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## EDITORIAL

Martin Laws

Dear Reader,

Welcome to this August edition of TRAMPOLINE NEWS 2007. My thanks to **John Beeton** the editor, for all his efforts to keep you informed, and those who have contributed to this important Newsletter. Please circulate this latest edition as widely as possible.

Another year and another nail biting National Trampoline Championships! The finals, once again, were held at the NIA in Birmingham. Organiser **Pam Smith** and her team excelled themselves yet again to produce an amazing event to watch, with the competitors adding their own brand of excitement along the way! Congratulations most certainly go to **Claire Wright** on winning her 7<sup>th</sup> Ladies title! **James Higgins** clenched the Men's title with his superior form after yet another tied final score for **Gary Smith** (third time tie break)! Congratulations must also go to all our podium winners who succeeded in their own personal goals after a year of hard work and determination.

The end of August (August 25<sup>th</sup> in fact) sees the annual youth match between GBR & Germany, at the NIS in Sheffield, but this year will see a team from Canada to really spice up the event. With both Youth and Senior teams competing, in all three disciplines it is sure to be a wonderful event to watch, don't miss it. Tickets are available at [www.ticketwebb.co.uk](http://www.ticketwebb.co.uk).

Teams have now been selected for the World Championships and IAGC in DMT competitions. Training camps have taken place for those selected and their training continues in earnest. With strong teams representing us at the Worlds, all eyes will be on our performers to produce their best.

Selection competitions for the Trampoline teams will continue in September, and all those wishing to be selected for the team will be working hard in the next 2 months with very little else on their minds! With the World championships being the qualifying event for the Olympic Games in Beijing, we want to ensure that we send the strongest team possible to gain those elusive places at the most prestigious event going!

Presentations have taken place to deliver the new Competition Structure for 2008. Next year will prove to be both exciting and rather testing! A great deal of work has gone into the new structure, and it will be exciting to see how the Gala weekends will work for all of us. I am certain that these weekends will

only cement the family atmosphere that the sport provides with so many gymnasts all together for entire weekends.

2008 will also bring the start of the new National Coaching Certificate, although a great deal has been delayed, the level 1 course's should start in January. Keep your eyes on all our media for future changes as even the Gymnast Magazine has changed the way it produces material. You will note that from now on, only the headline pages will hold summary information and the whole article will be downloadable from the web. This is to save large sections of the magazine from results or articles that are only of interest to one discipline. I guess we will all leave judgment for a few copies to see if it works in this new format.

I would like to extend my thanks to all the hard work that all our judges and officials do, to ensure that we remain one of the strong contenders on the world stage. In a sport that is not quantified by times etc, our judges take a great deal of criticism in their stride and continue to thrive. Thank you all!

I hope that all the rain and water that has been our summer thus far does not dampen your spirits as we race toward the end of another year, looking forward to the next which is going to be exciting for all those involved in the sport, with new challenges, structures and the 2008 Olympic games in Beijing!

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## NEW CEO FOR BRITISH GYMNASTICS

**Brian Stocks** British Gymnastics President, has been appointed by the British Gymnastics Board as the new Chief Executive to succeed **Alan Sommerville** early in the New Year.

Brian will join British Gymnastics in October, as Deputy Chief Executive.

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**17<sup>th</sup> July:** **Asha Philip** won the 100m sprint in 11:46 at the **5<sup>th</sup> IAAF World Youth Championships being held in Ostrava, Czech Republic**. This proves her status as the fastest U18 girl in the World – see article on Page 9. **Ed.**

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**Trampoline - Repetition of Skills:** see article on Page 12 regarding advice from the FIG TR TC Committee. All coaches and gymnasts are warned to take heed! **Ed.**

# JUDGING COURSES

**British Gymnastics** offer a range of Judging Qualifications including that of **Club Judge Award**. The Club Judge through to the International Award is available in the following disciplines within Trampoline Sports: **Trampoline, Tumbling** and **Double Mini-trampoline**.

For a list of current Judging Courses please visit the downloads section of the British Gymnastics website at:

[www.british-gymnastics.org](http://www.british-gymnastics.org)

Any queries please contact the **Coach Education Department** 0845 1297129 ext 2392.

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## FIG: WOMEN'S DRESS CODE

The FIG Executive Committee at its meeting in **Orlando USA** during the month of May last issued a ruling to the FIG Code of Points on women's uniforms, to allow for more accessibility to competition.

These changes are valid from **1<sup>st</sup> June 2007**:

- **Leotards with long sleeves (must be skin tight)**
- **Long tights (must be skin tight)**
- **Full-length one piece leotard - unitard (must be skin tight)**

For reasons of safety:

- **Covering the face or head is not allowed**
- **Any other "dress" which is not skin tight is not allowed with the exception of the skirt in Rhythmic Gymnastics as defined in the RG Code of Points**

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## National Trampoline Technical Committee Development Update

Joanna Shackleton

Great progress continues with clubs gaining **GymMark**. The figure is now 208 clubs with GymMark. Well done if your club is one of these. This makes up 25% of the current British Gymnastics membership, which is very encouraging. GymMark is the British Gymnastics stamp of quality assurance for clubs.

If any club would like support in working towards GymMark, support can be given by the **Regional Gymnastics Development Officer** or your **Home Country Association**.

In September 2007 the new National Competition Framework

for Young People for trampoline gymnastics will be launched.

The National Competition Framework provides structures for competitions happening within a school or between schools and will sit beneath and separate from the current schools competition structure. The National Competition Framework is being delivered through by the new Competition Manager infrastructure with school sport partnerships in England. However, a new Key Steps pack will be launched by British Gymnastics and can be used in schools across the country.

In my role on the National Technical Committee I have the role for 'Development'. Over the last few years I have been assisted by **Robin Atkins**, who has due to other commitments, decided to step down. May I firstly thank Robin on behalf of the Technical Committee for his assistance and wish him all the best for the future. This does however leave a vacancy for an assistant within the 'Development' Team for the National Technical Committee. I am seeking someone who is experienced and knowledgeable within 'Development' to support me in my role. If anyone is interested in joining the team, please get in touch with me directly.

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## 4 Nations, Poole 8/9/10 June 2007

John Beer

First many thanks must go to **Sharon Wood** and her team at **Olga** for all their hard work and excellent organisation.

The venue was well prepared providing excellent equipment, public seating and atmosphere. **Hannah Lewis** did a very good job on the microphone, her first attempt at it, and her knowledge of the sport along with a very good speaking voice helped to create a good atmosphere.

The teams all arrived on Friday 8<sup>th</sup> June, all arriving at different airports! I collected the Danish Team from Heathrow and transported them to Poole, where they went straight to training. I left and collected the Czech Team from Hern airport taking them directly to the hotel. Whilst this was happening Sharon Wood went to Gatwick airport and collected the Portuguese Team, taking them to the hotel. The British Team all assembled at the hotel under 'their own steam'.

The selection of the British team was made earlier in the season (as this and a number of other competitions are part of the World Class Programme training and funded by the Programme all the competitions were divided amongst the programme members to try give all an equal number of competition exposures as part of their training) unfortunately a number of changes to the original team were necessary due to a variety of reasons. **Danielle Pietruszka** was replaced by **Tom Lewis** who himself was replace, on the day, by **Yasmin Gumbs** and **Michael Freeman** replaced his brother **Andrew** on the Thursday before the competition. This ability to substitute at the last moment shows: the depth of good talent in GB and the

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standard of preparation, by the personal coaches, of the performers.

**Judge No 3:** Bruce Craig  
**Judge No 4:** Germany

The competitors were divided into 4 'flights' each flight performing their set and 1<sup>st</sup> vol. This made it difficult to see the rank order of the countries and it was only after the final 'flight' had completed their vol. did the rank order become apparent. We were in second place to Portugal by just over two marks. Portugal did bring their number two man who has done well on the World circuit; he eventually won the individual men's competition. What was very pleasing was to see a nearly 100% routine success rate, the only failure was **Philip Dodson** in his vol.

After a 45-minute break (the competitors had a general warm-up during this period) the teams were introduced for the final (competing in reverse order of merit, meaning GB were always third before Portugal) again they were divided into 'flights'. All GB competitors performed as well or better than the first vol. in the first three 'flights'. Unfortunately Yasmin very unusually failed her routine, it must be remembered she arrived as a last minute substitute in the morning with very little notice. Philip also failed, he had the distinction of falling completely off the trampoline, in his 'in jumps', it was a bad fall and although, to his great credit and courage, he did get back on, he failed at move two.

As the competition was decided using the best four from the six competitors in each round, GB managed to claw back the deficit and ended in 1st place with Portugal 2<sup>nd</sup>, Denmark 3<sup>rd</sup> and Czech 4<sup>th</sup>. Stacy Dann won the individual ladies competition.

The accommodation was very good and the banquet was excellent held in a very good hotel overlooking the sea. All the teams commented on the excellent organisation, friendly welcome and hospitality of the British.

**Team:**

HOD - Martin Laws  
Coaches' -John Beer, Robin Atkins  
Osteopath - Chris Evans  
Gymnasts - Laura Gallagher, Stacy Dann, Yasmin Gumbs, Matthew Wright, Andrew Freeman, Philip Dodson.

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**GREAT BRITIAN v CANADA (v GERMAN YOUTH) INTERNATIONAL MATCH**

**Judge Selection**

Trampoline and Double Mini-trampoline Judges for the above match have been selected as follows:

**Trampoline** – Senior / Youth Matches

**Chair of Judges Panel:** Bert Scales

**Judge No 1:** Tony Hull

**Judge No 2:** Canada

**Judge No 5:** Clive Morgan

**Judge No 6:** Sally Slinger

**Judge No 7:** Elizabeth Scales

**Double Mini-trampoline** – Senior / Youth Matches

**Chair of Judges Panel:** Martin Laws

**Judge No 1:** Bill Leach

**Judge No 2:** Liz Laws

**Judge No 3:** Canada

**Judge No 4:** Lynda Lawrie

**Judge No 5:** Donna Grist

**Judge No 6:** Peter Heames

**Judge No 7:** Kevin Dixon-Jackson

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**TRAMPOLINE**

**World Championship Trials**

The venue for the World Championships trials is now confirmed as **Saturday 8th September at Stoke on Trent (Fenton Manor)**, subject to agreeing the contract with Stoke, and then **Saturday 15th September at Loughborough University**.

For both events the warm-up time is planned for 11:00 hrs with an approximate start time of 12:00 hrs. subject to numbers entered.

On the 15th September there will be two events combined, the individual and also the Synchro trial. The Synchro trial will take place after the individual trial, the exact programme and timings will be agreed and published accordingly. However, depending on numbers of the individual event it is likely to be in the early afternoon for the Synchro event.

Both trials will be held on regular Eurotramp trampolines (6x4) rather than string beds.



**FIG WORLD CUP  
SOFIA, BUL**

Great Britain was represented at this world cup series event by our tumbling colleagues only. Our sincere congratulations go to

**Laura Houson** for winning her first world cup event with a score of 66.6 points with **Samantha Palmer** in third place with a score of 65.2 points. **Charlie Burrows** performed really well to finish in 4<sup>th</sup> place (71.5 points) against such strong opposition.

### Results

#### Ladies TUM:

- 01 HOUSON Laura GBR 66.6 points
- 02 TSIARENIA Hanna BLR 65.9 points
- 03 PALMER Samantha GBR 65.2 points

#### Men TUM:

- 01 WANG Jiexu CHN 79.1 points (World Record Diff)
- 02 LI Zhenqiu CHN 75.4 points
- 03 WADECKI Josef POL 74.2 points
- 04 BURROWS Charlie GBR 71.5 points

#### Ladies TRA:

- 01 KARAVAEVA Irina RUS 38.0 points
- 02 CHERNOVA Natalia RUS 36.8 points
- 03 DOMCHEVSKA Yulia UKR 36.4 points

#### Men TRA:

- 01 NIKITIN Yuriy UKR 41.1 points
- 02 SOTOMURA Tetsuya JPN 40.5 points
- 03 KHNYCHEV German RUS 39.6 points



## FIG WORLD CUP OSTEND, BEL

Having decided to miss out on the fourth World Cup in the present series which was held in **Sofia, BUL** the week previous

The Great Britain team traveled to **Ostend BEL** at the end of June for their final appearance in the 2007 world cup events. Let me say straight away that traveling by train from Brussels to Ostend can be a marathon at times; and that is exactly what we encountered on this occasion – taking nine hours for the trampoline team, from the time of meeting at Heathrow until finally reaching our hotel in Ostend. The Tumblers took even longer and calculated that the twelve hours it took them to travel to Kunshan CHN was less than the time it took them from Manchester to Ostend!

Results from this event for the senior trampoline team were disappointing, although **Claire Wright** did manage to qualify for the ladies individual final, thereby consolidating her World Ranking position, in 8<sup>th</sup> place, but then failed to complete her final routine. **Jamie Moore, Garry Smith** and **James Higgins** will want to forget about this particular world cup, with all three

failing to complete their voluntary routine.

However, the big surprise for the team were the results obtained by **Stacey Dann** in the ladies competition, and by the **Freeman** brothers in the men's synchronised event. The brothers reached the finals in 6<sup>th</sup> position and improved this position to finish in 5<sup>th</sup> place overall. An absolutely brilliant senior debut for both Michael and Andrew.

Stacey's achievement in finishing in 11<sup>th</sup> position in the ladies individual event was a great achievement and she can be extremely pleased with her performance and should ensure a place in the ladies team for the world championships in October.

Our Tumblers had another successful world cup with **Samantha Palmer** taking silver medal and **Sarah Turner** finishing in 4<sup>th</sup> places. In the men's event **Damien Walters** and **Charlie Burrows** both made finals and finished in 5<sup>th</sup> and 8<sup>th</sup> place respectively.

### Results:

#### Ladies Individual (40 entries)

- 08 Claire Wright
- 11 Stacey Dann
- 33 Jamie Moore

#### Men's Individual (52 entries)

- 33 Gary Smith
- 43 James Higgins

#### Men's Synchronised (14 entries)

- 05 Michael / Andrew Freeman

## GREAT BRITAIN v CANADA v (GERMAN Youth)

### International Match featuring Trampoline, Tumbling & Double Mini-Trampoline at Senior and Youth levels

**Saturday 25<sup>th</sup> August 2007**

at  
**EIS Sheffield**

**1100 hrs – 1900 hrs**

**Adults: £8 concessions: £5**  
**Family: 2 adults with 2 children: £20**

# BRITISH GYMNASTICS' SELECTION POLICY

## European Championships

Odense, Denmark

14 – 26 April 2008

Steve Green

### Introduction

This is the Policy through which British Gymnastics (BG) will select its Team for the 2008 European Trampoline Championships. The Team will comprise Senior and Youth gymnasts for Individual, synchronised, and team competitions.

**Eligibility:** British Citizen. British Gymnastics' member in good standing

**Senior age criteria:** minimum 17 in the year of competition

**Youth age criteria:** 13 – 17 years in year of competition\*

Signed up to the current BG Gymnast Agreement

\*Subject to not having participated in any open category (senior/adult) of World Championships, Continental Championships, and World Cup Series.

All eligibility is subject to the rules of FIG and UEG and any changes these bodies may introduce subsequent to the publication of this Policy.

### Targets:

**Senior:** Team (Men): Medal Team (Women): Medal Individual (Men): Final Individual (Women): 2 in final (inc 1 medal)

**Youth:** Team (Boys): Medal Team (Girls): Medal Individual (Boys): 2 in final. Individual (Girls): 2 in final (inc 1 medal)

### Selection Events

Gymnast selections will be based on performances at the following selection events, except for those gymnasts allocated wild cards or achieving pre selection:

**Selection Event 1:** European trial event, 1 / 2 March 2008 (venue TBC) (1 compulsory, 1 voluntary routine, zero Final) (Using F.I.G. rules)

**Selection Event 2:** European trial Event 8 / 9 March 2008 (venue TBC) (1 compulsory, 1 voluntary routine, zero Final) (Using F.I.G. rules)

Both Selection Events will be open to all British gymnasts, who competed in Grade 1 trampoline competition at Under 17 or older in the 2007/2008 seasons.

### Wild Cards

One place in both the men's and the women's Senior Individual competitions will be reserved for gymnasts selected solely at the discretion of BG's Director (Performance & Technical). It will be at the discretion of the Director as to whether these "wild card" selections are used or passed over for allocation through the remainder of the selection process (clauses 4 and 5).

### Individual Pre Selection

Gymnasts who fulfil one of the following criteria will be pre-selected to the Senior Individual competition providing they are considered by BG's Director (Performance & Technical) to be ready to perform to the best of their ability:

An individual finalist in at least 3 FIG World Cup competitions in the 2007/8 Series

### Remaining Individual Selections (Senior & Youth)

Participants in the Selection Events will be ranked after both the qualification rounds (compulsory and voluntary added together) and the final, and awarded the selection points below (NB: selection points will be allocated against the order of British European Championship-eligible gymnasts only).

### Selection points for position after qualifying rounds:

1st place 6 points

2nd place 5 points

3rd place 4 points

4th place 3 points

5th place 2 points

6th place 1 point

### Selection points for position after final:

1st place 10 points

2nd place 8 points

3rd place 6 points

4th place 5 points

5th place 4 points

6th place 3 points

7th place 2 points

8th place 1 point

The selection points gained after the qualification rounds and final at each Selection Event will be added to give a total for that Event. A gymnast's overall selection score will then be taken as their total selection points from both Selection Events, eg:

### Event 1 Event 2

Prelim 2nd place - 5 points 1st place - 6 point

Final 3rd place - 6 points 1st place - 10 points

Totals 11 points 16 points

Total selection points from the two trial events 27 points

Total selection scores will be ranked and individual team places remaining after wild cards and pre selection will be allocated accordingly in descending order. Gymnast's eligible and achieving selection for both the Senior and Youth Teams will be given the choice of which (one) they wish to compete in.

In the event of a tie performers will be ranked using FIG rules.

Reserves will be selected as the next highest ranking gymnast for senior and youth men and women.

### Synchronised Selection (Senior & Youth)

Selections for the synchronised events will be from a separate trial, to be confirmed. Pairs will be selected from this trial in rank order of finish subject to FIG rules (such that only 1 pair may come from outside of the individual performers), provided they demonstrate the ability to finish in the top 8 of the European Championships (considered as qualifying scores of approximately 83 points for men and 75 points for women).

### **Injury and Replacement**

If at any time subsequent to nomination the Technical Manager has cause for concern regarding a selected gymnast's readiness to compete to the best of their ability the following process will be followed:

The gymnast will be referred to BG's designated medical officer to confirm or eliminate the existence of a medical concern; The gymnast will be asked to confirm their fitness to compete by completing either a qualifying score in competition equal to or greater than the pre requisite score, or satisfactorily completing the control test. The control test will require the gymnast to execute, under "control competition" conditions, a set and a voluntary routine with at least 95% of the difficulty of their routines from the selection events, with each achieving at least 98% of the average time for the routine during the selection events; the gymnast will be allowed 2 attempts to satisfy the requirement for each routine.

In the event that the gymnast fails to achieve clause 6.1.2, the Technical Manager may recommend to the Director (Performance & Technical) that the selected gymnast be deselected and replaced by the reserve.

British Gymnastics is acutely aware of the issues associated with confidentiality and will ensure that all procedures operate in accordance with BG's Gymnast Agreement as signed by the gymnast.

A gymnast or coach may be removed from the 2008 European Championship team in the event of non-compliance in training, a breach of responsibility to the team, a violation of the codes of behaviour or Gymnast's Agreement.

Prior to departure for the competition, gymnasts and/or coaches may only be removed from the team by the Director (Performance & Technical) after consultation with the Technical Manager and/or medical personnel approved by British Gymnastics. Subsequent to departure, gymnasts and/or coaches may be removed from the team by the Head of Delegation after consultation with the Technical Manager and/or medical personnel approved by British Gymnastics. Prior to removal the gymnast and/or coach must be presented with the opportunity to attend a removal interview with the Director (Performance & Technical) and/or Technical Director or their appointed representative and one other independent person. Written justification must be provided for all removals. Any decision to remove an athlete or coach is subject to review through British Gymnastics Appeals Procedure.

### **Team Organisation**

It is the current intention that all team members will attend a training camp prior to the European Championships, 18 – 20 April 2008.

The coaches for the 2008 European Championship team will be:

- **Technical Managers**
- **1 Personal Coach for the Senior Team**
- **1 Personal Coach for the Youth Team**

Notwithstanding this selection, the British Gymnastics support staff will contain at least one female and one male member in order to meet British Gymnastics' Child Protection Policy.

The team coach selections will be made immediately after the team selection by the Technical Managers and approved by the Director (Technical and Performance), using the following criteria:

- **The Team's best needs.**
- **Their ability to lead organise and control under high responsibility and stress situations.**
- **Their international experience and performance.**
- **Their qualification i.e. current HPC/IPC and standing as a professional member.**
- **Their attendance at all required meetings, training camps and events.**

British Gymnastics acknowledges the role of the personal coach in competition preparation. However personal coaches that attend the competition outside of the delegation will be responsible for their own travel and accommodation at their expense and by their own arrangement.

**The Great Britain Trampoline Team for the 2008 European Championship will be named on or before 15th April 2008.**



The Logo for the 2012 London Olympics was launched during early June to much criticism from the media and general public. What do our readers think of the logo?

The logo, four jigsaw-like pieces, forms the numbers 2012 - the year the Olympic Games will take place - with the 2 on the left top corner, the 0 on the top right corner, the 1 at the bottom on the left, and the 2 at the bottom on the right. The logo also includes the Olympic rings and the word **London**.

The logo will be available in four colours: pink, blue, green, and orange.



**(BEIJING)** -- Over half a million people have registered to become Games-time volunteers for the **Beijing 2008 Olympic Games and Paralympic Games**.

As of May 30, the number of applicants has reached **509,112**, including **302,569** from the **Beijing** area, **188,447** from other provinces and municipalities in the Chinese mainland, and **18,096** from **Hong Kong, Macao, Taiwan** and **overseas**.

Preparation for volunteer training and interaction with applicants are also underway. Some 20 model training bases have been found, a team of 168 experts has been established and a remote training and test system has been opened to all applicants. Part of the applicants will be involved in this year's "**Good Luck Beijing**" sport events to gain experience for services in the next year's Olympics.

A total of 100,000 Games-time volunteers will be needed for the Beijing Olympic Games and Paralympics.

During the Games, hundreds of thousands city volunteers will be assigned to major traffic hubs, commercial networks, scenic spots, hospitals, hotels, and cultural centers, and their recruitment will begin next month. The number of volunteers in the communities is expected to exceed one million, while that of the participants in the "Smiling Beijing" campaign will be much higher.

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## Help Wanted

### Swallows Trampoline Club (Haslemere Surrey)

Swallows Trampoline Club has been running for two and half years and has approximately 100 recreational, disability, elite

& competitive members, with a waiting list for most classes.

The club are seeking Floor Activities Assistants to lead and help with games and activities for children aged 4 - 6 years and 7 + years in between turns on the trampoline. Activities are aimed at improving children's co-ordination and body management skills and typically include small obstacle courses, musical games and co-ordination work with hand apparatus. Assistants will work under the direct supervision of qualified coaches and are needed on the following days:

**Thursday 1645 – 1800 hrs (term time)**

**Saturday 0845 – 1000 hrs & 1000 – 1100 hrs (term time)**

A Floor Activities Assistant will need to be:

- Confident, outgoing, cheerful, enthusiastic, patient, imaginative and vigilant
- Reliable and well organised
- Able to communicate with children
- Experience of working with Pre-School and young children would also be ideal

Assistants will attend an in-house training module to give them a grounding in activities, child development and group management. Assistants will have access to the club's in-house training and mentoring throughout their volunteering. Those wanting to train further can also be supported to become qualified Trampoline, General Gymnastics or Pre-School coaches through Swallows Trampoline Club or other clubs in the area that Swallows is directly associated with.

Anyone working with children at Swallows is encouraged to attend Child Protection and First Aid courses and will be required to complete an enhanced CRB disclosure.

If you would like further information or to register your interest in the vacancy please contact **Lisa Lewis, The New House, Wheatham Farm, Wheatham Road, Liss, Hampshire GU33 6LN. Tele: 01730 827916 / 07876 247044**

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## Ethics & Welfare Courses

The following courses are run by the British Gymnastics Ethics & Welfare Department:

**Club Management** – a 6 hour course that covers the following topics:

- Health, Safety & welfare Management
- People Management
- Running a Club
- Equality

**Child Protection Awareness** – a 3 hour course aimed at anyone Working with children or vulnerable adults. This course covers

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the following topics:

- The BG Child Protection Policy & Guidelines
- Duty of Care
- Good Practice and Poor / Inappropriate Practice
- Recognising Acceptable and Unacceptable Behaviour
- How to protect Yourself and Others
- Differentiating Between Poor Practice and Abuse
- Responding to Disclosures, Suspicions or Allegations
- Photography and Filming Controls
- Position of Trust
- Reporting Incidents or Concerns

For more information about courses and course dates, please contact the Ethics & Welfare Department on 0845 1297129 ext. 2347.

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## 7<sup>th</sup> International Albacete in Trampoline

The above even will be held on **28<sup>th</sup> and 29<sup>th</sup> September 2007** in **Albacete, ESP** (250km from Madrid Airport, 160km from Alicante Airport).

**Classes:** TRA (Individual, Synchronised, Teams) **DMT**

**Ages:** 11-12 years (Born in 1995-1996) 13-14 years (Born in 1994-1993) 15-16 years Born in 1992-1991) Senior (Born in 1989 or before)

**Rules:** As per FIG Code – WAGC for Youth / Juniors. FIG A for seniors.

**Equipment:** 2 Eurotramp Grandmaster (6x4) 2 Rebound String 1 DMT Eurotramp

**Contact:** Federacion de Gimnasia de Castilla-La Mancha-C/Rosario No3 3<sup>o</sup>G 02002 (Edificio Capitol) – Albacete – Spain

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## DMT Selection for WAGC

Following three selection competitions the following gymnasts have been selected to represent Great Britain at the **FIG World Age Group Competitions** in **Quebec City, CAN** during November 2007:

**Boys 11-12 Years:**

Oliver Rowlands – Hitchin Salto

**Girls 11-12 Years:**

Sophia Beavan – Propulsion

Georgia Downing – Hitchin Salto

Naomi Wamer – Stockport

**Boys 13-14 Years:**

Luke Strong – Propulsion

Kristoff Willerton – Andover

Nathan Bailey – Ringwood

Mitchell Benham – Jumpers

**Boys 15-16 Years:**

Alex Foster – Ringwood

Michael Dodson – Hitchin Salto

Mark Pennell – Jumpers (wild card selection)

**Girls 15-16 Years:**

Hanna Moses – Birkenhead

Adeva Bryan – Jumpers

Robyn Osborne – Titans Gymnastics

Laura Clark – Birkenhead

**Girls 17-18 Years:**

Kate Bramall – Elite TC

Cherrelle Bryan – Jumpers

Jennifer Bloodworth – Hitchin Salto

The NTTC congratulates all gymnasts on their selection and wishes them every success in the competition. **Ed.**

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## GREAT BRITAIN v CANADA DMT TEAM SELECTION

The Double Mini-trampoline team selected for the above match on **Saturday 25<sup>th</sup> August** at the **EIS Sheffield** has been named as follows:

**Senior Men:**

Mathew Swaffer – Jumpers

Michael Scott Beaulieu – Jumpers

Dominic Swaffer – Jumpers

Toby Eager – Hitchin Salto

**Non-traveling Reserve:** Jason Plowman - Jumpers

**Senior Ladies:**

Asha Philip – Jumpers

Kirsty Ward – Hitchin Salto

Asha Bayliss – Jumpers

Nicola Pugh – Stockport

**Non traveling Reserve:** Louise Pennell – Jumpers

**Youth Boys:**

Alex Foster – Ringwood

Michael Dodson – Hitchin Salto

Mark Pennell – Jumpers

Thomas Foreman – Jumpers

**Non traveling reserve:** Kristoff Willerton – Andover

**Youth Girls:**

Adeva Bryan – Jumpers

Cherrelle Bryan – Jumpers

Robyn Osborne – Titans Gymnastics

Hanna Moses – Birkenhead

**Non traveling Reserve:** Laura Clark – Birkenhead

This international match which will also include Trampoline and Tumbling is scheduled to begin at 1100 hrs and end at 1900 hrs. Tickets on sale from British Gymnastics web.

## Asha Philip missing from GBR v CAN Double Mini-trampoline event

One of Great Britain's most promising young DMT gymnasts will be missing from the GBR v CAN match in August owing to her busy Athletics programme in 2007.

At the recent **Norwich Union England U20 Championships Asha Philip** (Newham & Essex Beagles AC) set a new English Championships record of 11.37 for the 100m sprint. The previous record of 11.40 was set by **Katharine Merry** (Birchfield Harriers) in 1993.

Asha has a very busy summer to look forward to with the **IAAF World Youth Championships – Ostrava, Czech Republic (7-17 July 07)**, **European U20 Championships - Hengelo, Netherlands (18-23 July 07)** and the **IAAF World Championships in Athletics – Osaka, Japan (24 Aug – 2 Sep 07)**.

Despite her busy Athletics programme, Asha still trains regularly on DMT.

All at British Gymnastics wish this extremely talented young lady every success in the months ahead, with both her gymnastics and athletics career. **Ed.**

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## DMT TEAM SELECTION FOR 2007 WORLD CHAMPIONSHIPS

The team for the above has been finalised as follows:

### Ladies:

Asha Philip – Jumpers  
Kirsty Ward – Hitchin Salto  
Asha Bayliss – Jumpers  
Nicola Pugh – Stockport

### Men:

Mathew Swaffer – Jumpers  
Michael Scott Beaulieu – Jumpers  
Dominic Swaffer – Jumpers  
Toby Eager – Hitchin Salto

### Non Travelling Reserve:

Jason Plowman – Jumpers

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## Team Canada announces strong Trampoline, Tumbling and Double Mini-trampoline teams for visit to Sheffield

**Canada** has announced their strongest senior and youth teams for the forthcoming match against GBR at the **EIS Sheffield** on

the 25<sup>th</sup> August:

### Trampoline – Seniors

#### Ladies:

COCKBURN, Karen  
MacLENNAN, Rosie  
CHARLES, Sarah  
SEMESCHUK, Kelsi

#### Men:

BURNETT, Jason  
MILONJA, Bryan  
SABOURIN, David  
MYERS, Marty

### Trampoline – Youth

#### Girls:

SENDEL, Samantha  
KALANTAR, Shanaz  
MADIGAN, Mariah  
McLEOD, Kalley

#### Boys:

RIVERA-DRYDAK, Nathan  
GEREIN, Curtis  
ST-GERMAIN, Sebastien  
GOSSELIN, Eric

### Tumbling – Seniors

#### Ladies:

SMITH, Emily  
SPEED, Ashley  
WARNOCK, Julie  
STAMP, Jenna

#### Men:

VACHON, Denis  
MINAYEV, Anton  
OKAPOH, Cletus  
SELFERT, Alexander

### Tumbling – Youth

#### Girls:

SUGRIM, Jordan  
DURANTE, Teja  
PETRIE, Kylie  
ENSWORTH, Laren

#### Boys:

WONG, Justin  
CLARKE, Amiel  
HEIKOOP, Daniel  
PRESTON, Thomas

### Double Mini-trampoline – Seniors

#### Ladies:

CHARLES, Sarah  
WARNOCK, Julie  
HART, Erica  
REYNOLDS, Meredith

#### Men:

VACHON, Denis

## Team Canada cont.

SELFERT, Alexander  
GIRARD, David  
PERKINS, Kevin

## Double Mini-trampoline – Youth

### Girls:

McLELLAN, Alana  
NERPIO, Chelsea  
ENSWORTH, Lauren  
PARKYN, Paula

### Boys:

FRIESEN, Luke  
GEREIN, Curtis  
BELISLE, Cedric  
MURRAY, Nelson

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## FIG World Ranking List: Update

At the conclusion of the most recent world cup event in **Ostend BEL** British places in the FIG World Ranking are as follows:

### Trampoline: Men Individual

26<sup>th</sup> Gary Smith

### Trampoline: Ladies Individual

07<sup>th</sup> Claire Wright  
19<sup>th</sup> Kirsten Lawton  
28<sup>th</sup> Jamie Moore

### Trampoline: Men's Synchronised

10<sup>th</sup> Mark Alexander / Simon Milnes  
34<sup>th</sup> Michael Freeman / Andrew Freeman [new]  
43<sup>rd</sup> Mark Alexander / Brian Camp  
46<sup>th</sup> Gary Smith / Gary Short

### Trampoline: Ladies Synchronised

08<sup>th</sup> Claire Wright / Jamie Moore  
09<sup>th</sup> Claire Wright / Kirsten Lawton  
47<sup>th</sup> Amanda Palmer / Katherine Driscoll  
51<sup>st</sup> Stacey Dann / Lauren Allen

### Tumbling: Men

05<sup>th</sup> Damien Walters  
12<sup>th</sup> Michael Barnes  
16<sup>th</sup> Charlie Burrows  
27<sup>th</sup> Ross Gibson  
39<sup>th</sup> Robert Proctor

### Tumbling: Ladies

03<sup>rd</sup> Samantha Palmer  
06<sup>th</sup> Zoe Mclean  
13<sup>th</sup> Laura Houson  
16<sup>th</sup> Sarah Turner  
24<sup>th</sup> Charmaine Salla

There are a further two world cups still to be held in 2007, **St Petersburg RUS** and **Zielona Gora POL** during the months of August and September respectively. Hopefully, our tumbling friends will be able to add to their totals at the Polish event. **Ed.**

## 6<sup>th</sup> CUP OF FLANDERS TRAMPOLINE – DOUBLE MINI 25-26 April 2008 Ghent BEL

The competition will be carried out according to the rules governing the **FIG World Age Group Competition**.

### Competitions:

Trampoline Individual boys & girls 11-12 years of age  
Trampoline Individual boys & girls 13-14 years of age  
Trampoline Individual boys & girls 15-16 years of age  
Trampoline Individual boys & girls 17-18 years of age  
DMT Individual men & women \*1990 or earlier  
DMT Individual junior boys & girls \*1991 – 1993  
DMT Individual junior boys & girls \*1994 or later  
DMT Team Competition men / boys and women / girls

### Competition Venue:

Topsportal Vlaanderen, Zuiderlaan 14, 9000 Ghent BEL

+32(0)495 505 716 [info@cupofflanders.be](mailto:info@cupofflanders.be) [www.cupofflanders.be](http://www.cupofflanders.be)

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## Exert from FIG Letter to Federations regarding Apparatus to be used at the 2008 Olympic Games in Beijing

Dear President,

We are happy to inform you, that **BOCOG** has taken the following decision regarding the gymnastics apparatus to be used at the **2008 Olympic Games in Beijing** and at the **"Good Luck Beijing International Invitational Tournament 2007"** (Test Event):

### Trampoline:

Eurotramp (GER) Grand Master Exclusive Premium

Needless to say, that the above mentioned apparatus is duly certified by FIG.

### Fédération Internationale de Gymnastique



André F. Gueisbuhler  
*Secretary General*

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## Great Britain Names WAGC Trampoline Team for Quebec City, Canada in November 2007

British Gymnastics has named the Trampoline team to travel to **Quebec City, CAN** in November for the WAGC. The team will

of the following gymnasts:

### Under 13 Girls

Pamela Clark – East Kilbride  
Natasha Short – City of Liverpool  
Amy Morris - Maesteg  
Lucy Alcock – City of Stoke  
Abi Greaves (SYN only) – City of Liverpool

### Under 13 Boys

Jason Ryall (+SYN) - OLGA  
Ryan Stickland (+SYN) - OLGA  
Joshua Read - OLGA  
Oliver Rowlands (+DMT) - Levitation

### Under 15 Girls

Emma Britain – Kingston Academy  
Zoe Brooks (+SYN) – City of Liverpool  
Sophie Burr - Skydivers  
Sasha Carter – City of Salford  
Sophie Singleton-Scott (SYN only)

### Under 15 Boys

Luke Strong (+ DMT / SYN) - Propulsion  
Nathan Bailey (+ DMT / SYN) - Ringwood  
Jordan George - OLGA  
Stephen Page - Brentwood

### Under 17 Girls

Emma Smith (+SYN) – City of Liverpool  
Emma Scanlon – City of Salford  
Gemma Proud (+SYN) - APOLLO  
Sarah Littler - Birkenhead

### Under 17 Boys

Steven Williams – City of Liverpool  
Nick Davies – York Artistic  
Bradley Hampson – City of Liverpool  
Scott Gregory - Brentwood

### Under 19 Girls

Yasmin Gumbs - NTGA  
Laura Gallagher – High Flyers  
Danielle Pietruszka - OLGA  
Cara Jamieson – East Kilbride

### Under 19 Boys

Mathew Wright – Kingston Kite  
Jack Helme – City of Liverpool

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## Great Britain v Canada v Germany

The Great Britain senior team to face Canada in the forthcoming International match in **Sheffield** has been selected as follows:

**Ladies:** Claire Wright, Jamie Moore, Katherine Driscoll, Stacey Dann.

**Men:** James Higgins, Gary Smith, Steve Walsh, Tom Lewis

The Youth team to face **Canada** and **Germany** at the same international match will consist of the following members:

**Girls:** Yasmin Gumbs, Bryony Page, Laura Gallagher, Emma Smith.

**Boys:** Steven Williams, Bradley Hampson, Scott Gregory, Liam Abrahams.

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## 7<sup>th</sup> Senior National Title for Claire Wright

**Claire Wright (OLGA)** stamped her authority on the National Championships held in the **NIA Birmingham** in July, with her 7<sup>th</sup> senior title in a row. Jamie Moore (NTGA) was second followed by an ever improving Katherine Driscoll in third place.

### **Results:**

**1<sup>st</sup>: Claire Wright – 37.90 points**

**2<sup>nd</sup> Jamie Moore – 36.80 points**

**3<sup>rd</sup> Katherine Driscoll – 36.30 points**

In the men's event **James Higgins (NTGA)** just pipped Gary Smith (Jumpers) on a tie break for the title. Garry Short (APPOLLO) was third.

### **Results:**

**1<sup>st</sup> James Higgins – 38.10 points**

**2<sup>nd</sup> Garry Smith – 38.10 points**

**3<sup>rd</sup> Garry Short – 37.70 points**

Wayne Smith and his committee are to be congratulated for the organisation of these splendid championships. Well done all.  
**Ed.**

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## News from the FIG TR TC

The FIG TR TC met in **Moutier SUI** over the period 20-22 July to discuss a number of important issues concerning the future of the sport and in particular the **COP 2009-2012**, amongst other topics.

FIG TR TC proposals – **WC:** qualifying round acts as qualification for team final and for a semi-final (24 gymnasts, maximum 3 per federation) in individual events. In TRA the 24 gymnasts will perform 1 free voluntary routine (starting from zero) to reach the final 8. In DMT the 24 gymnasts will perform 1 free pass etc. **Synchro:** 1 voluntary routine in the qualifying round. **DD for TRA:** including triple somersault to 1.6 pts. Quadruple somersault to 2.4 pts. + 0.1 for each pike/straight in each somersault **DMT:** for each touching of the **RED** zone there will be a 0.3 pts deduction, with the exception of the “take off” of the mount.. **Crash Rule:** changes. **Spotters:** as at present but not necessary to use them. However, it will now be compulsory for OC to provide written evidence to the FIG TC representative that the spotters have been trained in spotting techniques. **Olympic Games:** the second qualifier for the 2012 Olympic Games will be the Test event (FIG EC proposal). **Ed.**



## FIG TR TC Advice to Coaches and Gymnasts on Repetition of Skills

Despite previous warnings from the FIG TR TC President in the **FIG TRAMPOLINE NEWSLETTER No 12 (October 2006)** TC members are of the opinion that a number of coaches and gymnasts continued to ignore the advice given. After having reviewed several routines in both the ladies and men's events during the current world cup series, there were a number of skills that should have been judged as repetitions (the TC do not blame the difficulty judges for this) as in double layout somersaults, the twisting and somersaulting often continues throughout the skill with no recognisable intermediate stop and it is very hard to recognize the early and late phases, and the exact number of twists included in the different phases, even for a trained eye. Without instant video replay the decision for the difficulty judges is almost impossible. But we will have the **IRCOS** video system at the World Championships in Quebec, which allows an instant replay for the difficulty judges and the Superior Jury and a decision without any delay. The TC will be extremely disappointed, if they have to call some skills a repetition in this very important event and destroy the hopes for a possible qualification to the Olympic Games.

All athletes and coaches have still some months to review their routines on video and train and test clearly defined skills.

To remind you once again on the clarifications in the guide to judging:

### Guide

#### 4. Twists in different phases of somersaults

- In somersaults of 630°-900° 2 phases are recognised, **early and late**, and these are found by dividing the degrees of rotation by 2.

#### **Example:**

2/1 back somersaults, 720° - 2 phases (of 360° each)

According to the existing terminology, a **phase** is the significant and observable / recognizable part of an element, where the gymnast performs some particular task. The twisting and somersault phases are easy to follow in almost all tuck, pike and pike somersaults.

In double layout somersaults the twisting and somersaulting often continues throughout the skill with no recognisable intermediate stop and it is impossible to recognize the early and late phases and the number of twist included, even for a trained eye. Therefore all multiple twisting double somersaults in layout position, performed without a recognisable pause in twisting rotation, will be considered as repetitions if used more than once. For example a **"miller"** in the straight position done twice or more.

The position problem also occurred in double front somersaults like **full in rudi out straight (8 2 3 /)** and **full in half out straight (821 /)**. It can be done nicely, but often the lay out (as described on the competition card) will start with almost 180° in pike position to get the necessary somersault rotation. These athletes will be in danger that this will be judged as a repetition if they also use skills like 823 < , 821< and/or 805 < , 803 < .

The TC will not stop gymnasts trying to win with a higher difficulty but this should be done within the rules, which means, with different skills as described in the Code and Guide and not with repetitions of elements.

New Schedule for the Olympic Test Event to be held in Beijing during November / December for  
Gymnastics Trampoline



## GT Test Event Schedule (Low Level)

Gymnastics  
Trampoline

Day 3	<b>Friday (30/11)</b>				National Indoor Stadium
	Session GT01	Start: 18:00	End: 19:14		
	18:00-18:35	Women's Qualification - Routine 1			
	18:36-19:14	Women's Qualification - Routine 2			
	Session GT02	Start: 19:15	End: 20:28		
	19:15-19:49	Men's Qualification - Routine 1			
	19:50-20:28	Men's Qualification - Routine 2			
Day 5	<b>Monday (2/12)</b>				National Indoor Stadium
	Session GT03	Start: 20:15	End: 20:57		
	20:15-20:42	Women's Final			
	20:47-20:57	Women's Medal Ceremony			
Day 6	<b>Tuesday (3/12)</b>				National Indoor Stadium
	Session GT04	Start: 20:15	End: 20:57		
	20:15-20:42	Men's Final			
	20:47-20:57	Men's Medal Ceremony			



## IOC Session: A "go" for Youth Olympic Games

### 5 July 2007

The Youth Olympic Games will become a reality. The IOC members today approved, at the [119th Session in Guatemala City](#), the project that foresees the first editions for the Youth Olympic Summer Games in 2010 and for the Youth Olympic Winter Games in 2012. "This is an historic moment for the Olympic Movement. We owe this to the youth of the world", declared IOC President Rogge after the decision by his 111 fellow members.

According to President Rogge, the Youth Olympic Games, which will take place every second year, are the flagship of the IOC's strategy outlined for young people, which includes other initiatives, such as an educational project on Olympic values, a dedicated web site for youngsters and a campaign highlighting the Olympic values to young people



## FIG WORLD RECORDS: Update

### Trampoline – Individual Men

<b>Highest Difficulty</b>	Jason Burnett	CAN	17.50	02.04.07	World Cup	Lake Placid (USA)
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### Trampoline – Individual Ladies

<b>Highest Scoring 1<sup>st</sup> Routine</b>	He Wenna	CHN	30.80	22.06.07	World Cup	Sofia (BUL)
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### Trampoline Synchronised – Men

<b>Highest Difficulty</b>	Yasuhiro Ueyama/Tetsuya Sotomura	JPN	16.20	23.06.07	World Cup	Sofia (BUL)
<b>Highest Scoring 1<sup>st</sup> Routine</b>	Yasuhiro Ueyama/Tetsuya Sotomura	JPN	40.40	23.06.07	World Cup	Sofia (BUL)

### Tumbling – Men's Individual

<b>Highest score in one pass</b>	Wang Jiexu	CHN	40.60	23.06.07	World Cup	Sofia (BUL)
<b>Highest difficulty in one pass</b>	Wang Jiexu	CHN	14.50	23.06.07	World Cup	Sofia (BUL)
<b>Highest total difficulty</b>	Andrei Krylov	RUS	51.90	01.07.07	World Cup	Ostende (BEL)

### Double Mini-Trampoline – Men's Individual

<b>Highest total score</b>	Radostin Rachev	BUL	149.50	17.09.05	World Championships	Eindhoven (NED)
<b>Highest score in one pass</b>	Alexei Illichev	RUS	38.90	16.09.05	World Championships	Eindhoven (NED)
<b>Highest difficulty in one pass</b>	Casey Finley	USA	10.80	16.09.05	World Championships	Eindhoven (NED)
<b>Highest total difficulty</b>	Radostin Rachev	BUL	36.10	17.09.05	World Championships	Eindhoven (NED)

### Double Mini-Trampoline - Women's Individual

<b>Highest total score</b>	Sarah Charles	CAN	141.60	17.07.05	World Games	Duisburg (GER)
<b>Highest score in one pass</b>	Sarah Charles	CAN	36.00	16.09.05	World Championships	Eindhoven (NED)
<b>Highest difficulty in one pass</b>	Ilse Despriet	BEL	8.00	16.09.05	World Championships	Eindhoven (NED)
<b>Highest total difficulty</b>	Sarah Charles	CAN	28.40	17.07.05	World Games	Duisburg (GER)