jumpers Rebound Centre	Sat 15 <sup>th</sup> May	9.30-5.30	£40 Regional Club members £50 Any other

did not complete a UKCC level 1		Mill Road Gillingham Kent			
UKCC Level 2	Mel Alesi	Jumpers Rebound Centre Mill Road Gillingham Kent	16 <sup>th</sup> May 29 <sup>th</sup> May 30 <sup>th</sup> May 4 <sup>th</sup> July 31 <sup>st</sup> July 9 <sup>th</sup> Oct	9-6	£380 – Candidates must be a minimum of 17 years old but will not receive the qualification on success until their 18 <sup>th</sup> birthday.
Exam	Tamzin Reid				
UKCC Level 1	Tamzin Reid	Jumpers Rebound Centre Mill Road Gillingham Kent	30 <sup>th</sup> May 19 <sup>th</sup> June 20 <sup>th</sup> June 5 Sept	9-5	£340 Candidates must be 16 years of age
Exam	Mike Gevaux				
County / Regional/ Zonal/ National Judge courses	Mike Phillipson + others	Jumpers Rebound Centre Mill Road Gillingham Kent	3 / 4 July	10-5	£60 Candidates must hold suitable qualifications to take level applying for
National DMT Judge		Jumpers Rebound Centre Mill Road Gillingham Kent	4 July	10-5	£40 Candidates must hold suitable qualifications to take level applying for
UKCC Level 2	Mel Alesi	Jumpers Rebound Centre Mill Road Gillingham Kent	Sat 17 <sup>th</sup> July Sat 4 <sup>th</sup> Sept Sun 5 <sup>th</sup> Sept Sat 25 <sup>th</sup> Sept Sat 2 <sup>nd</sup> Oct Sat 4 <sup>th</sup> Dec	9-6	£360 – Candidates must be a minimum of 17 years old but will not receive the qualification on success until their 18 <sup>th</sup> birthday.
<b>FULL</b> Exam	Tamzin Reid				
UKCC Level 2	Tamzin Reid	Jumpers Rebound	5 <sup>th</sup> September	9-6	£380 – Candidates must be a minimum of

Exam	Mel Alesi	Centre Mill Road Gillingham Kent	18 <sup>th</sup> September 19 <sup>th</sup> September 16 <sup>th</sup> Oct 17 <sup>th</sup> Oct 12 Dec		17 years old but will not receive the qualification on success until their 18 <sup>th</sup> birthday.
UKCC Level 1  Exam	Mel Alesi  Mike Gevaux	Jumpers Rebound Centre Mill Road Gillingham Kent	19 <sup>th</sup> September 3 <sup>rd</sup> Oct 17 <sup>th</sup> Oct 12 <sup>th</sup> Dec	9-5	£340 Candidates must be 16 years of age
Swescore computer training	Martin Laws	Jumpers Rebound Centre Mill Road Gillingham Kent	Sun 17 <sup>th</sup> Oct	10-5	£25
Club Judge	Mel Alesi	Jumpers Rebound Centre Mill Road Gillingham Kent	Sat 30 <sup>th</sup> Oct Sun 31 <sup>st</sup> Oct	10-5	£50 Candidates must be a minimum of 15 years old but will not receive the qualification upon success until 16 years of age