

## EDITORIAL

Martin Laws

Dear Reader,

Let me be the first to wish you a Happy Christmas and great New Year in this our December issue of Trampoline News.

A great deal of criticism was levied at the NTTC recently over communication and whilst I accept there is a huge amount of work to be done in this area, some of the criticism is unfair! This newsletter is our most important direct communication and it is vital that home nations/ regions and clubs pass this around as requested. I would use the recent comments from some coaches about the judging criteria changes and how they should have been told it was coming....

**Trampoline News Dec 04** – Carried an article about the draft FIG judging changes to tariff

**Trampoline News Feb 05** – Carried in my editorial a note about Mike Phillipson preparing a new judging scheme, which was expected early 05. This issue also carried a full article from Mike Phillipson on BG code changes and a small article on the FIG intercontinental course in Prague.

**Trampoline News Apr 05** – Carried in my editorial news about the proposed British International revalidation course in May.

**Trampoline News Jun 05** – Carried in my editorial notes on “FIG Judging rules and process change and Mike Phillipson planning a judging update/conference. It also carried a judging report mentioning a course in July and the FIG course in May again. In an article by Peter Heames it actually states the new code expectations!

**Trampoline News August 05** – Carried in my editorial mention of new cycle revalidation for all judges

**Trampoline News October 05** – carried an article by Mike Phillipson with the results of the May International Course.

Whilst I can understand some not receiving Peter’s article of June, or not being trained yet to understand the changes, I cannot however understand how in late October coaches/judges/clubs are still claiming no knowledge of the fact that changes are occurring and feel that we needed to tell them! All these snippets of news are in addition to presentations to squads and courses all year long.

The ONLY conclusion I can gather is that this newsletter is not being circulated as widely as we would have wished. Please, can you all do your level best to encourage regions and clubs to further distribute this important media, so we can avoid rumours and problems. Thank you.

As all eyes now start to focus on 2006 we will be opening the year with the Technical Conference in January. Whilst Cathy Page is working away to ensure yet another success, I can tell you that what is already planned looks good and it will be an event not to be missed! With a number of key speakers specifically invited to discuss Trampoline issues, we are also planning our first guest speaker from abroad, **Dave Ross** from Canada, plus first years activity reports on the Development plan and strategies for the next few years!

Please keep your eye on the BG website for updated information and make sure you book early to avoid any disappointment.

We are searching for members of the new Communications group and this group will be placed higher next year reporting directly to the Technical Committee. We are also planning to launch a Technology Integration Sub Committee. These two sub committees will we hope, form the corner stone of our strategy for development of our sport above and beyond the fantastic achievements of the last 5 years.

As the Elections in January carry ALL Trampoline TC positions please make sure your regional committees are having their say about who they want to see elected in such vital roles.

Again, a very merry Christmas and I look forward to seeing you all at events during 2005.

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## CONGRATULATIONS

To **Martin Laws** on his recent appointment as a member of the Trampoline Gymnastics Trampoline Technical Committee of the **European Union of Gymnastics (UEG)** at their Congress held in Birmingham GBR last October.

Members will wish to join with me in wishing Martin a long and successful tenure with the UEG. It should be noted that British Gymnastics now have two of its members holding key positions in the higher echelon of the sport. **Ed.**

## 17th International Age Group Competition

18<sup>th</sup> – 25<sup>th</sup> September 2005  
Eindhoven, Netherlands.

Craig Bellis

The **INTERNATIONAL AGE GROUP COMPETITIONS** are now an integral part of the FIG Youth Competition Program, with the Trampoline concept being recognised by the FIG and being integrated into the various disciplines within FIG.

Clearly the 2005 event was a great success, not only by the numbers participating, around 1600, but also by the enthusiasm of all that took part.

The British Team was led by Head of Delegation **Sharon Wood**, with a full team of 80 competitors, a dozen coaches, and a support team of chaperones, personal coaches and medical staff. Much of the team travelled by coaches, which gave the gymnasts from different disciplines the chance to get to know each other before the arrival at the hotel.

By booking early the British Team were in an excellent hotel within easy walking distance from the venue, which would prove to be invaluable to the team in helping to organise the competitors to be at the venue for training and competition on time without undue stress.

The competition venue and equipment would be the same as that used for the World Championships the week before and the team had three training sessions on the equipment they would use in competition, but this would be the only time they would get to use the competition equipment. For those competing on the first day this would not present much of a problem. Those competing on the last day of competition faced a disadvantage and many of the team's coaches questioned the safety of this approach.

Wednesday 21<sup>st</sup> was the last day of training, and the opening ceremony in the evening was a buzz of excitement. The British Team sitting at one end of the seating initiated a Mexican wave, and were the first to parade the British Flag around the arena above their head. This was quickly copied by some of the other nations. This was probably the best part of the opening ceremony, and showed the spirit within the team, which would carry on through the next three days of competition.

### Thursday, Competition Day 1.

#### Trampoline Girls 11-12

The first British Finalist was Sophie Burr. She put in an amazing performance putting pressure on those following her to produce better. Only one could match the quality of Sophie's Final routine, and Britain gained our first medal of the Games with silver.

2<sup>nd</sup> Sophie Burr 32,60  
7<sup>th</sup> Zoe Brookes 31,50  
8<sup>th</sup> Lucy Ryall 31,40  
12<sup>th</sup> Megan Lillington 30,90

#### Trampoline Boys 11-12

Alex Watson recovered well in a routine that had some travel, as did Nathan Bailey. Fletcher Perry performed a more stable routine and was so pleased with his efforts ran a lap of honor round his trampoline followed by frantic waves at all who had come to support both him and GB. Jordan George also went on and finished his routine, to be greeted by Fletcher's hi-five!

10<sup>th</sup> Nathan Bailey GBR 31,40  
15<sup>th</sup> Fletcher Perry GBR 30,70  
28<sup>th</sup> Jordan George GBR 30,00  
35<sup>th</sup> Alex Watson GBR 28,90

#### DMT Girls 15-16

Asha Philip was inspired in her final; she steamed down the track completing a fantastic ½ out (p), ½ in ½ out (t) dismount. The rest of the field crumbled under the pressure and Asha went into the second pass in the lead. She then followed up with the best ½ out (t) spotter, ½ in ½ out (p) dismount we are likely to see in the entire event! The judges thought so too, and Asha took the Gold medal Britain's first of the event.

1<sup>st</sup> Asha Philip 67,90  
25<sup>th</sup> Eleanor Benjamin 60,20  
28<sup>th</sup> Jenny Bloodworth 60,00

#### DMT Boys 15-16

All four boys: Nicholas Ouzeman, Andrew Freeman, Daniel Johnstone and Michael Freeman put in good performances for both passes. Daniel was the only unlucky performer with a failed second pass dismounting with triple back (t) over rotating and he could not control the landing.

21<sup>st</sup> Andrew Freeman 65,20  
25<sup>th</sup> Michael Freeman 63,00  
29<sup>th</sup> Nicholas Ouzman 62,10  
39<sup>th</sup> Daniel Johnstone 52,10

#### Trampoline Boys 17-18

Nick Joyce competed one of the better routines in the group, only

to split the panel with scores varying from a bizarre 6.9 to a more worthy 7.7. Danny Creedon looked well on the way to making it a 100% GB success but was unlucky to clip the mat after his out bounce.

12<sup>th</sup> Nick Joyce 34,80  
21<sup>st</sup> Jason Harvey 33,20  
25<sup>th</sup> Michael Wood 32,00  
31<sup>st</sup> Danny Creedon 30,70

### **Trampoline Girls 17-18**

Hannah Davies made the final in fourth place, Her first skill travelled forwards down to the red line, leaving Hannah a lot of work to do for the rest of the routine. She picked it up well to finish. Looking as though she had dropped 2 places on the scoreboard, but after a check the tariff judges rectified her tariff to move her back up and maintain her 4<sup>th</sup> place.

4<sup>th</sup> Hannah Davies 34,00  
10<sup>th</sup> Lisa Blackburn 31,80  
28<sup>th</sup> Stacey Dann 29,30  
31<sup>st</sup> Katie Woodgate 28,80

### **Trampoline Synchro Girls 11-12**

Lucy Ryall and Zoe Brookes were first of the British Girls to go in the final; they were not together for the majority of their routine, but made it to the end. Megan Lillington and Sophie Burr had a good start to their final only drifting apart slightly towards the end of the routine. They finished 2<sup>nd</sup> over all with Lucy and Zoe 3<sup>rd</sup>

2<sup>nd</sup> Megan Lillington / Sophie Burr 40,30  
3<sup>rd</sup> Lucy Ryall / Zoe Brookes 38,80

### **Trampoline Synchro Boys 11-12**

Nathan Bailey and Jordan George completed a good Synchro routine to make the group's finals in 4<sup>th</sup> place. Their routine in the final was a little out of Synchro at times but they successfully completed their routine together taking the Bronze Medal.

3<sup>rd</sup> Nathan Bailey / Jordan George 39,20  
15<sup>th</sup> Fletcher Perry / Alex Watson 34,50

### **Trampoline Synchro Girls 17-18**

Stacey Dann and Hannah Davies out classed everyone in their group performing a superb routine taking the lead by a massive 2.7 straight into the final! Last to compete on the first day were Stacey Dann and Hannah Davies. They put in the best trampoline Synchro performance in the preliminaries and their final was of similar quality to take 1<sup>st</sup> place and GB's second Gold of the day.

1<sup>st</sup> Hannah Davies / Stacey Dann 45,30  
9<sup>th</sup> Katie Woodgate / Lisa Blackburn 39,50

### **Trampoline Synchro Boys 17-18**

Michael Wood and Jason Harvey successfully finished their routine without any trouble making the final.

In the final Michael Wood and Jason Harvey produced their best routine of the day and remained in 6<sup>th</sup> place.

6<sup>th</sup> Michael Wood / Jason Harvey 39,10  
12<sup>th</sup> Danny Creedon / Nick Joyce 38,60

### **Friday, Competition Day 2**

### **Trampoline Girls 13-14**

The seventh group saw Claire Stapenhill, Emma Scanlon and Lani Dacey all compete. Claire performed a nice routine maintaining her height well. Emma picked up cramp during her routine but coped well and finished 10 skills, but with a drop in tariff which would mean she was not in contention for a place in the final. Lani produced the best routine of the British finishing 4<sup>th</sup> at the end of her group qualifying for the final.

Katy completed a consistent final routine, getting the finals off to a good start and putting the pressure on those to follow. Lani Dacey also performed a solid routine not moving from the center of the trampoline: both girls putting the rest of the final under pressure. Only the Ukrainian could respond to the pressure and both girls climbed to the medal podium, Lani finishing 2<sup>nd</sup> and Katy 3<sup>rd</sup>.

2<sup>nd</sup> Lani Dacey 33,10  
3<sup>rd</sup> Katy Ianson 32,90  
34<sup>th</sup> Claire Stapenhill 30,20  
64<sup>th</sup> Emma Scanlon 23,20

### **Trampoline Boys 13-14**

Thomas Foreman was first to compete. He looked a little shaky and had rather a close encounter with the end mat, he went on to finish his routine. Joe McAdam made a lovely start to his routine but half way through he strayed towards the end of the trampoline and hit the end mat. Liam Abrahams competed straight after Joe and finished a good routine. Steven Williams also successfully completed his routine well, although there would not be any GB representation in the final for this group.

24<sup>th</sup> Liam Abrahams 30,50  
25<sup>th</sup> Steven Williams 30,50  
32<sup>nd</sup> Thomas Foreman GBR 29,50  
56<sup>th</sup> Joe McAdam 22,70

### **DMT Girls 11-12**

All three DMT girls came out to compete in the second group of the day. Emma Britton, Amy Jane Ross and Elise Gibbins all successfully performed their first round passes. In the second round amongst a field of multiple somersaults being performed

by others, they all stuck their passes like glue for a 100% success rate, well done.

12<sup>th</sup> Emma Britton 59,90  
23<sup>rd</sup> Elise Gibbins 58,40  
25<sup>th</sup> Amy Jane Ross 58,30

#### **DMT Boys 11-12**

Mitchell Benham, Jordan Chung and Nathan Bailey were all consistent and completed all their preliminary passes well, unfortunately none of them would make the final in their group.

14<sup>th</sup> Jordan Chung 61,70  
17<sup>th</sup> Nathan Bailey 60,70  
20<sup>th</sup> Mitchell Benham 60,20

#### **DMT Girls 17-18**

Abi Silver was our only participant in this group. She completed her first pass without any problems, but landed her first skill in the second pass short and was not able to complete the pass properly.

26<sup>th</sup> Abi Silver 53,00

#### **DMT Boys 17-18**

Dominic Swaffer executed two excellent passes to score 69.2 and lie 4<sup>th</sup> at the end of the first group. However there were still two more groups to come and Dominic had to wait before knowing he had qualified for the final in 6<sup>th</sup> place.

In the second pass, Dom gained a minor penalty for touching the red zone on his mount but went on to stick his dismount. He gained some of the highest form marks in the finals but was eventually beaten on tariff to finish 4<sup>th</sup>. Luke Castillo and Jason Harvey are also part of this team but unfortunately due to circumstances beyond their control, were unable to compete

4<sup>th</sup> Dominic Swaffer 68,30

#### **Trampoline Synchro Girls 13-14**

Lani Dacey and Claire Stapenhill performed a preliminary round, and they qualified for the final in second place.

Emma Scanlon and Katy Ianson started strongly, but Emma had some travel at the end of her routine and she unfortunately touched the end mat on her 9<sup>th</sup> skill.

Lani and Claire would have to watch all but one pair in the final before they could compete. They held their nerve and completed a good routine together, and held their place. It all depended on the American pair as to whether it was gold or silver for GB

The Americans were out of Synchro on most their routine, and so Lani and Claire took Gold!

1<sup>st</sup> Lani Dacey / Claire Stapenhill 42,20  
23<sup>rd</sup> Emma Scanlon / Katy Ianson 32,30

#### **Trampoline Synchro Boys 13-14**

Thomas and Liam performed a good final routine, which had very good Synchro. Unfortunately they did not have quite enough tariff and they dropped a place and finished with Bronze

3<sup>rd</sup> Thomas Foreman / Liam Abrahams 41,80  
8<sup>th</sup> Steven Williams / Joe McAdam 40,50

### **Saturday, Competition Day 3**

#### **Trampoline Girls 15-16**

Laura Gallagher was our first trampolinist of the day. She had a fair amount of travel during her routine, and unfortunately hit the mat just over half way through. Yasmin Gumbs made it through to the end of her routine after much hard work. Laura Williams also finished her routine successfully. Danielle Pietruszka was our last performer to go and a good hope for a final place. Unfortunately she only managed to complete the first few skills before hitting the end mat.

18<sup>th</sup> Laura Williams 31,80  
19<sup>th</sup> Yasmin Gumbs 31,80  
53<sup>rd</sup> Laura Gallagher 17,30  
60<sup>th</sup> Danielle Pietruszka 8,40

#### **Trampoline Boys 15-16**

Luke Rendall completed a steady routine that at one point nearly touched the end mat, but none the less went on to successfully finish it.

Matthew Wright at his second attempt of in bouncing performed a strong, consistent routine. Michael Freeman (called up as reserve) completed a good steady routine. However so far no one had qualified for the final with only one more competitor, Tom Lewis left to go in the sixth group. He looked unsettled in his in bouncing, but after stopping once, he produced the best performance by the British boys and finished 6<sup>th</sup> qualifying for the final.

Tom Lewis looked unhappy with his preliminary qualification round, so he had nothing to lose from competing first and everything to gain from the zero finals. Tom put in a fantastic performance, looking a lot better than his prelim scoring a massive 37.3! The rest of the field crumbled and a very much dumbstruck Tom found himself walking away with Gold!

1<sup>st</sup> Tom Lewis 37,30  
15<sup>th</sup> Matthew Wright 34,00

17<sup>th</sup> Michael Freeman 33,80  
23<sup>rd</sup> Luke Rendell GBR 33,00

### **DMT Girls 13-14**

Jennifer Benjamin performed 2 very good passes, getting GB off to a great start. Adeva Bryan's first pass was very good with just a small step after dismount. She went on to finish her second, but seemed slightly disappointed after her dismount. Imogen Gunner and Emily Jane Still made a mistake, each which would prove costly in the results.

18<sup>th</sup> Adeva Bryan 61,90  
33<sup>rd</sup> Jennifer Benjamin 60,10  
36<sup>th</sup> Imogen Gunner GBR 58,00

### **DMT Boys 13-14**

Alex Foster, Mark Pennel and Thomas Foreman all performed in the same group for this event. All successfully achieved their passes with a few bunny hops and steps here and there! Mark was also the only competitor to land and stick a Triple full. 4 others tried, but they all fell.

Michael Dodson looked far from happy with his first pass, which landed just outside the custard. On his second pass, Michael just caught the DMT with his arm on the way down from his dismount.

16<sup>th</sup> Thomas Foreman 62,50  
19<sup>th</sup> Mark Pennel 62,10  
23<sup>rd</sup> Michael Dodson 61,00  
24<sup>th</sup> Alex Foster 61,00

### **Trampoline Synchro Girls 15-16**

Danielle and Yasmin made the final in first place, however it wasn't to be their day, as Danielle travelled early on in her routine and was unable to complete it.

5<sup>th</sup> Yasmin Gumbs / Danielle Pietruszka 17,70  
17<sup>th</sup> Laura Williams / Laura Gallagher 37,00

### **Trampoline Synchro Boys 15-16**

The Synchro was the last event of the games. Medal hopes were high with both boys pairs; Michael / Andrew Freeman, Luke Rendell / Tom Lewis Luke and Tom were the first pair to compete. Luke had a narrow escape with the end mat and Tom accommodated the loss in height well to finish a well-saved routine! Michael and Andrew immediately followed them. They competed another very well synchronised routine, only out slightly on the final skill. Andrew and Michael could not be beaten and made it Gold for two consecutive International Age Groups running with Tom and Luke finishing fourth.

1<sup>st</sup> Michael Freeman / Andrew Freeman 45,20  
4<sup>th</sup> Tom Lewis / Luke Rendell 43,00

After the closing ceremony, which was quite short, the arena was cleared in a very short space of time ready for the banquet for the event participants. It was well organised, and attended by most teams, The British team were there in strength and at some points almost the entire British team were dancing the night away.

It was a fantastic competition for Great Britain, finishing second in the medal table behind Russia. In the words of Sharon Wood, our Head of Delegation, "Great Britain were GREAT".

1Russia: **15xgold, 11xsilver, 7xbronze**  
2GreatBritain: **6xgold, 4xsilver, 4xbronze**  
3 USA: **4xgold, 4xsilver, 1xbronze**

The future of this event once in doubt, seems more secure, and it has been suggested that perhaps it is now time to have a look at what can be done to enhance the competition even further. The FIG is keen to reduce the **difficulty** limit for younger gymnasts, and for the 2007 / 2009 events, in both Canada and Russia, we may even see the introduction of compulsory with limited difficulty.

We await the decisions of the FIG with interest and look forward to the **18<sup>th</sup> International Age Groups Competition in Quebec, Canada, in November 2007.**

Thanks to **Sharon Wood, Nick Earle, Matei Todorov, John Beeton, and Dawn Jaques** for their input and assistance in writing this report

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## **GymMark update**

Joanna Shackleton

Congratulations to the following trampoline gymnastics clubs who have now successfully achieved GymMark. There are 29 clubs and with 105 British Gymnastics clubs in total achieving GymMark the percentage which are solely a trampoline gymnastics club, or have a trampoline gymnastics section, is 27.6%. This is almost 1/3, which is encouraging to see how much trampoline gymnastics coaches value the GymMark endorsement.

**Basingstoke GC., Deerness Valley GC., North Devon Display GC., Crewe & Nantwich GC., Waveney, Sharley Park Girls GC., Ingleby GC., Dragons Trampoline Club, Pegasus Trampoline Club, Top Flight Trampoline Club, Aerodyne, Cowgate TC., Sankey Springers, Jumpers Trampoline Club, Dynamics TC., The Saints Trampoline Club, Abbey Fliers TC., Hull High Flyers, Next Generation TC., Uropa TC.,**

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Central Galaxy Trampoline Club, NTGA., Pinewood GC.,  
Portsmouth School of Gymnastics, South Tyneside GC.,  
Torbay OGC., Bury Spectrum Gymnastic Club, Colchester  
SOG., Bulmershe GC.

The NTTC are keen to promote GymMark as the standards of a safe, effective and child friendly environment are an essential foundation to a developmentally sound and progressive club.

Any further questions related to development please contact:  
Joanna Shackleton [joannashackleton@yahoo.co.uk](mailto:joannashackleton@yahoo.co.uk).

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## International Judging

Mike Phillipson

In February and in May of this year, our International judges went on courses run by the FIG TTC to update them on their judging. Since then there have been all sorts of unfounded rumours flying about quoting the "NEW WAY OF JUDGING" or the "NEW JUDGING RULES" as if something was making a major difference to judging. The people who have spread this sort of rumour around have not helped the sport at all. All FIG have done through their courses is make the judges more aware of the requirements for elements in routines, and make them more aware of the requirements for perfection and variations below that level. They have basically shown judges how to be more observant of the parts of a skill that are not 'perfect' and to mark the skill accordingly. Obviously this review of judging will be passed down to all judges via the revalidation system. See the revalidation details in this newsletter.

### British Gymnastics

#### Trampoline Gymnastics Judge Revalidation – Cycle 11

##### 1) What is Judge revalidation?

**All** judges throughout all the BG disciplines have to revalidate their judging certificate every Olympic Cycle (4 years). We escaped the revalidation last cycle around, as we were new into BG but will not escape this time. **Every** judge must attend a presentation and discussion by our Senior International Judges to update them on the new rules and update them on BG rules for 2006. Update them on the views on Execution Judging passed down by FIG and do some practical form judging with the International Judges to update them on how the marking of elements should be done.

##### 2) Why do the judges have to do this?

All Judges need to be familiar with the changes to the rules for FIG 2005 and BG 2006 so they can help their club to understand and follow the new rules so that performers are not disadvantaged by not knowing them. If our competitors are looking at how they might achieve perfection and the requirements laid down by FIG to reach that level it is only fair

that the judges are also familiar with the requirements and know about them so they can appreciate them and mark them accordingly (or not) as the case may be.

##### 3) When does this validation have to be done by?

Judges have until the end of 2006 to revalidate. After this date they will no longer be able to judge in BG competitions. It is the **CLUB'S** responsibility to make sure their judges are revalidated so they do not end up in the uncompromising position of not having revalidated officials for the competitions they enter.

##### 4) When and where will the revalidations be done?

Revalidations will be done regionally by International Judges ONLY, as and when there is a demand for a revalidation course. Regions will advertise the course through the newsletter or on the web sites or by mail flyers and put the courses on at various times of the year. It is hoped that all regions hold at least one course before the end of this year. There will be no problem for judges who live on region borders to border hop and go to another region's course.

##### 5) How long will the course last?

The course lasts about 3 – 3 ½ hours.

##### 6) Is there an exam?

No – there is no exam at the end of the course. There will however be plenty of practical judging done so candidates need to be equipped to do this.

##### 7) What will happen at competitions in the mean time?

Judging will go on as normal...it has to. Preference will be given to judges who have revalidated, who, where appropriate, can judge at that competition. So it is important that clubs get their judges validated as soon as possible. **DO NOT LEAVE IT UNTIL THE END OF 2006 BEFORE YOU THINK ABOUT REVALIDATING. THAT IS TOO LATE.** Clubs should have revalidated most of their County and above judges by April next year.

##### 8) What will happen in 2007 if a club does not have a revalidated judge?

No Judging...No Competition

##### 9) How do I get on a judge revalidation course?

Contact your regional secretary or judging organiser who will be setting up a course soon.

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## CONGRATULATIONS

To **Claire Wright** on her award of **Spirit of Gymnastics Diploma** which she received on the occasion of the **Nick Stuart Foundation 2005 Awards**. The award ceremony was held in **Meriden**.

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# World Championships 2005

## Russia – four Gold medals, Portugal, Bulgaria, Switzerland and Belarus – one each!

The Individual and Synchro Finals took place before a truly “packed house”- the Age Group teams having arrived to support their national heroes and heroines. Friday night saw a truly wonderful Team competition when many of the competitors in the Individual Finals gave their all for their nation and team mates.

The host country not only produced a magnificent 24th World Championships, but they also had an interest in the first event, Women’s Trampoline - **Andrea Lenders**, and the last event Men’s Synchro with **Sven Mooij** and **Alan Villafuerte**. Both Team and Individual finals were transmitted live to **Eurosport** and many nations from all five continents had bought broadcasting rights, all this as a result of Olympic status.

The pressure mounted throughout this Final as each competitor succeeded (100% consistency!). The tension in the hall was electric as **Irina Karavaeva (RUS)** came to perform. But this great Champion met the challenge superbly. Her exercise included two triple somersaults and her last jump, the “Miller”, outdid the finish of any of the previous finalists. Russia should also be very satisfied with **Chernova’s** Silver medal performance - she had great height and style. **Dogonadze (GER)** the consistent - took the bronze.

**Karavaeva Irina (RUS)** - 2000 Olympic Champion - 38.9  
**Chernova Natalia (RUS)** -38.4  
**Dogonadze Anna (GER)** - 2004 Olympic Champion - 38.3  
**Lenders Andrea (NED)** -37.9  
**Herbert Alaina (USA)** -37.6  
**Cockburn Karen (CAN)** - 2003 World Champion; 2004 Olympic Silver – 37.6  
**Movchan Olena (UKR)** -37.4  
**Huang Shanshan (CHN)** -2004 Olympic Bronze – 37.3

2003 World Champion – **Henrik Stehlik (GER)** Top scorer in the Qualifications - **Tetsuya Sotomura (JPN)**. **Rusakov (RUS)** wins his first Individual title!

Five out of eight routines completed in a Final, which demonstrated the highest average Difficulty Score in a long, long time! Alexander Rusakov (16.2 Difficulty score) not only demonstrated wonderful twisting technique, but maintained almost perfect lines throughout his routine.

**Ueyama** and **Sotomura (JPN)** were excellent, but the latter lost the gold because of travelling. **Cannone** of Italy began really well and showed his unique “full it half out” triple.

Sadly his routine ended on the 5th jump. In conclusion we must not forget that Asia still dominated taking 2nd, 3rd and 4th in this competition.

**Rusakov Alexander (RUS)** - 41.30  
**Ueyama Yasuhiro (JPN)** - 40.9  
**Sotomura Tetsuya (JPN)** - 40.8  
**Que Zhi Cheng (CHN)** -39.9  
**Stehlik Henrik (GER)** - 2004 Olympic Bronze - 39.4  
**Khnytychev German (RUS)** -34.6  
**Cannone Flavio (ITA)** -23.5  
**Jensen Peter (DEN)** -10.3

### DMT - Women

2003 World Champion - **Sarah Charles (CAN)** – did not make the Final in Eindhoven. Top scorer in the Qualifications- **Katarina Prokesova (SVK)**.

### Portugal celebrates again!

Of the 16 passes there were 5 failures, but all these failures affected the Medal Table. In the first round 7 gymnasts performed perfectly, but the leader from the Qualifications, **Prokesova Katarina (SVK)**, who lives and trains in Salztgitter, Germany, could only manage a straight jump thus leaving the **Canadian Warnock** and the **Bulgarian Ivanova** (triple back) in the lead. The second round seemed like a “comedy of errors” as 4 gymnasts managed 0 scores either by tripping, touching the frame, or doing their whole exercise on the bed.

**Saiote Silvia (POR)** -65.7  
**Ivanova Anna (RUS)** -65.0  
**Simones Ana (POR)** -64.7  
**Bickerstaffe Jane (CAN)** -53.8  
**Warnock Julie (CAN)** -35.5  
**Ivanova Antonia (BUL)** - 34.6  
**Goncharenko Galian (RUS)** -33.2  
**Prokesova Katarina (SVK)** -30.8

### DMT – Men

2003 World Champion - **Alexey Ilichev (RUS)**. Top scorer in the Qualifications - **Bruno Nobre (POR)**.

**Rachev (BUL)** - World Champion at last!

**Radostin Rachev (BUL)**, two times World Games winner, applied the words of Rudyard Kipling from his famous poem “If” - “ If all around you are losing theirs, keep yours.” Portugal’s success in the Ladies competition was not to be repeated when the Qualification leader **Bruno Nobre** performed poorly in the first pass. Maybe the sight of Rachev’s immaculately performed quadruple twisting double straight which he had to follow, broke his focus!

**Keith Douglas (USA)** who had the previous day performed brilliantly in the Team Championships took the Silver medal, while the experienced **Nico Gaertner (GER)** performing a triple with half turn mount, in his second run, secured the Bronze.

During the DMT competitions two World Records were broken: **Ilichev Alexey (RUS)**- raised the Highest score in one pass to 38.7 and **Casey Finley (USA)** raised the highest Difficulty in one pass to 10.4.

**Rachev Radostin (BUL)** - 75.1  
**Douglas Keith (USA)** - 73.4  
**Gaertner Nico (GER)** - 73.1  
**Cojoc Vladimir (MDA)** - 72.6  
**Milonja Bryan (CAN)** - 71.3  
**Scott-Beaulieu Michael (GBR)** - 55.5  
**Ilichev Alexey (RUS)** - 37.5  
**Nobre Bruno (POR)** - 32.5

#### Synchro – Women

**2003 World Champion - Galina Lebedeva/Tatiana Petrenia (BLR)**. Top scorer in the Qualifications - **Germany (Anna Dogonadze- Jessica Simon)**.

**Russia wins their fourth Gold of the day!**

**Karavaeva** and **Chernova** from Russia turned in a near perfect exercise, after having watched the Canadians, the Silver medallists, perform excellently preceding them. The Russian's women's execution gave them the Gold even though Canada and Japan 2 had outscored them in synchronisation. The World Games winners and favourites Germany gave a good impression to finish in 3rd place. Synchronisation is really appreciated by the audience; it adds an almost team quality to the competition.

**Russia 2 (Chernova/Karavaeva)** - 48.5  
**Canada (Cockburn/MacLennan)** - 48.3  
**Germany (Dogonadze/Simon)** - 46.3  
**Japan 2 (Hanmoto/Seto)** - 45.3  
**Great Britain (Moore/Wright)** - 45.2  
**Ukraine 2 (Domchevska/Movchan)** - 42.3  
**Belarus 2 (Petrenia/Tarasevich)** - 22.8  
**USA 2 (Hebert/Parilla)** - 00

#### Synchro – Men

**2003 World Champion - Belarus (Nikolai Kazak/Dimitri Poliarush)**. Top scorer in the Qualifications - **Japan 2 (Sotomura Tetsuya/ Ueyama Yasuhiro)**. **Belarus** defends their World title!

The good Fairy of competition kept her final surprises until the last moment. No one had expected Switzerland to qualify for the

final, never mind taking the Silver medal. Their 9.5 score for Synchronisation was the highest for the competition. It was only some small Execution errors and a lower Difficulty score, which kept them from the Gold.

Belarus, with a long history of success in Trampoline and Tumbling finally stood on the top of the podium after what for them had been a mediocre Championships.

**Belarus 2 (Kakorko/Kazak)** - 50.0  
**Switzerland (Boillet/Martin)** - 49.5  
**Japan 2 (Sotomura/Ueyama)** - 49.3  
**Germany 2 (Serth/Stehlik)** - 48.8  
**Denmark (Jensen/Hansen)** - 48.7  
**Netherlands 2 (Mooij/Villafuerte)** - 47.8  
**France (Jala/Laifa)** - 26.5  
**Ukraine (Makovetski/Vrazhkin)** - 13.8

#### Team Finals - Men

**JPN - 1st in the Qualifications, CHN, RUS - 2003 Silver, GBR, POR (the last two teams definitely surprising finalists!) 2003 Champions Germany, Bronze medallists Ukraine, France (4th) and Belarus (5th) did not qualify!**

**“The best Team Final of the history of the sport!” Horst Kunze, President of the FIG TRA TC. “It had all the ingredients of true competition and a spectacle!”**

Only one of the 15 performers missed his exercise and the Chinese, Japanese and Russians fought to the bitter end. The level of skill was extraordinary. Two of the Chinese performed four triples in a row- **Que Zhi Cheng** , Tariff- 16.7, **Liu Qipeng (CHN)**, Tariff 16.50.

Solid routine by **Rusakov (RUS): Ye Shuai** – a full twisting triple! - very high, impeccable line!  
China - 122.10; Japan - 120.60; Russia - 117.50; Great Britain - 112.90; Portugal - 104.10.

A surprising and unexpected clean sweep by China before a large enthusiastic audience, who witnessed the titles going outside Europe for the first time ever.

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## DOPING CONTROLS

The FIG has only just announced that all samples taken in Eindhoven on the occasion of the World Championships have proven Negative.

Congratulations to all gymnasts and their coaches for upholding the strict IOC / FIG / Federations guidance on Drug Control.  
**Ed.**

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**Trampoline News is an official TTC publication for British Gymnastics only**

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# THE ROAD TO BEIJING

Ten trampolinists have been selected to form the "Performance" Squad with the specific target of representing Great Britain in the 2008 Olympic Games in Beijing. The Olympic trampoline program covers only individual men and women's events with qualification for places being determined by the results of the 2007 World Championships in Canada. The maximum number of places available to each nation will be two men and two women so it is clear that all ten Performance Squad gymnasts can not expect to make it to Beijing. This has set up a highly competitive atmosphere within the squad that can only serve to drive up the standard with the ultimate goal of achieving an Olympic medal.

## Performance Squad (Women)

Claire Wright  
Jaime Moore  
Katherine Driscoll  
Hannah Lewis  
Natalie O' Connor

## Performance Squad (Men)

Simon Milnes  
Gary Smith  
Mark Alexander  
Gary Short  
Brian Camp

Each performer has undergone baseline testing and been interviewed in the company of their personal coach to determine their goals, current training program and the adaptations required to not only represent GB in Beijing but also to become a serious medal contender.

Although **Jack Kelly** has been given responsibility for developing this group the emphasis is nonetheless on each gymnast working with their personal coach whenever possible.

Centralised squad training will still take place periodically but the focus at these sessions will be on monitoring progress and identifying individual needs. **The Trampoline Technical Committee's** vision for the sport has shied away from centralised training to place the emphasis on empowering personal coaches to develop their performers within the home club environment. Jack Kelly's role as National Technical Performance Manager will vary from performer to performer depending on their needs. In some cases he will undertake hands-on coaching whilst in others he will act in a more advisory capacity. Jack is happy with this arrangement and states:

" When I was a club coach producing world class trampolinists I

treated them all as individuals but made sure that they shared a common direction. This proved to be highly successful and has influenced the way I am approaching each coach/performer partnership within the present squad."

Jack's colleague **John Beer** is working with the "Start" and "Potential" squads, many of who will be fancying themselves to dislodge members of the "Performance" squad once the competition season gets underway. There are certainly individuals in "Potential" with a realistic chance of achieving an upset and even forcing themselves into Olympic contention. This serves to heighten the intensely competitive atmosphere at the top end of the sport.

The first test for the Olympic aspirants will be the trials for the European Championship team in March and promises to get the scramble for Olympic places off to an exciting start.

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## DIARY DATES

Readers are requested to note the following dates for their diaries in 2006:

**13 Jun – 4 x Nations Annual Match: GBR DEN CZE POR**  
SOUTH SHIELDS – Local Organiser **Bill Leach**  
**21 Oct – Under 15s Match: GBR SWE POR**  
GILLINGHAM – Local Organiser **Liz Laws**  
**23/24 Nov – FIG World Cup Finals**  
BIRMINGHAM (NIA)

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## SEASON GREETINGS

Despite the furore in the National and Local Newspapers over whether or not we should wish each other a Merry Christmas, or whether or not we should decorate our cities / towns / villages with Seasonal Greetings (as we have down the centuries) incase we should offend those of us who may object to such frivolities, the Editor of this Newsletter has no such qualms in wishing each and every one of you, no matter your religion / beliefs

*A Very Merry Christmas and Happy New Year*

**I hope that Santa brings you all that you wish for!  
Ed.**

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