

# TRAMPOLINE NEWS No 33

August 2005

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## EDITORIAL

Martin Laws

Dear all,

Welcome to this August edition of TRAMPOLINE NEWS 2005. My thanks to **John Beeton** the editor, for all his efforts to keep you all informed, and all those who have contributed to this important Newsletter. Please circulate this latest edition as widely as possible.

As I indicated in the June edition, there is a great deal of work being undertaken in a number of areas:

**Mike Phillipson** and **Peter Heames** have started work on the new cycle judge's revalidation, which hopefully will keep everyone up to date with the changes to both code and judging criteria. More will follow on this subject just as soon as they confirm the plans.

**Joanna Shackleton** has been busy updating all the regional and home nation development personnel on our strategic plan and many are already shifting priorities to help support the sport.

We have seen a few trampoline clubs succeed in getting through the GymMark process and with the new membership subsidies this make it even more worth completing.

The new membership fees are:

### Club Registration Fee

*One off payment based on members at end of previous year*

#### Number of Members

0 – 50 £25.00

51 – 150 £75.00

151 – 500 £150.00

500+ £200.00

New Club £25.00

### Registration and Renewal of Membership 1st October 2005 – 30 Sept 2006

Club Associate (CA) £15.00

Competitive Club Associate (CCA) £22.00

Pre School (PS) £7.50

Club Temporary 13 weeks (CT13) £7.50

Upgrade from 6 week Temp to CA £11.50

Upgrade from CA to Competitive Club Associate £7.50

Upgrade from DA to Competitive DA (last 3 months 2005) £3.50

### Registration and Renewal of Membership 1st Jan 2006 to 31st Dec 2006

Direct Associate £15.00

Competitive Direct Associate £22.00

Full Member £62.00

Joint Member £51.00 each

Upgrade from DA to Competitive Direct Associate £7.50

Further to this a 25% discount is possible on the club registration if doing it electronically and another 25% for Gymmark accredited clubs.

We are continuing to reorganise the World Class Programme as outlined in the last issue and progress is being steadily made. We are expecting the first signs during July and aiming for a whole programme launch during October. In the meantime **Matthew Greenwood, Steve Green, John Beer** and **Jack Kelly** will be contacting many clubs on a number of issues. Please all be patient with the delays and I look forward to seeing the new system reaping rewards by next years European Championships.

A huge thanks to the team led by Pam Smith at the NIA earlier in the month for our National Championships, a great job done by all.

Congratulations to all our winners, but lets not forget that everyone did so well to be there.

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## CONGRATULATIONS!

**The Authorities of the International Gymnastics Federation and all the gymnasts the world over congratulate the City of London and look forward to celebrating all together the Games of the XXX Olympiad in 2012.**

With our best regards.

FEDERATION INTERNATIONALE GYMNASTIQUE

7/7/05



Northamptonshire Trampoline Gymnastics Academy has been awarded Clubmark accreditation for being a well-run club and it has taken the total number of sports clubs to achieve the award to 1000.

The Trampoline Academy now has 647 members and in the past year has open two satellite clubs increasing participation throughout Northamptonshire. The Northamptonshire Trampoline Gymnastics Academy has been recognised as having reached high national standards of good management, coaching, equal opportunities and safety.

The Sport England's Clubmark scheme has now achieved 1000 fully accredited clubs in 20 different sports. It means that the scheme is rapidly becoming *the* established quality standard for all sports clubs in the country.

Sport England's Chief Executive Roger Draper said: **"Congratulations to Northamptonshire Trampoline Gymnastics Academy on their Clubmark award. It is not easy to reach the standards demanded by scheme so Northamptonshire Trampoline Gymnastics Academy should be very proud of all they have achieved."**

**The Clubmark scheme is really gaining momentum. It is good that we have 1000 accredited clubs but perhaps even more encouraging is that over a thousand more clubs have**

**applied to join."**

Northamptonshire Trampoline Gymnastics Academy received the GymMark award from British Gymnastics Chief Executive **Mr Alan Somerville** at Benham Sports Arena, Northampton on 9<sup>th</sup> June 2005 where the Academy put together a stunning display that included 62 members across all levels from pre-school to retain. This was part of a series of events across the country to mark the 1000 club landmark.

Northamptonshire Trampoline Gymnastics Academy Director **Tracy Whittaker-Smith** said, **"Northamptonshire Trampoline Gymnastics Academy are committed to providing a quality service. Gaining GymMark and Clubmark accreditation will mean that we, as an organisation will be recognised by British Gymnastics, Sport England and the Home Country Sport Councils as a safe, effective and child friendly club, providing a service in the community, that children & young people, their parents/carers, and others with an interest in Trampoline Gymnastics, can trust"**

And one of the sports leading gymnasts **Jaime Moore** (Northampton) who represented Great Britain in the Sydney 2000 Olympics said GymMark & Clubmark was good for the sport. **"Trampoline Gymnastics has a very good national structure with ever increasing numbers taking part. Our challenge now is to raise standards even further. The GymMark & Clubmark scheme will help aid this"**.

There SHOULD have been a photo here!

# NTGTC Development Update

Joanna Shackleton

June 2005 has seen another update to the NTGTC Strategic Plan, so if you don't want to miss out, it can be viewed on the British Gymnastics web-site.

Two of the main key performance indicators for all development work, within the NTGTC Strategic Plan are the number of affiliated trampoline gymnastics clubs and the numbers of clubs achieving the GymMark accreditation.

There are at present 402 British Gymnastics and 42 Scottish Gymnastics clubs, giving a total number of trampoline gymnastics clubs of 444. The Strategic Plan sets an 8% increase target, which works out at 8.8 clubs each year.

Currently there is 45 GymMark clubs, which is 9.9% of current membership (based on British Gymnastics and Scottish Gymnastics figures). The NTGTC require 124 GymMark clubs by the end of the plan in 2009, which is a 28% increase, 79 clubs in 4 years or 19.75 clubs each year.

Clearly the targets are ambitious, but the NTGTC believe they are achievable. In growing the base of participation, there is a greater chance of developing Olympic standard performers and thus improving the sustainability of the sport in a financial sense. GymMark is fundamental in ensuring that all trampoline gymnastics are operating in a safe, effective and child friendly way. In fact the NTGTC viewed GymMark as so important, that they have chosen to target as a start, all grade 1 and 2 clubs, because as clubs performing at the highest level, they can set operational standards for all other clubs.

In order to achieve these targets the NTGTC would like to acknowledge the work going on in regions through the technical committees and through the hard working development officers. But of course we need this to continue. The NTGTC need regions to continue seeking new affiliations and supporting all clubs, but particularly the grade 1 and 2 clubs in achieving GymMark.

Finally, the NTGTC would also like to facilitate the sharing of good practice, more at the school and recreational levels. So if anyone has any schemes of work, competition frameworks etc, that you would like to share around, please contact Joanna Shackleton ([joannashackleton@yahoo.co.uk](mailto:joannashackleton@yahoo.co.uk)).

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## SWEET VICTORY FOR CLAIRE

**Claire Wright's** return to the international arena could not have been more spectacular after her long injury problems. Her arrival in **Sofia BUL** was one of a confident young lady looking

to prove that she was back, fearing no one. Her performance throughout was nothing but spectacular, pushing all aside before her, including Athens medal favourites **Karavaeva RUS** and **Movchan UKR**, who both finished second and third respectively here in France. Claire's victory was indeed sweet.

It was also pleasing to see the return of the 2000 Sydney Olympian, **Jamie Moore** to the British team, after a three-year lay off. Jamie performed brilliantly throughout, finishing in 9<sup>th</sup> place, only 0.1 points from finals place. A truly first class performance from Jamie after such a long time out of the international arena.

**Katherine Driscoll** gave a solid performance, finishing in 26<sup>th</sup> position, with young **Lauren Allen**, making her very first senior debut, finishing in a credible 32<sup>nd</sup> place

In the men's event, **Gary Smith** finished in 19<sup>th</sup> place, with **Mark Alexander** in 22<sup>nd</sup> place, **Simon Milnes** 28<sup>th</sup> and **Gary Short** in 44<sup>th</sup> after a disastrous first voluntary routine.

Both **Gary Smith** and **Gary Short** reached the finals of the men's synchronised event, ahead of the No 1 British pairing of **Mark Alexander** and **Simon Milnes**, finishing in 8<sup>th</sup> place, after a disastrous routine. However, both men show that they are a pair to be reckoned with in this event, and I see a really bright future for both men in this particular discipline – if they up their training together! **Ed**.

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## 5 British Gymnasts in Finals

Five British Gymnastic gymnasts made finals at the recent FIG World Cup event in **Levallois FRA**, held at the beginning of June of this year.

**Claire Wright** continued her comeback from serious injury, to finish in 5<sup>th</sup> place in the women's final (having won the previous world cup event the week previous in Sofia BUL) another brilliant result for our women's number one.

**Jamie Moore** once more impressed with her 11<sup>th</sup> place overall, with **Katherine Driscoll** in 16<sup>th</sup> place, and **Natalie O'Conner**, making her senior debut, finishing in a credible 34<sup>th</sup> place, out of an entry of 48, taking a few senior women scalps in the process.

With ALL of the top ladies present at this event, Great Britain can be proud of the results of the team, and look forward to contesting the medals in the forthcoming team event at the world championships.

In the men's competition, **Gary Short** was the highest placed British man, finishing in 23<sup>rd</sup> place, with **Gary Smith** in 26<sup>th</sup>. The remainder of the men's team, **Simon Milnes** and **Brian Camp** finished in 37<sup>th</sup> and 61<sup>st</sup> respectively.

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In the synchronised event, Britain was represented in the men's competition by **Simon Milnes** and **Mark Alexander, Gary Smith** and **Gary Short**. The two Gary's proved their superiority over the British number ones once more, by not only qualifying for the men's final, but also doing a superb job in finishing in 6<sup>th</sup> place overall. A second consecutive world cup final for both men.

BIG surprise in the tumbling events was the emergence of youngsters **Michael Barnes** (men's) and **Zoe Maclean** in the women's event. Both Michael and Zoe rose to the occasion by finishing 4<sup>th</sup> in each of their respective finals. A tremendous result for Great Britain. **Damien Walters**, as expected, reached the men's final, only to fall at the last hurdle to finish in 6<sup>th</sup> position, still a tremendous effort from Damien. PS there was an entry of 31 in the men's tumbling event in France!

An excellent team effort by all concerned.

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## A TRAMPOLINE MEDAL IN BEIJING?

Jack Kelly

That's the brief for the post I have just accepted with British Gymnastics. I have to point out that there is no question mark after the statement in the job description – pity! As **National Technical Manager (Performance)** I am expected to “maximise Great Britain's possibilities of a medal at the 2008 Olympic Games.” The Trampoline Technical Committee see this as largely a management role and my interpretation is that I must work to get the best out of our talented and experienced personal coaches who have taken GB to the top of the sport in the past, and continued to supply us with a stream of gifted young performers.

The major challenge I face is shortage of time to make a difference with the 2007 World Championships, deciding who qualifies for the Games in 2008. Why should this be a problem when **Gary Smith** has already done us proud in Athens reaching the final and finishing 7<sup>th</sup> to secure the funding for trampolining, to try and do even better in Beijing? **Claire Wright**, despite her troublesome back has made an impact in recent World Cup events. We have a fine record at World Age Games with our youngsters and consistently beating Germany in the annual Youth International so the expectations must be high for future Olympic success.

The problem is that the rest of the world is moving on in terms of difficulty and execution and we are struggling to stay with pace. Furthermore we are not converting enough of our world class juniors into world class seniors and this won't be achieved easily between now and 2008. My colleague **John Beer** will be addressing this particular issue as **National Technical Manager (Development)** and we will be discussing how to create the right environment for these protégés to

blossom.

The planning for Beijing is in its early stages but it would appear that we have to rule out centralised training which so many of the successful countries employ and concentrate on, for Britain, a more culturally acceptable formula. This is likely to be based on maximising the work of personal coaches through a system of support and encouragement with periodic centralised training and monitoring. A consultation exercise is currently underway with coaches, prior to deciding on the composition of the squad, and the way in which training and monitoring will take place.

The World Championships in September will be used as a benchmarking exercise to provide a sharp focus for the first centralised sessions. We will be looking in detail at what must be done to be up with the World's best, assess precisely where we stand in relation and set a time bounded program designed to close the gap. Wish us luck!

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## CLAIRE'S TOP OF THE WORLD

John Beer

**Claire Wright** wins the **Astronaut Alexandrov** World Cup in **Sofia, Bulgaria 1 – 5 June** beating the former Olympic Champion Irena Karavaeva into 3<sup>rd</sup> place.

The British team of **Claire Wright, Jaime Moore, Katherine Driscoll, Lauren Allen, Gary Smith, Simon Milnes, Mark Alexander** and **Gary Short** traveled to Sofia for the first Major international of the season with coaches John Beer and Sue Bramble, Judge Mike Phillipson and Amberin Fur (Physio) arriving two days before the competition for training.

Training went well, the competition being held in the same venue (The Winter Palace) as last years European's. Training was split between two halls, the competition hall and a second, both ice rinks (all the ice drained away!!!), both equipped with 4 x Eurotramp 6 x 4s. After the two training sessions the team was looking in good shape and ready for the competition. The format of the competition changed with the synchronised competition being on the Friday Morning and the individual on Friday afternoon making a very long day for the team, 8.30am – 7.30 pm!

As Kirsten Lawton was not in the team (long term injury) we did not have a ladies synchronised pair. In the men we had two Mark & Simon (selected for the World Games in July) and Gary & Gary. After the preliminary rounds, the two Gary's we in equal 3<sup>rd</sup> place, behind Russia and USA and into the final.

The individual competition started after lunch, with the competitors divided into 4 groups for ladies and 5 groups for men. Great Britain had a competitor in each group.

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After all the competitors had finished the preliminary competition our performers were:

Claire 2<sup>nd</sup>, Jaime 9<sup>th</sup> (missing the final by 0.1, Jaime has not competed internationally for 6 years since the 2000 Olympics. She did look as good as ever with a lot more to come), Katherine 22<sup>nd</sup> (she did a great set but lost herself on the 10<sup>th</sup> move of the vol., a big shame as she would have been up with Jaime), Lauren 32<sup>nd</sup> (Lauren's first senior at this level and very nervous but having got this one over with will be much more competitive next time).

In the Men's event: Gary Smith 19<sup>th</sup> (1.2) from a final place, Mark 22<sup>nd</sup> (0.4 behind Gary), Simon 28<sup>th</sup> and Gary Short 44<sup>th</sup> after a fall in his voluntary.

Due to Bulgaria playing Croatia in a football World Cup qualifier just down the road, the finals on Saturday were programmed to finish by 2.00pm before the football kick off.

The first final was the Synchronised event with our hopes with Gary and Gary unfortunately Gary Smith took the 'top' off his first move - this meant Gary Short having to 'cut' his second and third moves, which in the end caused him to fall off the side and through the springs - game set and match to someone else!!!

The final result was a win for Japan (as they had done in the Ladies event, JPN 1, BLR 2, UKR 3) with POR 2<sup>d</sup> and NED 3<sup>rd</sup>.

As Great Britain did not have a tumbling team at the competition, there was an hours wait for Claire to compete in the final. Claire has been out all season with a recurrence of a back injury, so warmed up slowly and had good treatment from **Amberin** in the practice hall. As Claire was in 2<sup>d</sup> place she had to watch all the others go before her first. A new girl on the scene **Alaina Herbert** from the USA using a 13.9 difficulty, a good routine scoring 37.00. The judging throughout the competition was much harder than in previous years as a result of the FIG having to 'get tough' along with a new standard.

The first of the two Chinese ladies, **Wenjuan Wang**, went 3<sup>d</sup> using a 13.1 difficulty and scoring 36.9. The second Chinese lady, **Xingping Zhong** went 5<sup>th</sup> scoring 37.8 (13.6 difficulty). This left the top three **Olena Movchan**, UKR a very good routine (13.9) scoring 38.8 and the lead at that point.

Next up Claire, using a reduced difficulty to her normal routine (Rudi out start instead of a triffis, 13.5) all the moves stayed on the spot and were performed really well, good exits and Claire's usual good form. The judges gave 3 x 8.5 and 2x 8.3 a total of 38.8, the same as Olena, but Claire took the lead as she had the lower tariff.

This only left **Irena Karavaeva RUS** using a 14.9 difficulty

1.4 more than Claire. In the past, some have said Irena gets too high marks for her routine, even when they are not so good. This time she was given what most felt she deserved and scored 7.6 - 8.1, with a total of 38.2 and 3<sup>rd</sup> place. Claire wins!

The presentation was different to normal with the winner being driven in a BMW sports car around the arena. Claire thought she might be able to keep it - not a chance, this is trampolining, not Athletics or Golf!

Congratulations to Claire and her coach Nigel Rendel (4<sup>th</sup> in the World in 1986).

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## World Cup, Levallois, Paris, France

John Beer

In front of a full house in the **Sports Palace in Levallois**, another good result for the Great Britain Team, showing all the last years preparation is now starting to produce the results in preparation for the World Championships and ultimately the Olympics in China.

Again leading the British contingent was **Claire Wright** following on from her win in Bulgaria she finished 5<sup>th</sup> (3<sup>rd</sup> after the preliminary round) with an excellent performance, with just 1.00 separating the top five - **1st Natalia Chernova, RUS. (38.8)**, **2<sup>nd</sup> Irena Karavaeva, RUS. (38.7)**, **=3<sup>rd</sup> Olena Movchan, UKR (38.1)**, **=3<sup>rd</sup> Karen Cockburn, CAN (38.1)**, **Claire Wright, GBR (37.8)**.

There were also very good performances from **Jaime Moore**, 11<sup>th</sup> and **Katherine Driscoll** 16<sup>th</sup> unfortunately **Natalie O'Conner** made a mistake in her vol. and finished 34<sup>th</sup> out of a very good field of 48 Ladies.

This was an excellent result for our ladies, scores that; if this was the world championships, would have given them Gold Medal place!

In the men's event Our top scorer was **Gary Short** (66.6) in 23<sup>rd</sup> followed by **Gary Smith** (66.4) 26<sup>th</sup> and **Simon Milnes** (63.5) 36<sup>th</sup>. **Brian Camp** fell completely off the trampoline in his voluntary routine and was brilliantly caught by National Coach **Bill Leach**, saving Brian from serious injury.

The competition was won by **Gherman Khnytchev RUS (40.2)** **2<sup>nd</sup> Adam Gotz GER (40.2)** and **3<sup>rd</sup> Henrik Stehlik GER (40.1)**

In the synchronised event Great Britain had two representatives in the men's competition, Gary Short with Gary Smith, and Mark Alexander with Simon Milnes. In the preliminary competition Simon fell putting the pair in 19<sup>th</sup> place, with Gary and Gary getting into the final in 5<sup>th</sup> place. In the final all of the countries competed very well, with our men finishing in 6<sup>th</sup> place.

The competition was won by Russia followed by Germany and Japan.

**The team: Claire Wright, Jaime Moore, Katherine Driscoll, Natalie O'Conner, Gary Short, Gary Smith, Brian Camp, Simon Milnes, Mark Alexander**

**Coaches: John Beer, Bill Leach**

**Judge: Bert Scales**

**Physio Belinda Smith**

**HOD John Beeton.**

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## WORLD CUP LEVALLOIS FRA JUDGES' VIEW POINT

Bert Scales

The Judges meeting was arranged for the morning of competition. The Chairs were nominated and leading Difficulty Judges chosen from those holding Superior Difficulty qualifications.

After much palm sweating, when all the form jobs had been draw, I finally ended up with Assistant to the Chair of Judges for Men's Synchro. I was thus able to watch the individual competitions and practice judging and compare my scores with the panels. As at the brevet course, I found myself more generous with my scores at first. This reinforces the value of panel practice prior to events, to feel confident and comparable with colleagues.

As Assistant on the Synchro panel, now in the new position alongside the Difficulty judges, it was a privilege to observe and admire **Annette Dalsten** from Denmark and **Nikki Vayro** from Australia. They are fantastic, fast and accurate, and set a very high standard for anyone aspiring to assessing difficulty. This is a very specialist responsibility. We should all try to improve, but I believe that the job belongs in the very capable hands of people in the sport, such as the two ladies mentioned.

When Finals panels were selected, I was happy to draw Execution Judge 4 for the Men's event. The down side was that I went in cold, having had no previous form judging practice at the competition. With only 8 in the final, there is no adjusting! At the judges meeting we were reminded to follow the guidelines recently presented on our Brevet exam courses.

I enjoyed judging the Men's final, with of the best in the World present. I also had the dubious honour of having the Chinese coach suggest that I was too harsh with the marks for the eventual winner, Khnyatchev!

With Superior Juries now monitoring Judges' performance at this level of event, there can be no lapses of concentration, and this must be good for the confidence of competitors in judging

Coaches and competitors will need to adjust to expectation.

It was a pleasure to be part of the British team at this event.

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## A misunderstood vocation aka the Competition Marshall

Kathy Webb

Marshalling is a job that has been known to reduce grown men to a quivering wreck; they will offer to tariff the men's vols. other then spend some time with the actual competitors. But, marshalling is a misunderstood job!

Firstly, it is great chance to meet a wide range of competitors, from Grade 4 first-times, to regular faces on the international scene, watching them progress over the years.

It also offers an opportunity to hone people management and multitasking skills. Enough of the job sells!

My first marshalling job was back in 1993 at national finals in Bournemouth. There were so many marshals that two of us shared one age group, rather than having a panel for the weekend. (I bet Mike and Sally wish there were that many volunteers these days!).

The following year, I volunteered to marshal the men's group, as most of my team mates at Airborne were jumping in this group, and it was the only way I saw them compete. I stayed with this group for many years, apparently, because most other marshals found this group scary. I never understood why. They were kind, humorous, talented trampolinists who were at the top of their sport. We had our share of fun, like the time two teammates brought only one leotard between them and spent the day changing rapidly beside the trampoline. By the final, which they made in consecutive places, they were extremely fast and discreet.

Essentially, a good marshal understands that competitors are individuals, and they all have their own way of preparing prior to their routines. This has to be balanced by split second timing and keeping to the timetable. We want to go home on time, like everyone else.

Marshalling is a very rewarding job. I have the privilege of working with some of the most amazing competitors, and I thank them for their friendship and co-operation. I look forward to marshalling them next season.

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**CAN, USA, CHN, BEL and RUS** are all planning on staging a World Cup event in 2006 as well as China visiting the UK!

panels. Scores now are inevitably lower than in the past, and | Watch this space.

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## What! Me CJP?

Claire Thompson

The new 2005-2008 international competition cycle brings a change to who acts as Chair of Judges Panel at major FIG events. Previous practice saw the FIG TTC members act in this capacity, but FIG protocol requires them now to form the Superior Jury, overseeing all activities including evaluating judges' performance.

Who fills their shoes as CJPs from now on? I didn't expect "me" to be one of the answers, but at the recent World Cup in Levallois, France that's exactly what happened for the men's tumbling competition. Category 1 & 2 judges will now take on this role for future competitions.

A few hours notice of being tasked with this awesome responsibility made me think of TV programs – 'Who wants to be a millionaire', where you always know the right answers while sat in the audience, but would you know them if the spotlight was on you & 'Big Brother', the Superior Jury who will be watching your every action.

Watching **Walter van Linden** from Belgium chair the ladies tumbling preliminaries answered my question, that I did not have to read out the scores in French, but made realise that it would need a series of polite hand signals as well as my clearest English to give instruction & support to the multi nationality panel.

A quick review of the new guidelines for judging, determination of the crash rule & the new rule for repeats & I was ready to go stopwatch & start list in hand. Hoping that every competitor would complete their passes without change or incident (& not just so they could each achieve their best!) I signaled for the first tumbler to start.

Once in competition it was clear that the new rules are easier to apply & in concentrating on some super tumbling from competitors old & new the preliminaries were soon over. Changes by tumblers did mean that we got to use most of the rules, but their application was clear. Finals next day changed the execution judges to a neutral panel who now had ringside seats for some excellent form in the final.

The biggest dilemma I faced – had the announcer given the name of the next competitor to the audience while I was concentrating on the scores & tariff or if I signaled would the competitor's name be announced in the run up or mid pass & put him off?

A quick chat with the other new CJPs of the individual events showed that we had all approached the role with some

international events.

With the recent successes of our British judges at the international course at **Gillingham**, Great Britain trampolinists & tumblers may see more judging faces they know well at the side of the trampoline or track, signaling them to start.

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## 3rd DMT Trial for World Championships and FIG International Age Groups Competitions (FIG IAGCs)

Nick Earle

The last of the three trials for these competitions was hosted by the **Jumpers Rebound Centre in Gillingham on Sunday 19<sup>th</sup> June 2005**.

**Mike Phillipson** assembled a panel with 6 International judges, 1 National Judge and 1 Zonal Judge all of who have considerable experience judging DMT.

We also employed **Kathy Webb** as the marshal to ensure that we stuck to the timetable – although this was disrupted by a fire alarm during the afternoon which meant we had to evacuate the building for half an hour.

I'm please to say that almost everyone who had registered for these competitions competed in this last selection competition, with a total of 53 people competing. Only 4 of the 33 places on the teams were already determined and you could feel the tension and excitement in the gym.

We ran this competition on just one DMT, which meant that although the competition took slightly longer, the coaches were able to focus on each and every one of their competitors.

I'm sorry to say that nerves got the better of some the performers and 14% of the 206 passes were either interrupted or failed. However, the standard of the completed passes was excellent and some new records have been set.

The highest form score of 29.4 set by **Andrew Freeman** (Top Flight) at the 1st trial still remains unbeaten, with **Luke Castillo** (Phoenix) getting the closest with 29.3. However, **Michael Scott-Beaulieu** (Jumpers) has now set a new highest difficulty pass of 9.2 and a new highest score for a pass with 37.4. It's good to see that the Men continue to advance as we get closer to World Championships.

I would like to thank all the Athletes, Coaches and Parents for the time and effort that must have gone into preparing for this

trepidation but enjoyed this new dimension to judging at | competition and look forward to some more amazing results.

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## DMT TEAM SELECTION

The British DMT Team for **IWGA World Games, Duisburg 15-17 July**, coached by **Sarah Scott (Stockport)** is:

### Ladies

Nikki Pugh (Stockport)  
**Res:** Asha Bayliss (High Flyers)

The British DMT Team for the **FIG World Championships, Eindhoven 14-17 September**, coached by **Nick Earle (Jumpers)** with **reserve** coach Sarah Scott (Stockport) is:

### Ladies

Nikki Pugh (Stockport)  
Asha Bayliss (High Flyers)  
Nicola Pettitt (Top Flight)

### Men

Philip Dodson (Salto)  
Matthew Swaffer (Jumpers)  
Michael Scott-Beaulieu (Jumpers)  
Chris Fordham (Jumpers)  
**Res:** Jason Plowman (Jumpers)

The British DMT Team for the **FIG Age Group Competitions, Eindhoven 18-24 September**, coached by **Nick Earle (Jumpers), Sarah Silvester (Top Flight) and Peter Gledhill (Phoenix)** is:

### 11-12 Girls

Emma Britton - Top Flight  
Amy Ross - Phoenix  
Elise Gibbins - Top Flight

### 11-12 Boys

Nathan Bailey - Ringwood  
Jordan Chung - Phoenix  
Mitchel Benham - Jumpers

### 13-14 Girls

Imogen Gunner - Ringwood  
Adeva Bryan - Jumpers  
Emily Still - Jumpers  
Jennifer Benjamin - Phoenix

### 13-14 Boys

Michael Dodson - Salto  
Tom Foreman - Jumpers  
Mark Pennell - Phoenix  
Alex Foster - Ringwood

### 15-16 Girls

Eleanor Benjamin - Phoenix  
Jenny Bloodworth - Salto

Asha Philip - Jumpers

### 15-16 Boys

Andrew Freeman - Top Flight  
Michael Freeman - Top Flight  
Chris Hall - High Flyers  
Daniel Johnstone - Andover Salto

### 17-18 Girls

Abi Silver - Red Kites

### 17-18 Boys

Dominic Swaffer - Jumpers  
Jason Harvey - Central Galaxy  
Luke Castillo - Phoenix

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## NEWS FROM THE FIG

- In the future, the text for the IOC Judges' Oath will be applied at all FIG events. An Athlete's Oath has been created. Both texts will be read during the Opening Ceremony of the World Championships and World Cup Finals.
- In 2009, the minimum age for gymnasts participating in Artistic gymnastics, including the World Championships in the year preceding the Olympic Games, will be **16 years of age**. There will be no change for the current Olympic Cycle.
- The 26<sup>th</sup> Trampoline Gymnastics World Championships in 2009 will be held in **St Petersburg RUS**.
- The 41<sup>st</sup> Artistic Gymnastics World Championships in 2009 will be held in **London GBR**.
- 2006 will be the year of the 125<sup>th</sup> Anniversary of the FIG. The official celebration will be held on 29<sup>th</sup> October in **Geneva SUL**.
- At their meeting in Singapore in early July, the IOC confirmed that Gymnastics will remain on the Olympic Program for 2012

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## Trampoline Gymnastics & Tumbling News OFFICIAL STATEMENT OF BRITISH GYMNASTICS

By British Gymnastics

Trampolining activities should not be undertaken without close adult supervision and at no time should two children be allowed to bounce simultaneously. Children should never attempt somersaults or elements involving rotation without being properly trained. Advanced skills should always be developed with an appropriate coach or trained person being present.

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## British Championships Report 2005

Craig Bellis

This year's British Championships was expected to be an exciting event with the prospect of Zero Finals in the Senior event, and positions in the World Championships team up for grabs. It did not disappoint.

There were 320 competitors eligible for the event, sadly some did not compete, most notably **Kirsten Lawton**.

Saturday saw the preliminaries to all of the age groups, and the compulsories of the Senior groups. The standard was high at the top of each group and in some groups there were clear leaders after the preliminary rounds. **Katy Ianson (OLGA)** in the Under 15 Girls took a 2.2 lead into the Finals round, as did **Nathan Bailey** (Ringwood & Bournemouth) in the Under 13 Boys. **Jaime Moore** (Northampton) was ahead by a massive 3.0 in the Over 18 Ladies. Other groups were much closer, with **Danielle Pietruszka** (OLGA) and **Stacey Dann** (High Flyers) separated by 0.1 in the Under 18 Girls, as were **Zoe Brookes** (City of Liverpool) and **Sophie Burr** (Skydivers) in the Under 13 Girls.

**Brian Camp** and **Claire Wright** took the lead in the Senior group's overnight, by narrow margins.

Sunday morning saw the completion of the Senior voluntaries, with all the top Men and Ladies who would be looking for places in the World Championships team completing their routines. Claire held the lead for the final, while **Simon Milnes** took the lead in the Men's.

There was a new format to the Finals, with all competitors marching in at the beginning to open the event. Lindsay Headman was on form as usual, and had a sidekick to assist in the presentation of the event. At this point the presentation of the **Paul Luxon Award** was made. This is a new award being given in the memory of Paul who sadly passed away last year. There was an introduction to who Paul was, and some rare footage of him in action was shown. This visibly moved so many people, as many of the older competitors and coaches knew Paul personally. Two awards were made. One to an over 15, and one to an under 15. To win the award the form scores of the first two rounds were used, without any difficulty added. Highest score wins. The Under 15 award went to **Sophie Burr** (Skydivers) and the Over 15 award went to **Jaime Moore** (Northampton).

After the march off, the event began with the over 18. There was a new format to this part of the event with only two panels being used. Jaime and **Gary Smith** (Jumpers) easily held their leads to win these events. Following these, **Tom Lewis** (Olga), also held his lead to win the Under 18 Boys, **Stacey Dann** competed a good final which bought her level with **Danielle Pietruszka** (OLGA) on a score of 95.3 which was settled by the Tie Break Rules, with Stacey being declared Champion.

The Under 15 Boys was a similar situation with **Thomas Foreman** (Jumpers) and **Liam Abrahams** (Edgbarrow) each scoring 89.9 and Thomas being declared Champion.

In the Under 15 Girls **Katy Ianson** extended her lead to win by a margin of 4.4.

**Nathan Bailey** also extended his lead in the Under 13 boys to win by 4.3, while **Sophie Burr** and **Zoe Brookes** swapped places with Sophie winning by 0.1. In the Under 11, **Pamela Clark** easily won the girls by a margin of 7.2, while **Ryan Strickland** (OLGA) won the boys event by a margin of 4.3.

This only left the Senior Men's and Ladies. In these groups the scores from the previous rounds would not count towards the total. Only the scores in the final round would count. Everyone had an equal chance to win, the pressure was on.

In the Ladies event **Katherine Driscoll** (Apollo) competed a 13.3 difficulty routine and was third with a score of 37.1. **Jaime Moore** was second with a score of 37.9, but **Claire Wright** competed a strong 13.5 tariff routine to take her 5<sup>th</sup> consecutive British Senior title with 39.0

In the Men's event it was much closer. This year 6 of the men competed with tariff over 14.0 in the final round. There were two more ties in this round, **Gary Short**, and **Mark Alexander** (Edgbarrow) both scoring 37.8 with only **Gary Smith** and **Simon Milnes** (Kirklees) to compete. With only 0.1 difference in their tariff, it was down to how well they could perform their routines. The judges decided they were only 0.1 different, which gave them the same total of 38.9. Last year the Men's title was settled between the same competitors by the Tie Break rules, and it would be the same again in 2005. However this year, Simon would be the victor, and was declared the Men's British Champion.

The event was a great success, enabled by the team that works behind the scenes long before the day. I am indebted to them for the hours they put in, and without them there would be no British Championships. They are: **Pam Smith, John Smith, Mary Neeld, Heather Maule, Rob Maule, Paul Coates, Sally Turner, Irene Thompson** and **Ron Linton**.

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## WORLD GAMES

Games .....just like the Games!!

The games were held in **Duisburg** and its neighbouring cities, **Bottrop, Oberhausen** and **Mülheim an der Ruhr**. 500,000 spectators, 40 sports, 177 disciplines, 3,500 athletes from 100 countries, 27 competition locations!

The World Games were the major sporting event of the 2005 sports year!

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## A little history

In 1980, a group of 12 International Sports Federations decided to join forces, forming the World Games Council, later renamed the International World Games Association (IWGA).

Their objective was to create a multi-sport event for sports and / or disciplines that make up the Olympic Games in order to increase notoriety, the number of spectators, as well as media coverage. The idea came about at a time when international sport, including the Olympic Games, was on the verge of becoming an enormous success for television, with a substantial impact on sponsors.

## Gymnastics Targeted

Among the sports Federations represented in Duisburg, the FIG counted the highest number of disciplines in the programme. 294 gymnasts competed (Rhythmic Gymnastics 24 – Trampoline Gymnastics 88 – Aerobic Gymnastics 104 and Acrobatic 78).

Artistic Gymnastics is not a discipline at the World Games since it is an Olympic discipline. And Rhythmic? Well, at the Olympic Games we've got groups and the All-around Competition. At the World Games, there are the individual finals per apparatus (rope – ball – clubs – ribbon). Trampoline is individual at the Olympic Games and Synchro at the World Games. Aerobic and Acrobatic Gymnastics are in everything.

The qualifying events for the Games are subject to very precise regulations that set quotas per discipline. Gymnasts qualify for the world championships preceding the World Games. In 2003, Rhythmic's young women qualified in Budapest, Trampolinists and Tumblers in Hanover. In 2004, the selection process for Aerobics was carried out in Sofia and in Liévin for Acro.

For the Technical Committees and their Presidents, as well as for the staff at FIG headquarters, the World Games dossier is as substantial, if not more, than for the Olympic Games. It requires a significant human and technological investment. The respective Technical Committees were on location to manage the sport. President Grandi, Secretary General André Guesbuhler and the Executive Commission were present, backing up the technicians. The FIG also had a *Media / Technology* team to cover the Games and the handling of information on the website ([www.fig-gymnastics.com](http://www.fig-gymnastics.com)) in real time.

Finally, the World Games represent a stage on the FIG World Cup Series Circuit calendar. The top gymnasts will be eligible to amass the FIG points in play.

The World Games have been held on no fewer than 7 occasions to date, with the 8<sup>th</sup> Games planned for Kaohsiung TPE in 2009.

The first Games were held in Santa Clara USA in 1981 with 18 sports on the programme, with 1500 athletes participating.

**1<sup>st</sup> 1981 Santa Clara (USA) 18 sports approx. 1,500 participants**

**2<sup>nd</sup> 1985 London (GBR) 23 sports approx. 2,000 participants**

**3<sup>rd</sup> 1989 Karlsruhe (GER) 45 sports approx. 4,000 participants**

**4<sup>th</sup> 1993 The Hague (NED) 30 sports approx. 2,600 participants**

**5<sup>th</sup> 1997 Lahti (FIN) 30 sports approx. 2,500 participants**

**6<sup>th</sup> 2001 Akita (JPN) 26 sports approx. 2,500 participants**

**7<sup>th</sup> 2005 Duisburg (GER) 40 sports approx. 3,500 participants**

**8<sup>th</sup> 2009 Kaohsiung (TPE)**

British representatives at these games rested on the shoulders of **Simon Milnes** and **Mark Alexander**, who took 4<sup>th</sup> place in the men's synchronised event, after being in medal position throughout the final, until the very last pair overtook them.

New pairings, **Claire Wright** and **Jamie Moore** only just missed a final place, finishing in 9<sup>th</sup> position overall, only just ahead of another new British pairing of **Katherine Driscoll** and **Lauren Allen**.

Whilst both pairs will be disappointed in their placing, the event will have given them much hope for the future.

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**There should have been another photo here!**

members of the National team in Levallois FRA for World Cup in June last

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