

Editor: John D Beeton: [john@beeton9.wanadoo.co.uk](mailto:john@beeton9.wanadoo.co.uk)

## EDITORIAL

Martin Laws

Dear Reader,

Welcome to the First edition of **TRAMPOLINE NEWS** for 2008, and a Happy New Year to you all! My thanks to **JOHN BEETON** who continues to keep us all informed, as well as all those that contribute to this important news letter. Please circulate as widely as possible.

Out with the old and in with the new! 2008 has already seen many changes. The first being the major change to the Trampoline Technical Conference. This year the conference took place at **Jumpers Rebound Centre, in Gillingham**. With nearly 40 delegates in attendance, it was felt that this event was a great success for its first year. Presentations were given by many people within the Trampoline Community, and also included a tour of the local **Campus of Kent and Greenwich Universities**. Thanks to Cathy, her team and the Staff at Jumpers Rebound Centre, for helping to make this event a success. Unfortunately, the Club Conference that was due to be held at Lilleshall was not able to run.

With a new month, comes a new era on the National Competition Circuit. February 9<sup>th</sup> & 10<sup>th</sup> sees the first of the Grade 1&2, Synchro & DMT Gala weekends. We wait in anticipation to see how this event will play out! With all aspects of our discipline being showcased, it should make for an exciting weekend for those watching, although possibly causing a few headaches for the organisers!

The Selection events for **The European Championships'** and **Olympic Games** will also take place at one of these Gala events, making them even more nail biting! Good luck to all of our competitors and we hope that all your hard work and training pays off in the forthcoming season, as you gain your desired goals.

With the Gala weekends, there is going to be a great deal of pressure on our volunteer judges. More judges are required over the course of one weekend, so please be patient with all our volunteers who are giving up their time, to ensure that all our gymnasts can showcase their ability at competitions. Without our officials such events would not be able to take place.

So, I would like to thank all of our officials. Without you our sport would not be able to continue to move forward and grow.

On the note of Judging, if you are a **Club** or **County** judge 2008 may be the year to consider upgrading your qualification! If you require any assistance on Judge course information, please contact your regional course secretary.

Another change seen for the current year is the amendment in the coach course structure. In 2007, if you had trampoline experience, you were able to fast track to Level 2. This year, this is still possible, but you will have to complete a "Bridging" module prior to the start of the course. This will help both the course tutor as well as the individual coaches, so that we can ensure that we continue to harvest top quality coaches for the future development of our gymnasts.

With so many high profile events coming up this year – European Championships, April/May, Japanese World Cup & GB v China in May/June with a climax of the Olympic Games in August, the year will fly by, as we hope our gymnasts will fly into the top rankings in the world!

Note: As well as these high profile international events, there is also the possibility of English Gymnastics hosting a youth Commonwealth Games Gymnastic competition during the month of September in which it is planned to include trampoline for the first time – watch this space.

## European Championships

The Definitive Entry for these championships shows a total of 282 entries in the senior event and 386 entries in the junior event. The breakdown for the various disciplines is as follows:

### Senior:

**TRA Individual:- men 63, women 38.**

**TRA Synchronised:- men 25 pairs, women 15 pairs**

**DMT:- men 21, women 15**

**TUM:- men 32, women 20**

### Junior

**TRA Individual:- boys 73, girls 66**

**TRA Synchronised:- boy pairs 30, girl pairs 29**

**DMT:- boys 24, girls 24**

**TUM:- boys 34, girls 31**

Articles for the **April** issue of **Trampoline News** should be forwarded to the Editor by the 17 Mar 08 at the very latest. We are extremely keen to feature Home Nation / Regional / Club activity.

**Trampoline News is an official TTC publication for British Gymnastics only**

**Email: [john@beeton9.wanadoo.co.uk](mailto:john@beeton9.wanadoo.co.uk)**

# Olympic Judges Selected

The FIG TR TC have made the following Judge selection for the Beijing Olympic Games:

## Cat I

Brett Austine AUS (SD)  
Arlette Garcia FRA (SD)

## Cat II

Joeri De Jonghe BEL (SD)  
Babette Van Wetering NED (SD)  
Fermin Perez or Jose Camino or Miguel Vicente ESP  
Sergei Epelbaum ISR  
Martin Thorsson SWE  
Waldemar Okoniewski POL

---

## CODE OF POINTS

### 2009-2012

At the **Round Table** held in **Quebec City CAN** last November on the occasion of the world championships, member federations agreed to the following proposed changes to the **Code of Points 2009**:

### Major Changes

#### 1. Competition Program

a. **Semi-final** – at World Championships the qualifying round acts as qualification for the team final and for a semi-final (of 24 gymnasts, maximum 3 per federation) in the individual events.

**Qualifying round and the team finals stay as they are.**

i) **Trampoline**: the 24 gymnasts in the semi-final will perform one free voluntary routine (starting from zero) to reach the Final of 8.

**Individual Final as before.**

ii) **Tumbling**: the 24 gymnasts in the semi-final will perform one free pass (starting from zero) to reach the Final of 8.

**In the Final they will perform one free pass.**

iii) **DMT**: the 24 gymnasts in the semi-final will perform one free pass (starting from zero) to reach the Final of 8.

**In the Final they will perform one free pass**

### Smaller Changes

1. For all disciplines there will be the same deductions for landing faults:

Touching with the hands etc	0.5 pts
Falling or being outside Trampoline, Track Landing Area	1.0 pts

## 2. DMT – Penalty Zone:

For each touching of the Red Zone there will be a 0.3 pts deduction, with the exception on the “take-off” of the Mount

## 3. DMT – Landing Zone:

Proposal from UEG TR TC to divide Landing Zone into different areas.

## 4. The “Crash Rule”:

As per §17 in the Guide of Judging now reads:

### Termination of the routine / pass

- Landing on both feet means the sole of the feet
- If a gymnast *touches* the bed / track / zone / area with his feet during landing, but never shows a recognizable landing preparation and falls to face, knees, hands and knees, front or back in the same movement the element will not be counted. There will be no extra deduction for the fall.

## 5. Difficulty – Trampoline

Single somersault	0.5 pts
Double somersaults	1.0 pts
Triple somersaults	1.6 pts
Quadruple somersaults	2.2 pts

0.1 pt for pike or straight positions per completed somersault rotation

0.1pt per each ¼ somersault

0.1pt per each ½ twist rotation

**No changes for single or double somersaults**

### Miscellaneous

#### Spotters

- The OC should provide spotters as at the present time, but it is not necessary to use them
- Where there is a coach present at the trampoline, the OC has to provide two spotters only on the opposite side of the trampoline
- It is compulsory that the spotters provided by the OC are fully trained in spotting techniques

The OC should also provide written evidence to the FIG representative that this is the case

---

## FIG COMPETITION PROGRAMMES TO BE EXTENDED

Due to the ever increasing numbers attending the FIG major events the FIG TR TC have proposed extending the period

---

Trampoline News is an official TTC publication for British Gymnastics only

Email: [john@beeton9.wanadoo.co.uk](mailto:john@beeton9.wanadoo.co.uk)

of the competition programme for both **World Championships** and **World Cups** from **1<sup>st</sup> January 2009** as follows:

**World Cups:** extend the program to **two (2)** full days as opposed to one and half days as at present:

- Wed: arrival
- Thu: training
- Fri / Sat: competition
- Sun: depart

**World Championships 2009:** extend the program for these world championships by **one half day**.

- Sat / Sun: arrival / training
- Mon: training
- Tue: training
- Wed: **IND** qualifications
- Thu: **SYN** qualifications/**Semi-Finals**
- Fri: **Team** finals
- Sat: **IND** Finals
- Sun: depart

**World Championships 2010:** propose the program for these world championships as follows:

- Mon: arrival / training
- Tue: training
- Wed: training
- Thu: **Qualifying Round 1**
- Fri: **Qualifying Round SYN/Round 2**
- Sat: **Finals**
- Sun: depart

Further details to be issued in due course.

---

## INTERNATIONAL PROGRAM 2008

The following international program has been agreed for the participation of Great Britain teams / individuals during 2008.

**Apr 23-27:** Flanders Cup, Ghent BEL

**Apr/May 27-04:** UEG Senior Championships, Odense DEN

**Apr/May: 27-04:** UEG Youth Championships, Odense DEN

**May: 13-20:** \*World Cup, Osaka JPN

**May: 22-25:** World Cup, Publier FRA

**May: 31:** \*GBR v CHI Youth, Birmingham GBR

**Jun: 13-14:** 4 Nations, Oporto POR

**Jun: 18-22:** World Cup, Arosa SUI

**Jun: 18-22:** Nissen Cup, Arosa SUI

**Jun: 25-29:** World Cup, Albacete ESP

**Sep: 17-21:** World Cup Final, Togliatti RUS

**Sep: 24-28:** World Cup, Loule POR (2009-2010 series)

**Sep: 26-28:** GBR v GER Youth, Hamburg GER

**Oct: 18 or 25:** 4 Countries, GER

**Oct/Nov:** \*Under 15s International Invitation GBR

\* still to be confirmed

---

## Russia to host last World Cup Final

The Russian Federation is negotiating with the FIG to host the last **Trampoline and Tumbling World Cup Final** in the City of Togliatti on **17-21 Sep 08**.

---

## FIG World Cup Series 2009-2010

Subject to ratification by the FIG EC the FIG TR TC has tabled proposals to make a number of changes to the World Cup series 2009-2010. Amongst the proposals are the following:

- Number of world cup competitions will be limited to a maximum of five (5) events per year
- Competitions will consist of Qualifications, Semi-Finals and Finals. *No qualification to be held if less than 9 participants per discipline* (as at present)
- After the qualifying round in the individual competitions, the top 16 gymnasts (maximum 3 per federation) will qualify for a semi-final. If there is less than 28 gymnasts in the competition, there will be no semi-final
- The top eight gymnasts from the semi-finals of the individual competitions (TRA and TUM) and the top eight (8) pairs (TRA SYN) from the qualifying round qualify for the Finals (maximum 2 individuals or 1 pair per federation)
- There will be only one Category of competition
- Assignment of points for the World Cup Ranking List will range from \*50 points for 1<sup>st</sup> place to 6 points for 16<sup>th</sup> place. Places 17-30 will also receive 1 point.
- The last tournament of the FIG Trampoline and Tumbling World Cup series will be held every second year in even years during the months of November / December
- Participation in the last tournament of the series will be limited to the top 30 gymnasts in TRA IND and TUM; and top 15 pairs in TRA SYN events
- The winner of the World Cup series is the gymnast / pair with the highest points obtained during the world cup series.

\*still to be verified

---

**Trampoline News is an official TTC publication for British Gymnastics only**

**Email: [john@beeton9.wanadoo.co.uk](mailto:john@beeton9.wanadoo.co.uk)**

# Junior Gymnastics Commonwealth Youth Games Event 2008

At the end of last year we received news that **English Gymnastics** are currently planning on hosting a **Commonwealth Games Junior Teams** event in the **City of Birmingham** during **8-15 Aug 08** with the full backing of the **Commonwealth Games Federation**. It is hoped that the proposed event will have the backing of **Birmingham City Council** who will be unveiling their purpose built Gymnastics facility at the **Alexander Stadium** at this time.

This is indeed good news for trampolining. Gymnastic disciplines being invited to participate include **TUM, TRA, and ACRO** along with WA, MA and RG.

Details have still to be finalised but from the information that has been passed to the NTTC there is every likelihood that the event will take place.

Watch this space for further details. **Ed.**

---

## Good Luck Beijing (Olympic Test Event)

Peter Heames

I was very fortunate to be selected to attend this competition which was used by BOCOG/FIG to test out the programme and facilities for the summer's Olympic Games. The competition included Men's and Women's Artistic, Rhythmic as well as Trampoline with invitees from member Federations with gymnasts who had qualified for the Olympic Games.

The trampoline event comprised 16 Men and 16 Women. The brief orientation meeting was mainly concerned with logistical issues regarding the brand new National Indoor Stadium which has a 20000 seat capacity – it is a quite awesome building. The following day we had the judges meeting and an opportunity to see the facilities. At the judges meeting Cat 1 judges were drawn as CJP and remaining Cat 1 Judges together with those with Superior Difficulty being drawn for Difficulty. I was drawn as Execution 3 in Men's Preliminaries.

A major concern was the position from where we were expected to judge. As Execution 3 I would expect to be roughly in line with the centre line of the trampoline, though initially I was in line with the end deck. This problem was easily resolved. A more significant issue was that we were seated at ground level (not elevated per the COP) and were less than 5 meters from the first trampoline. Our concerns were noted along with those of the TC and it has been left to BOCOG/FIG to try and find a better arrangement for next summer. It was certainly an experience to judge from this position!

In both Women and Men's there were some big spreads in the

Preliminaries' though in most cases the remaining three scores were quite close together. There was no practice judging either just before the competition or as part of the judges meeting which has occurred at recent majors. There was no "one touch" warm up so it was straight into action which I actually quite enjoyed – in a situation like this one has to rely on a number of years of accumulated experience! We got feedback from the giant scoreboards that are a feature of the facility which was helpful.

Panels were redrawn for finals to ensure "neutral" Execution judges so I again was allocated to Men's as Jaime Moore had qualified for the Women's Final.

Our finals evening comprised Women's Beam, Men's High Bar, Men P Bar and Men's Trampoline at the end. There was a fantastic atmosphere with the stadium at least half full (we were told that it will be a sell out for the whole programme in August). The judging seemed to be, in my opinion, more accurate and consistent overall than had been the case in the 32 prelim routines.

Overall it was a tremendous experience to be involved in this event – the Chinese were fantastic hosts who went out of their way to look after us. A bonus was that there were opportunities to visit some of the outstanding sites including the Great Wall which isn't usually possible.

---

## World Class Induction Camp 2008

Early January (2nd-6th) saw the assembly of our Development Squad at **Lilleshall National Sports Centre** for six days of intensive training / theory / testing / assessments conducted under a selected group of instructors under the direction of **Jack Kelly**, supported by **Nigel Rendell** and **Tracy Whitaker-Smith**.

Most days began with a jog (subject to safety) at 0715 hrs followed by an intensive day of activities, ending with lights out at 2230 hrs. A typical days activities would be:

### Friday 4<sup>th</sup> January

0715-0730: Jog (subject to safety)

0730-0800: Group discussion (various): Where on the pathway?

0800-0900: Breakfast

0900-0930: Theory

0930-1230: Technical training

1230-1330: Lunch

1400-1630: Individual training

1630-1700: Snack

1800-1900: Dinner

1900-2100: Bowling

2130-2200: Coaches' forum

2230: Lights out

Other invited coaches attending included **Jay Scouler, Nigel Blundell, Paul Kitchen** and **Bill Leach**. Gymnasts in attendance included **Jamie Moore, Claire Wright, Stacey Dann**

---

**Trampoline News is an official TTC publication for British Gymnastics only**

**Email: [john@beeton9.wanadoo.co.uk](mailto:john@beeton9.wanadoo.co.uk)**

Laura Gallagher, Bryony Page, Yasmin Gumbs, Cara Jamieson, Zoe Brookes, Emma Smith, James Higgins, Jack Helms, Mathew Wright, Steven Walsh, Andrew and Michael Freeman, Luke Rendell, Danny Creedon and Daniel Greaves. (See additional article on the Training Camp by Jack Kelly on Page 7) Ed.

---

## Chinese Junior Squad heading for the UK

The Chinese Gymnastic Association have confirmed that their **National Junior Development Trampoline Squad** will arrive in the UK on **28 May** at the invitation of British Gymnastics for a 10 day visit which will include a training camp, competition & seminars with the GBR World Class Development Squad. Sightseeing and cultural visits will also be part of the program for the 8 gymnasts and their Support Staff.

The delegation will most probably be based in Birmingham.

Details of the visit and program will be issued in due course.  
Ed.

---

## Vacancies - 2008

### Christchurch School of Gymnastics Inc, New Zealand

are seeking expressions of interest from qualified Competitive Trampoline coaches.

The Club caters for a wide variety of recreational, competitive and high performance gymnastic activities. The Gymnasium has been specifically designed for gymnastics and related gym sports. The facility has full international standard sets of men's, women's and trampoline apparatus and a large range of modified equipment for younger children. There are 2 sprung floor areas, two in-ground pits accessed from 5 areas, 2 bars over the pit one with an overhead harness and one with a ring gantry.

Our aim is to provide gymnastic and like activities for all ages, with fully qualified coaches to maximise safety. Christchurch School of Gymnastics has over 1600 members.

QE11 Park is the home of Christchurch School of Gymnastics, and is Canterbury's ultimate multi dimensional sport, recreation, leisure and event place. QE11 park itself is an acknowledged centre of excellence for all sports.

Christchurch School of Gymnastics is an equal opportunity employer.

The club also has a large schools programme and has part time vacancies for general gymnastics coaches.

Please email in confidence to: **The Executive Officer, Avril Enslow** [avril@chchgymnastics.co.nz](mailto:avril@chchgymnastics.co.nz)

## 1<sup>st</sup> FIG Academy for Trampoline

Hardy Fink

**The Qatar Gymnastics Federation** hosted the very first Academy for Trampoline Gymnastics **Level 1** in **Doha** in early December.

Although it was the first for Trampoline, it was the 34<sup>th</sup> Academy overall and overlapped in time with an Artistic Gymnastics Academy in Peru (35<sup>th</sup>) and an Aerobics Academy in Mexico (36<sup>th</sup>).

The registration for this Academy was disappointing. Only 12 coaches representing five different federations - **Iran, Kuwait, Qatar, South Africa** and **Syria** attended. This was Kuwait's first participation in the FIG Academy Program. The course was conducted in English with translation into Arabic.

The course leader was **Hardy Fink** the **Director of FIG Education** and **Academy Programs** and was joined by the members of the Trampoline Academy Working Group – **Nikolai Makarov** of Russia who is also vice-president of the Trampoline Technical Committee, his two committee colleagues **Christophe Lambert** of France and **Ulf Andersson** of Sweden, German National coach **Michael Kuhn**, and Canadian sport scientist **Keith Russell**.

The technical and theory lectures for the Academy were held in the magnificent and ultra-modern facilities of the **ASPIRE Academy for Sport Excellence** in the capital Doha. The organisation of the course was excellent and all technical, audio-visual, and educational equipment as well as helpers was constantly available. However, the almost complete absence of demonstrator gymnasts marred the organisation and delivery of the course.

The best results in the combined theory and practical examinations were achieved by Chris **Tiaan VAN DER WALT** of South Africa.

Thanks and congratulations go to the **Qatar Gymnastics Federation**, its President and Asian Union President **Rahman Saad AL-SHATIRA** and his team of workers, translators and gymnasts for organising another FIG Academy.

---

## European Championship Trials 2008

The trials for the individual Senior and Youth Teams for the 2008 European Championships can now be confirmed as:

- March 2: Bournemouth – Littledown Centre
- March 8: Sunderland – Pennywell Community Centre

The trial for the Senior and Youth Synchro Teams will be:

---

**Trampoline News is an official TTC publication for British Gymnastics only**

**Email: [john@beeton9.wanadoo.co.uk](mailto:john@beeton9.wanadoo.co.uk)**

- March 2: Bournemouth – Littledown Centre

### Trial 1

- **Seniors:** The Trial will be the men's and ladies' competition of the Grade 1 Gala, with all competing gymnasts including any U19s wishing to Trial for Seniors) having to have established eligibility through usual BG Senior rules. Men and ladies will compete in front of the same judging panel and will contest a stand-alone final at the end of the competition.
- **Youth:** Those wishing to Trial will be entered in to a special "Youth Trial" category of the Grade 1 Gala and will compete under U17 rules, including the FIG B set routine. The final of the Trial will then comprise the top 8 performers from the prelims in this category regardless of their age. With the discretion of BGs technical Committee, performances in this Trial might be considered for qualification to the National Championships, if other performances at U15 / U17 are not available.

### Trial 2

- **Seniors & Youth:** will contest a stand-alone Trial, under the terms above (i.e. Grade 1 eligibility under BG rules, Youth Trial including FIG B set routine).
- Finals will comprise 8 gymnasts regardless of field size, subject to achieving prelim scores of 50 points or more (i.e. completing 2 routines).
- BG will provide trampolines to ensure that these are independent from the venue.
- To every extent possible, seniors will compete before the same panel of judges as in Trial 1.

### Synchro

- This will be single Trial across age groups held within the Gala in Bournemouth.
- Consistent with FIG rules the Trial will be essentially to select any 2<sup>nd</sup> pairs at Senior or Youth, with 1 pair having to come from within individual team members.
- Consistent with the published selection policy, senior pairs will be expected to demonstrate performance standards approximating at least 8<sup>th</sup> place in the European Championships (i.e. 83 and 75 points for men and women respectively).

---

## TRAMPOLINE TECHNICAL CONFERENCE

The 2008 Conference was held at the **Jumpers Rebound Centre** on 26/27 January where some 30 plus members were entertained by a number of guest speakers, which included the **CEO of British Gymnastics Brian Stocks, Gayle Mahoney** from **English Gymnastics, Mark Griffiths, Oxford Brooks University, John Beer, Cathy Page, Martin Laws and Robin Atkins.**

Excellent weekend – looking forward to the 2009 event. **Ed.**



## DRAWING OF LOTS OF THE 2008 OLYMPIC GAMES

The drawing of lots of the 2008 Olympic Games for GA (Men and Women), GR, and GT will be conducted in conjunction with the 2008 FIG World Cup Competition in Artistic Gymnastics to be held in **Tianjin, China** as follows:

**Date: May 15, 2008**

**Time: 17:30**

**Venue: Tianjin Gymnasium** (the venue for the World Cup Series).



## 21<sup>st</sup> European Championships in Trampoline 2008 in Odense (DEN)

**April 28<sup>th</sup> - May 3<sup>rd</sup>, 2008 in the Fyn Arena.**

The 21<sup>st</sup> seniors (age 17+) and juniors (age 13-17) European Championships in trampoline, Double mini-trampoline and Tumbling will take place in Odense (DEN).

### **Provisional registrations:**

27 federations with 363 seniors and 442 juniors have announced their participation in Denmark. **Great-Britain** and **Portugal** announce the largest delegations (38 gymnasts each). In Trampoline, there will be 223 seniors and 277 juniors, in TUM 65 seniors and 80 juniors and in DMT 51 seniors and 52 juniors + about 30 reserve gymnasts.

In 2006, in Metz (FRA), 22 national federations with 214 seniors and 233 juniors participated.

---

**Trampoline News is an official TTC publication for British Gymnastics only**

**Email: [john@beeton9.wanadoo.co.uk](mailto:john@beeton9.wanadoo.co.uk)**

# Future FIG Head Office IN LAUSANNE!

The International Gymnastic Federation (FIG) has settled on **Lausanne** for its head office. Members of the Executive took their decision this week at an Extraordinary Assembly in the presence of their **President, Bruno Grandi**.

Twice in the past, the FIG has looked to the **City of Neuchâtel** as its final destination. Opposition delaying construction of the headquarters by two years and an opportunity to move into the Olympic capital were the two determining factors of the Executive's vote for Lausanne.

---

## Northern Ireland Gala Weekend Announcement

The National Trampoline Competition Committee has decided to include **Double Mini Trampolining (DMT)** in its national competition circuit. Initially, only certain venues were selected to host these events. However, to better promote the sport, DMT will now operate in every Gala weekend during 2008, including **Northern Ireland** and **Scotland**.

---

## 2012 DEVELOPMENT SQUAD LAUNCHED

Jack Kelly

Following the achievement of “**consideration scores**” during the 2006/07 season auditions were held at **Loughborough** in August to identify those gymnasts with the characteristics which would make them potential Olympians in 2012. Applicants were put through a series of technical tests on the trampoline, conditioning tests in the gym followed by an in-depth interview in the company of their personal coach. The following group of gymnasts were selected;

**EMMA BRITTON**  
**ZOE BROOKS**  
**BRADLEY HAMPSON**  
**DANIEL GREAVES**  
**STEVEN WILLIAMS**  
**ANDREW FREEMAN**  
**MICHAEL FREEMAN**  
**YASMIN GUMBS**  
**BRYONY PAGE**  
**CARA JAMIESON**

**TOM LEWIS**  
**MATTHEW WRIGHT**  
**TOM LEWIS**  
**LUKE RENDELL**  
**STACEY DANN**  
**LAURA GALAGHER**  
**DANIELLE PIETRUSJKA**  
**DANNY CREEDON**

Pre selected as a result of achieving target scores were;

**JAMES HIGGINS**  
**CLAIRE WRIGHT**  
**JAIME MOORE**  
**KAT DRISCOLL**

Ideally the squad would have been assembled in September for an induction camp but due to the World Championships followed quickly by the Olympic test event, the induction camp had to be postponed until January 3<sup>rd</sup>. Consequently the gymnasts attended a five day exposure to a “World Class” experience.

The camp was directed by **Acting Performance Director Graeme Maw** with **Jack Kelly** leading the coaching team of **Tracy Whittaker** and **Nigel Rendell**. There was a strong focus on technical excellence, and the gymnasts benefited from the expertise of several specialist support staff. Conditioning work was led by **Peter Smith** and **Claire Pier** who covered a range of flexibility, strength, stamina and postural exercise which was skillfully coordinated with physical appraisals by Physiotherapy staff.

A highlight was an opportunity to listen to a presentation by **Beth Tweddle** and a question and answer session with her coach **Amanda Kirby**. The gymnasts will have taken much from this item as they begin to adjust to life as potential world-class performers.

The essence of the week was to give our trampolinists a sense of where they are within the world-class pathway and to identify the gap between where they are now and their long term goals.

---

## Japanese Training Camp

Prior to the FIG World Cup in **Osaka, JPN** during the month of May of this year, a number of senior Development Squad members will travel to Osaka for a week's training alongside the Japanese National team members.

At this stage, it is planned that the small team will consist of male gymnast members only.

It is hoped to be able to reciprocate the visit sometime in 2009 / 2010. Ed.

# FIG INTERNATIONAL CALENDAR

**2008 April, 27 - May 03, ODENSE (DEN), TRA - Senior / Youth**

21st European Championships in Trampoline, Tumbling and DMT

---

**2008 May, 17 - 18, OSAKA (JPN), TRA - Senior**

World Cup Trampoline Gymnastics

---

**2008 May, 23 - 24, PUBLIER-AMPHION (FRA), TRA / TUM - Senior**

World Cup Trampoline Gymnastics

---

**2008 June, 21 - 22, AROSA (SUI), TRA - Senior**

World Cup Trampoline Gymnastics

---

**2008 June, 27 - 28, ALBACETE (ESP), TRA - Senior**

World Cup Trampoline Gymnastics

---

**2008 August, 08 - 24, BEIJING (CHN), ART TRA RG - Senior**

Games of the XXIX Olympiad

---

**2008 September, TBC (RUS), TRA TUM - Senior**

9th Trampoline World Cup Final

---

**2008 September, 26 - 27, LOULE (POR), TRA / TUM - Senior**

World Cup Trampoline Gymnastics

---

**2008 October, 11 - 27, ROTORUA (NZL), TRA / TUM / DMT - Senior**

Indo Pacific TRA, DMT and TUM Championships

---

**2008 November, 01 - 02, KAOHSIUNG (TPE), ACRO TRA TUM - Senior**

Test Events World Games 2009

---

**2009 November, 07 - 15, ST-PETERSBURG (RUS), TRA / TUM / DMT - Senior**

26th Trampoline Gymnastics World Championships

---

**2009 November, 14 - 22, ST-PETERSBURG (RUS), TRA / TUM / DMT - Youth**

19h Trampoline Gymnastics World Age Group Competition.