

Editor: John D Beeton: john@beeton9.wanadoo.co.uk

EDITORIAL

John Beeton

Dear Reader,

You will all be aware by now that the Chair of the NTTC, **Martin Laws** has suffered a bout of illness since the last issue of Trampoline News, firstly by having to undergo surgery in the middle of February, followed by a heart problem later in the month which entailed further surgery.

I am pleased to report that he is now at home recuperating from both operations and wishes me to thank everyone for their messages of support at this difficult time. Needless to say, we wish Martin a speedy recovery.

The Gala weekends are now underway; and in fact almost complete by the time that this issue is released. The first Gala of the season proved quite traumatic for the majority of those involved, including the organisers, but by the time that the second event was held in late February all appeared to be well. Of course, introducing a completely new competition system was envisaged to have a number of teething problems, but none quite like those encountered! Our grateful thanks to **Wayne Smith** and his Competition Committee for acting swiftly to put things right.

The international competition year got underway in March with the staging of the bi-annual **Aalsmeer Flower Cup** in **Holland** which was attended by a large number of our clubs, with varying success.

As we go to press our World Class Squad members are making preparation for their training camp at the **Russian Olympic Training Centre** in **Moscow** during 13-19 April, followed almost immediately by the first of the seasons World Cup events in **Sofia BUL** where Great Britain will be represented by a smaller than usual GBR team consisting of 2 men and 2 ladies only.

Our international judges have been attending both **Intercontinental** and **International Judge** courses recently with various degrees of success. Unfortunately, for this cycle we did not managed to have anyone upgraded to a higher Category on the Intercontinental Course. A List of current judging qualifications can be seen elsewhere in this Newsletter.

British Gymnastics has recently appointed a new Programme Director for World Class Trampoline, **Georgina Sharples**, and she comes to BG with a wealth of high performance experience

and is an ex GBR international hockey player of six years experience, as well as having competed on the World Cup Bobsleigh circuit. As a Fast-track introduction to Trampoline Sports, Georgina will accompany the WC Squad to **Moscow RUS** for a weeks training camp at the Olympic Training Centre from 13-19 April.

We welcome Georgina to Trampolining and wish her the very best of luck for the future, whilst at the same time having to say our farewells to **Tristan Collins** for his time with our World Class Squad. Hopefully, we will encounter Tristan from time to time in the future as he is returning to his parent company which has close links with British Gymnastics and especially our Trampoline discipline.

FIG Sanctioned Events

Please be aware that an ever increasing number of OCs is insisting upon entries for FIG sanctioned events being accompanied by the inclusion of **Brevet Judges** only. In many cases it will no longer be permissible to have anything other than a Brevet Judge in your entry. Amongst annual / bi-annual events affected are those which have obtained FIG Sanction to run their competition i.e. **Wroclaw Cup POL, Aalsmeer Flower Cup NED, Friendship Cup CZE, Frivolten Cup SWE, Loule Cup POR** etc.

Please check Entry Forms in all cases to ensure that you are following the correct procedures prior to booking flights / accommodation etc when entering any or all of the ever increasing events now appearing in the international calendar.

WAGC 1st Selection Event Lilleshall National Sports Centre Sunday 28th June 2009

All trialists are reminded that the first of the two planned Selection events will be held at the **National Sports Centre, Lilleshall** on **Sunday 28th June 2009**. Details regarding timings etc will be issued in due course.

All those who have submitted an “**intention to trial**” form will shortly be sent various forms which they are requested to return by the date requested, duly completed in all parts. All will also be requested to contact **Sharon Wood** by **18 May 09** confirming their intention to trial. Your co-operation in completing forms on time will be greatly appreciated.

Intercontinental Judge Course Bratislava SVK

The following British Gymnastic judges were successful in the recent **FIG Intercontinental Judge Course** held in the **City of Bratislava** early in February:

Trampoline

Claire Thompson: Cat 2 (former Cat 2)

Peter Heames: Cat 2 (former Cat 2)

Mike Phillipson: Cat 2 (former Cat 2)

Sally Slinger: Cat 2 (former Cat 2)

Double Mini-trampoline

Claire Thompson: Cat 3 (former Cat 3)

Peter Heames: Cat 3 (former Cat 2)

Sally Slinger: Cat 2 (former Cat 2)

Tumbling

Claire Thompson: Cat 2 (former Cat 2)

Joy Sumner: Cat 3 (former Cat 3)

It was quite obvious from the result obtained by a number on the course that little or no preparation had been made for this course, with a number of high level judges throughout the sport being downgraded, and in a number of cases failing the examination altogether.

However, it was also pleasing to see a number of the younger judges obtain Cat I pass in both TRA and DMT but extremely disappointing to note that only one managed to obtain Cat 1 in TUM.

Congratulations to all successful candidates. **Ed.**

TRAINING CAMP Moscow RUS April 2009

16 members of the World Class senior squad depart for **Moscow** on the **13th April** to participate in a week long training camp at the **Russian National Olympic Training Centre**, which will also incorporate the Russian National team. At the conclusion of the camp the Russian and British team members will depart for **Sofia BUL** a few days afterwards to participate in the first of the **2009 FIG World Cup** series.

The squad will consist of the following:

Head of Delegation: John Beeton

Coaches: Tracy Whittaker-Smith, Nigel Rendell, Nigel Blundell, Steve Moreton, Sarah Silvester

Physio: TBC

Gymnasts: Andrew Freeman, Michael Freeman, Yasmin Gumbs, Bryony Page, Luke Rendell, Emma Scanlon, Emma Smith, Steven Walsh, James Higgins, Jaime Moore

FIG World Cup Sofia BUL 22-26 Apr 09

The first World Cup of the season will be held in **Sofia BUL** which will also be the venue for the 2010 European Championships.

A small team representing Great Britain will depart for Sofia on Wednesday 22nd April, returning after the competition on Sunday 26th April.

The team will consist of the following members:

Head of Delegation: Martin Laws

Judge: John Beeton

Coaches: Bill Leach, Jay Scouler

Physio: TBC

Gymnasts: Cara Jamieson, Katherine Driscoll, Luke Rendell, Steven Williams

New Programme Director

British Gymnastics has announced the appointment of **Georgina Sharples** as the new **Programme Director for World Class Trampoline**.

Georgina comes to the post bringing a wealth of high performance experience, having competed for Great Britain as a hockey internationalist for 6 years, and has also competed on the World Cup Bobsleigh circuit. She has excellent recent experience in supporting World Class athletes and coaches from her past role as an Athlete Support Manager for the English Institute of Sport (West Midlands), and has World Championships, European Championship and multi sport camps experience (Olympic & Paralympics programmes) as an athlete, coach, sport liaison, team leader and camps' director.

One of Georgina's first tasks will be to put in place appropriate technical input for our World Class gymnasts. She will be looking to put in place an appropriate bespoke programme of activity and support for each of our selected trampolinists, coordinating technical input, but not providing it herself. She will also be a regular visitor to all Programme athletes in their own club environments.

Furthermore, we hope to be able to make some headway in creating a more seamless pathway to include the current National Squads whilst working through into World Class to

ensure that we can go some way towards guaranteeing future success in the sport, beyond 2012.

Georgina will start her work with British Gymnastics on 1st April 2009, but hopes to be out to meet a number of you in the intervening period. I am sure that Georgina will make a significant contribution to the development of Trampolining and results at international level.

At the same time that Georgina joins us, **Tristan Collins** will be leaving. Tristan's consultancy role was only ever designed to be on an interim basis (until the end of March), and he will be instigating a handover to Georgina over the next few weeks. I would like to place on record my personal thanks to Tristan for his work over the past 12 months.



Bob Burlton R.I.P

As some of you are aware **Bob Burlton** sadly passed away unexpectedly on Boxing day with a heart attack.

Bob had been involved in trampolining in the West Midlands for over 30 years, originating from the BTF days. He held every official post within our region including Chair, treasure and competition organiser. Lately you would have known him through being west midlands courses organiser.

Bob was truly a superb diplomat for our sport and a true ambassador for volunteers. He was very well respected in all circles of our sport. He had never missed officiating at all levels in the midlands including schools competitions.

One fact that not many people knew about Bob was that he was nominated for an **MBE** and refused it saying he was only a little cog in a big wheel.

Bob was heavily involved in other voluntary organisations like air ambulance work. Bob and his wife were very rarely found at home at weekend, they were responsible for raising thousands upon thousands of pounds for the air ambulance. It is at this point his wife Ann would like to thank everyone who sent money to her to donate to the air ambulance. This amounted to £719.50.

I am sure you will all agree Bob will be sadly missed, and his contribution to our sport will be always remembered, with gratitude.

NTTC: the next meeting of the NTTC will be held at the Novotel, London Heathrow Airport on Sunday 3rd May 2009. If you have anything you wished raised please contact the Chair in the first place, or any committee member. **Ed.**



FIG Academy for TRA Working Group
© FIG

LAUSANNE (SUI), FIG Office, February 13, 2009: The FIG Academy for Trampoline Gymnastics Working Group gathered this week at the FIG Head Office in Lausanne (SUI) for their 6th regular meeting to discuss the programme for the Level 2 courses.

The Working Group consists of **FIG Trampoline TC Vice Presidents Nikolai Makarov (RUS)** and **Christophe Lambert (FRA)**, **FIG Director of Education and Academy Programmes Hardy Fink (CAN)**, sport science expert **Keith Russell (CAN)**, and Trampoline Gymnastics experts **Michael Kuhn (GER)** and **Ulf Andersson (SWE)**. **FIG Vice President Slava Corn (CAN)** presides over the group whose first meeting took place in **April 2006 in Stuttgart (GER)**.

After three successful Level 1 Academies for Trampoline Gymnastics, which took place in 2007 in **Qatar** and in 2008 in **Switzerland** and **Lithuania**, the content, technical manual and schedule for the Level 2 Academies have now been finalised. Everything is set for the first course to take place in December 2009.

The FIG Academy Programme is the culmination of a worldwide education programme for coaches in all FIG disciplines. The programme's mission is to provide both developing and thriving countries with a common knowledge base for the development of high performance gymnasts. It is athlete-centred and provides examples of what is considered "best world practice".

Since the programme consists of three levels of education for coaches, Federations enter at a level that reflects the gymnastics coaching education programme specific to their own countries. The Academy courses last seven days and conclude with a comprehensive theoretical and practical examination.

The curriculum for each of the FIG Academy Levels includes between 8 and 10 theory lectures on biomechanics, anatomy, psychology, planning, training theory, physiology, and sport theory. Each of these lectures has been prepared and targeted to meet the specific needs of gymnastic coaches. In addition, there

are extensive in-gym technical sessions for each apparatus and/or technical requirements for each FIG discipline, as well as lessons in choreography and physical preparation.

The Wearing of Official Clothing

Mathew Greenwood
(Repeated Article)

"I would like to take the opportunity of a new year to request your support in some difficulties being faced over the use of representative clothing and to remind everyone of the guidelines of its provision by British Gymnastics. Any kit provided by British Gymnastics should only be worn whilst officially representing British Gymnastics. Official clothing should not be worn for training unless requested to do so at specific British gymnastics organised activities. Nor should the kit be worn whilst competing as an individual or representing a club, region or any other organisation. This includes British Championships and other events organised by the Technical Committees, as agreed at the **Joint Technical Committee (JTC)** meeting on **6 December**. As stated in the Gymnast Agreement, all clothing provided free of charge remains the property of British Gymnastics and should therefore not be loaned, swapped, sold or given away to anyone else. There is an expectation that kit should last for at least two years (not withstanding outgrowing sizes).

These rules do not apply where representative kit has been purchased by the individual (Age Group Competition kit for example), or lies outside of the sponsorship agreement (Rhythmic, Acrobatics and Aerobics sports specific kit for example).

Recent experience shows that in a growing number of cases these guidelines are not being followed, which has prompted this letter. This is resulting in increasing numbers of replacement kit being required. Despite British Gymnastics receiving the most comprehensive amount and range of kit of any Gymnastics governing body from our sponsor Milano, with a growing number of disciplines, squads and activities, it is becoming increasingly difficult to meet demand.

Your co-operation in these matters is greatly appreciated and will ensure the British team look appropriately attired whilst representing the country and that we are able to continue to support the number of disciplines and the range of squads that we currently do.

International Judge Course Lilleshall GBR

A large number of candidates from all three Trampoline Sport Disciplines gathered at the **National Sports Centre, Lilleshall** last weekend to undergo examinations for their FIG Brevet Judge Award under FIG experts **Christophe Lambert FRA** and **John Beeton GBR**.

The following attended and received Categories as indicated:

Trampoline

Elizabeth Scales: Cat 2 (former Cat 2)
Donna Grist: Cat 4 (former Cat 3)
Steven Grist: Cat 4 (former Cat 3)
Bruce Craig: Cat 3 (former Cat 3)
Kevin Dixon-Jackson: Cat 4 (former Cat 3)
Martin Laws: Cat 4 (former Cat 3)
Bill Leach: Cat 3 (former Cat 3)
Clive Morgan: Cat 4 (new)
Helen Moore: Cat 4 (new)

Double Mini-trampoline

Donna Grist: Cat 4 (former Cat 3)
Steven Grist: Cat 3 (former Cat 3)
Martin Laws: Cat 2 (former Cat 3)
Bill Leach: Cat 3 (former Cat 3)
Clive Morgan: Cat 4 (new)
Peter Heames: Cat 3 (former Cat 3) (re-sit)

Congratulations to all successful candidates and commiserations to those who did not achieve what they set out to do. **Ed.**

SELECTION POLICY

British Gymnastics U15 & U19 Combined Trampoline Squad

GENERAL

The purpose of the U15 & U19 Combined Trampoline Squad is to:

- Be part of a process leading to being a top trampolinist and on to a World Class Programme
- Be working to international standards and demanding the same from the performer and coaches
- Reinforce good technical execution
- Make recommendations on areas to be worked on
- Monitor physical preparation & conditioning and to recommend exercises to address weaknesses
- Monitor physical condition and help manage/prevent injury with expert assistance
- Monitor behaviour, commitment, training and attitude
- Give the members the opportunity to have sessions with outside experts
- Give regular opportunity to work with performers of a similar standard to encourage competition between the squad with the aim of improving performance
- Give performers and coaches the opportunities to experience supporting those who are competitors on the national circuit but are team mates in the squad
- Experience living and working with a group of people not well known to each other, away from the home

environment

- Support personal coaches in their development

It is not a British Squad with the view of selecting a British team but is part of talent pool identification helping identify performers that show the potential to become champions.

A minimum score will identify those who are eligible for consideration as members of the British Gymnastics U15 & U19 Combined Trampoline Squad. Upon nomination, failure to satisfy the conditions of membership detailed in the '**Gymnast Agreement**' or to meet the requirements of the programme or maintain the standards during squad sessions may result in de-selection.

SQUADS AND AGES

U19 Men (FIG A/B) – Minimum 15 years and maximum 18 years of age in 2009

U19 Women (FIG A/B) – Minimum 15 years and maximum 18 years of age in 2009

U15 Boys (FIG B) – Maximum 14 years of age in 2009

U15 Girls (FIG B) – Maximum 14 years of age in 2009

SELECTION PROCEDURE

A minimum score (see below) will determine those that are eligible for consideration as members of the British Gymnastics U15 and U19 Combined Trampoline Squad.

Selection will be determined using scores from the Gala Competitions and the British National Championships and will remain in effect year on year until it is felt a new criteria is required.

For 2009 only, if a squad is held before the third Gala event (**14th-15th March 2009, Newtownards**) selection will take into account scores posted at the 2008 British National Championships. An addition of 2.5 for males and 2.0 for females will be added to the scores of those aged 15+ who will have posted scores at the 2008 British National Championships without additional difficulty for the first round set routine.

Gymnasts must meet the minimum score twice to be considered for an invitation to attend training. A Gymnast's two best score will be averaged to create a rank order and the top 2 gymnasts in the U19 (male & female) categories and the top 2 gymnasts in the U15 (male & female) categories will be given first consideration.

The 4 remaining places may be allocated using a wild card nomination by the National Coach with the approval of the **Director (Technical and Performance)** and the **National Trampoline Technical Committee**.

In addition to the above, invitations to attend are subject to those who it is felt by the National Coach will benefit from attendance at the squad and who will add value to the squad.

Squad ranking will be re-calculated following each Gala event and the **British National Championships**. Invitations to each

squad session will be based on the most recent ranking list.

All squad members are required to sign up to the 'Gymnast Agreement'. This document gives a comprehensive guide to the responsibilities of both the gymnast and the National Governing Body.

Minimum Scores

Male Female

U19 (FIG A) **59.5 58.0** *To include difficulty for 1st round (set routine)*

U19 (FIG B) **56.0 55.0** *No difficulty added from 1st round (set routine)*

U15 (FIG B) **54.0 54.0** *No difficulty added from 1st round (set routine)*

PETITION FOR INCLUSION

Following each Gala event and the re-calculation of squad rankings, any gymnast who does not meet the selection criteria above may petition to be included in the squad. The Personal Coach of the gymnast must provide, in writing, a statement explaining the reasons why their gymnast should be considered for the squad. This statement should be sent to the National Coach, via the Programme Co-ordinator.

REMOVAL

A gymnast may be removed from the British Gymnastics U15 and U19 Combined Trampoline Squads in the event that injury or illness would inhibit performance. Verification of injury or illness will be made by British Gymnastics approved medical personnel. All procedures in the respect of confidentiality will be in accordance with British Gymnastics policy.

A gymnast or coach may be removed from the British Gymnastics U15 and U19 Combined Trampoline Squads in the event of non-compliance in training, a breach of responsibility to the team or a violation of the codes of behaviour or 'Gymnast Agreement'.

The removal of a gymnast or coach will be in compliance with British Gymnastics procedures and any decision will be subject to review through the British Gymnastics Appeals Process.

Trampoline Juniors

FIG Office Lausanne Feb 2009

The **26th Trampoline Gymnastics World Championships** are set for **St Petersburg (RUS), November 11 - 14, 2009**. This competition falls just prior to the **18th World Age Group Competitions** for the 11 – 18 year category, which will be subject to difficulty limitations. A first of its kind, the FIG and its Technical Committee engineered the competition to safeguard gymnast safety in high-level sport and to give even more precedence to execution over trendier risk taking. The COP provides for this by making execution considerably more advantageous than difficulty.

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Email: john@beeton9.wanadoo.co.uk

The decision was guided by the political mindset championed by the Federation and its **President, Prof. Bruno Grandi**, who recently declared: *"Gymnastics in any form is most importantly a means of body expression through which athlete and coach alike must give preference to execution, artistic expression, over reckless and dangerous risk taking."* The President's message was clear, and the judges and experts present in St Petersburg will make it their priority to respect this order.

International Judge Selection 2009

With the current round of international judge courses in the present Cycle complete for British Judges, selection for the various international events throughout the 2009 season can now be confirmed. However, due to unforeseen circumstances the list may have to be altered as circumstances arise.

April

16-19: DMT International Team Event, Albacete ESP – Donna Grist

22-26: FIG World Cup, Sofia BUL – John Beeton

June

12-14: 4 Nations, Roskilde DEN – TBC

July

13-22: World Games, Kaohsiung TPE – TBC

August

26-30: FIG World Cup, Ostend BEL - TBC

September

02-06: FIG World Cup, Zelona Gora POL – Elizabeth Scales

09-13: FIG World Cup, Salzgitter GER – Sally Slinger

25-27: GBR v GER Youth Match, Taunton GBR – Donna Grist, Kevin Dixon-Jackson, Bruce Craig, Martin Laws

October

23-25: 4 Countries, Boulogne sur Mer FRA – Donna Grist

November

10-15 : World Championships, St Petersburg RUS – Sally Slinger TRA, Steven Grist DMT

16-22: World Age Group Competitions (WAGCs), St Petersburg RUS – Bruce Craig TRA, Bill Leach DMT

FIG Makes Changes to WAGC Rules for 2009

The FIG have recently agreed to make changes to the number of

entries permitted by individual federations from **80 to 96** with immediate effect.

At the same time the number of finalist have been raised from **6 to 8**.

FIG NEWS

With two seats unoccupied on the **Athletes Commission**, the FIG Executive has decided to name Trampoline delegate **Dimitri Poliarush BLR** as acting President of said Commission. Delegates for Men's and Women's Artistic will be elected parallel to the London World Championships, at which time a President will be designated in keeping with current protocol.

The <surface> authorised for Publicity on garments worn by gymnasts in competition will be increased. The surface allotted will be set at 60 cm2 for women and up to 90 cm2 for men.

Bids to host any of the 2010 World Cups have to be lodged with the FIG Office by 30 Jun 09.

NOTICE

Great Britain v Germany Annual Youth Match

Wellsprings Leisure Centre
Taunton, England
26th September 2009

1400-1700 hrs

Adults: £5 Under 12s/OAP: £3 Family ticket (4persons): £12

Selection Criteria can be found on the BG website. Ed.

Ciudad de Albacete ESP DMT Team Selection

The following have been selected to represent Great Britain at the Ciudad de Albacete during the 15-19 April 09:

HOD/Judge: Donna Grist

Coach: TBC

Gymnasts: (Women) Adeva Bryan, Robyn Osborne, Nicola Pugh, Louise Pennell.

(Men) Philip Dodson, Mathew Swaffer, Dominic Swaffer, Jason Plowman.

Congratulations to all gymnasts on their selection. Ed.

Newsletter March 09

Coach Education

Elizabeth Scales

I decided to stand for election largely because I thought Bert would have approved. Previously, I was always too busy as I had a full time teaching job and club coaching but now I have taken early retirement, this was a good opportunity to get more involved.

What a baptism of fire! The introduction of the UKCC programme, the retraining of tutors, the retraining of assessors, the introduction of internal and external verifiers, the need to update the code of practice and the revamp of the competition programme and all the knock on effects for coach education.

I would like to extend my thanks to the current committee and especially to **Cathy Page** for her support during my induction which is still ongoing.

The **UKCC Level 2** is nearly ready for introduction in August.

I would like to extend my thanks to the UKCC Level 1 tutors who are delivering the new course around the country and letting the committee know of the glitches. I believe that it will probably take a year before tutors are comfortable with the new format and it will become easier to deliver. I welcome any feedback but we must accept that the old scheme has gone and our task is to make the UKCC course work for us.

UKCC Level 1 Tutor

Biz Scales suggestions for consideration

Tutors are now charged with delivering the UKCC Level 1 which includes all skills up to but not including full somersaults.

The Trampoline fraternity has always been slightly out of kilter with the other disciplines within Gymnastics based on the wealth of experience in delivering trampolining since 1950's. This is one of the reasons the BFT originally split from BAGA.

We are now back in BG which itself it now bound to the requirements of UKCC. And I know Cathy Page and the panel have had great difficulties jumping through the moving hoops to arrive here.

I think that historically, gymnastics courses at the basic level has always been less practical for the recipients since the willing parent or sports centre assistant was less likely to be able to learn a forward roll or cartwheel on a 2 day course. We could have 'Joe the plumber' seat bouncing very readily and learn most of the basic skills of trampolining on a 2 day course.

Given that the UKCC requirements are fixed, we have to rethink our programme to fit into the requirements or lengthen

the course and make the assistant coach even more expensive.

We know that the number of coaches who move through the scheme is small (and I guess that it may well become even smaller) so the basic coaches should have in their armoury, an understanding of the principles of jumping, rotation and twisting and any guessing about the higher level skills is an informed / intelligent guess!

I am not advocating that no further courses are necessary.

Having taken a deep breath, please consider the following:

We want our first level coaches to ensure that beginners understand and can:

- **Remain safe whilst learning**
- **Know how to create rotation forwards and backwards from feet and body landings**
- **Be able to control the speed of rotation**
- **Know how to create twist**
- **Be able to control the speed of twisting.**

Alongside this the coaches need the following skills:

- **Know how to unfold and fold and use the trampoline safely**
- **Know how to assess readiness for progress**
- **Understand the importance of weaning support gradually**
- **Kip and manually support basic skills**

If this is what we want as an end product and we want the course to impart this understanding, we must recognise that we will lose the valuable experience the coaches currently get from actually learning the skills themselves. If pupils are available on the course then the coaches can have the opportunity to develop understanding of the principles based on observation of the pupils learning.

I suggest that after the coaches have understood how to create the rotation and twist to and from body landings, then groups could look at one of:

- **seat to front,**
- **front to seat,**
- **front to back,**
- **back to front,**
- **Roller**
- **cradle,**
- **cat twist**

The group analyse the skill, decide how much rotation and how much twist, when and how the rotation and twist is initiated. The group then select from a selection of lead up stages (provided by the tutor) what they think is most appropriate way to teach the skill in theory, feed it back to the whole group with the tutor monitoring and using demonstrations to back it up.

I am not trained in UKCC Level 1 so I am looking at the problems tutors are reporting and trying to find a safe, practical way to cover the material.

I hope that this gives food for thought and I welcome feedback both positive and negative or counter proposals

Annual Report of Coach Education Committee

2007/08

Cathy Page

This report statistically relates to the year from 1.10.07 – 30.9.08 but the comments to December 2008

General Review

This year has been very difficult for the committee as changes have again been made to the coach categories in UKCC. Instead of 6 levels of Coach – Assistant, coach, club coach, senior coach, high performance coach and International performance coach it seems now that there will only be 4 levels – Assistant, Coach, Club coach and Senior coach. Therefore the skills attached to each level have had to be totally revamped so that Senior Coach covers all the main high level moves which means that Club Coach has to cover much more than before, and so on with Level 2. The details of this are still being finalised. But this has meant another rewrite of resources and exam papers to cope with this. Overall BG policy is now that coaches can run clubs.

Other changes

- Level 1 is only accessible by 16 year olds and above. To cover this 14-18 year olds can do an introductory award to assist in a club with Proficiency Awards. It at present is known as Level 0 – proficiency award coach.
- All time gaps between courses have been removed so that coaches can go on to the next level when they are ready.
- There is going to be courses arranged to train mentors.
- All coaches must start at Level 1 coach

Most of the tutors have now been retrained in the UKCC method and a number of assessors have undergone training. This will be ongoing this coming year. A number of younger tutors are now emerging which is excellent for the sport. Some of the older ones have decided not to continue tutoring and we thank them for their contribution in the past.

Assistant coach courses

There was a great increase in the number of Assistant coach courses but this is likely to drop again next year as they become 3 days and not 2. It is also much more expensive and therefore fewer are likely to take the course unless really committed to coaching. Hopefully this will mean improved quality and commitment to the sport.

Coach Courses

The number of those completing the Coach course has dropped dramatically and is likely to drop again on the introduction of UKCC 5 day course later in 2009.

Higher level courses

There has been a steady stream of Club Coach and Senior Coach courses. An HPC was run in the Midlands and one is planned for Scotland and a further one in the South in 2009.

Teachers Course – AMAZING SUCCESS

Last year the teacher's awards passed the thousand marks – this year they have passed the 1500 mark. This is an amazing increase and means that schools are taking up trampolining in a very big way. The new 2 level course was introduced in September with some doing the 2 levels consecutively and some doing them separately Disabilities courses

The numbers of new coaches of those with disabilities has gone down quite considerably – for no obvious reason. Nothing has really changed in the courses.

Double Mini tramp courses

Having reported last year that there was a real shortage of tutors in DMT, this year we have two new tutors – **John Wills** in Scotland and **Toby Eager** (ex International performer). This is great news. There is at least one more in training. This also means there have been more courses this year. The overall new qualifications have gone up from 14 to 79!!

Conferences

The usual Tutors and Examiners Conference was held in September and a Technical Conference was held in January 2008 in Gillingham. This winter we are having a break and planning to broaden the conference to include judging as well as DMT and Disabilities.

Coach Education Panel

The following have been members of the panel in the past year with their main sphere of work

Roland Portsmouth (Teachers Awards), **Tony James** (National Coach all disciplines panel), **Mike McGhee** (Scottish affairs), **Richard Ollerenshaw** (has been chairing the meetings for the past year), **Jake Bailey** (UKCC resources and protocols, and attending NTTCC), **Lynda Kouache** (general work with exams and resources), **John Beer** (Performance representative) – My thanks to all of these for their support and also to **Martin Reddin** and **Fred Pivotti** in the Coach Education department in Lilleshall in what can only be described as a difficult year when there have been so many changes to the Coaching development scheme Also thanks to a number of other people who have contributed to resources or just reading through documents.

As I retire from the Chair of the committee I welcome **Biz Scales** to the post and know that she will receive great support from the committee.

No doubt we shall all meet from time to time. Good luck to everyone in the future. **Cathy.**

Death of Bob Burlton

It is sad to report the sudden death on Boxing Day of Bob Burlton who for many years organised all the courses in the West Midlands. He had just handed over the role.

Trampolining New Coach Statistics 2006/7 and 2007/8

	Asst Coach 2006/7	Asst Coach 2007/8	Coach 2006/7	Coach 2007/8	Teachers course 2006/7	Teachers course 2007/8		Club Coach 2006/7	Club Coach 2006/7	DMT CC SCC HPC 2007/8	Disab Stand alone/ Module 2006/7	Disab Stand alone/ Module 2007/8
1500						1504						
1450												
1400												
1350												
1300												
1250												
1200												
1150												
1100		1085										
1050												
1000					1020							
950												
900												
850			849									
800												
750												
700									143			
650										134		134
600	608											
550												
500												
45-												
400				381							2	
										10		83

Trampolining New Coach Statistics 2006/7 and 2007/8

	Asst Coach 2006/7	Asst Coach 2007/8	DMT CC SCC HPC 2007/8	Disab Stand alone/ Module 2006/7	Disab Stand alone/ Module 2007/8
1500					
1450					
1400					
1350					
1300					
1250					
1200					
1150					
1100		1085			
1050					
1000					
950					
900					
850					
800					
750					
700					
650				134	
600	608				
550					
500					
45-			2		
400			10		83



SELECTION POLICY

World Games: Synchronised Trampoline (female) 16 - 26 July 2009 Kaohsiung, Taipei

Format of Competition: World Games (Synchronised Trampoline)

Eligibility: British Citizen

British Gymnastics member in good standing

Age criteria: 17 years in the year of competition

Signed up to the current Gymnast Agreement

Performance Target: Final

Intention to Trial: Any gymnast who wishes to be considered for selection **must** complete the *Notification of Intention to Trial* form, found on the BG website. The form must be submitted by the primary coach of the gymnast. *Intention to Trial* forms must be received by both partners in order for the pair to be eligible for selection.

From the qualification that took place at the 2007 World Championships, Great Britain is eligible to enter one female pair in the synchronised trampoline event at the World Games.

Due to the clash of dates with the National Finals gymnasts who are members of the current Trampoline Podium and Development squads are **not** eligible for selection.

SELECTION EVENT

The selection event will be as follows:

16th May 2009 – Temple Park, South Shields

At the selection event 1 set, 1 voluntary and 1 final routine will be required. Pairs will be ranked after both the qualification rounds (set and voluntary added together) and the final, and awarded the selection points below:

Qualification Round		Final	
Place	Points	Place	Points
1 st	6	1 st	6
2 nd	5	2 nd	5
3 rd	4	3 rd	4
4 th	3	4 th	3
5 th	2	5 th	2
6 th	1	6 th	1

Selection points gained following the qualification rounds and final at the Selection Event will be added to give a total. Total selection scores will be ranked and the top ranked pair will be automatically selected. Only those who achieve a score of 79.6 (equivalent to 10th place at the 2007 World Games) from the qualifying rounds (set and voluntary) will be eligible for automatic selection.

In the event of a tie on total selection scores the tiebreak rules will be applied to rank the pairs. The first tie-break will be based on the pair's total scores for all three routines, with the pair with the highest total three round score ranking highest. If the pairs are still tied on the three routine total score, the top two scores will be considered as the second tiebreak.

In the unlikely event of a tiebreak still remaining, the pair with the highest single score will rank first. If a tiebreak still remains, the FIG tiebreak rules will apply to this single highest score routine by ranking first position the pair with the highest:

1. Total of the counting execution judges' scores in that routine;
2. total of all the execution judges' scores (5) routine without eliminating the highest and lowest scores;
3. Total of the 4 highest execution judges' scores of the routine;
4. Total of the 3 highest execution judges' scores of the routine and so on until the tie is broken.

ILLNESS OR INJURY

A gymnast who is ill or injured prior to or during the Selection Event must provide written authentication of the injury or illness by medical personnel approved by British Gymnastics.

For a gymnast to be automatically selected they must complete the Selection Event. If a gymnast fails to complete the Selection Event they will only be eligible for selection as a wild card.

REMOVAL

A gymnast may be removed from the 2009 World Games team or from any stage of the process for selecting the team in the event of an injury, illness or deterioration in performance that would inhibit performance at the 2009 World Games. Verification of injury or illness will be by medical personnel approved by British Gymnastics.

Deterioration in performance will be defined and assessed by the National Coach and Technical Manager.

British Gymnastics is acutely aware of the issues associated with confidentiality and will ensure that all procedures operate in accordance with the British Gymnastics' Athlete Agreement signed by the gymnast.

A gymnast or coach may be removed from the 2009 World Games team in the event of noncompliance in training, a breach of responsibility to the team or a violation of the codes of behaviour outlined within the Gymnast's Agreement or conditions of British Gymnastics membership.

Prior to departure gymnasts and/or coaches may only be removed from the 2009 World Games team by the Director (Technical and Performance) after consultation with the National Coach and/or medical personnel approved by British Gymnastics. Prior to removal the gymnast and/or coach must be presented with the opportunity to attend a removal interview with the National Coach, Technical Manager or their appointed representative and where possible on other independent person.

During the 2009 World Games gymnasts and/or coaches may be removed from the 2009 World Games team by the Head of Delegation after consultation with the Team Manager and/or medical personnel approved by British Gymnastics. Prior to removal the gymnast and/or coach must be presented with the opportunity to attend a removal interview with the Head of Delegation and/or National Coach or their appointed representative and where possible one other independent person.

Written justification must be provided for all removals.

RESERVES

The selection of reserves to replace a gymnast or coach who has been removed from the 2009 World Games team will be at the discretion of the National Coach and Technical Manager and must be justified in writing and approved by the Director (Technical and Performance).

SELECTION OF THE 2009 WORLD GAMES TEAM COACH

The coach for the 2009 World Games team will be the personal coach of the selected Pair.

In the event the two gymnasts have different personal coaches, the National Coach will make the selection. The coach must be able to demonstrate:

- HPC/IPC qualification and in good standing as a professional member
- Ability to lead, organise and control under high responsibility and stress situations
- Their International experience and performance
- Their attendance at all required meetings, training camps and events.

Notwithstanding this selection, the British Gymnastics support staff will contain at least one female and one male member in order to meet British Gymnastics' Child Protection Policy.

British Gymnastics acknowledge the role of the personal coach in competition preparation, however the Accreditation Regulations restrict the number of coaches at each event.

Personal coaches that attend the competition outside of the delegation will be responsible for their travel and accommodation at their expense and by their own arrangement.

PARENTAL SUPPORT

British Gymnastics encourages parents and supporters to attend the event but requests that parents or personal coaches do not stay in the team accommodation. Details of alternative hotels can be provided, upon request.

On accepting selection, team members will be the responsibility of the Head of Delegation and team officials from departure until their return to the UK.

TEAM ANNOUNCEMENT:

The Great Britain Trampoline Team for the 2009 World Games will be named on or before **31st May 2009**.



Status	Period	Title	Venue	Participants
ok	22 - 25 April 2009	Int. Tournament "Sofia Cup" for Age Groups	 SOFIA (BUL)	Senior, Junior and Age Group
ok	24 - 25 April 2009	Astronaut Alexandrov Trampoline Cup	 SOFIA (BUL)	Senior
ok	22 - 23 May 2009	26th International Frivolten Cup	 HERRLJUNGA SIM AND IDROTTSALL (SWE)	Senior
ok	16 - 26 July 2009	8th World Games	 KAOHSIUNG (TPE)	Senior
ok	28 - 29 August 2009	Flanders Fliffis Trampoline Cup	 OSTEND (BEL)	Senior
ok	4 - 5 September 2009	Trampoline FIG World Cup	 ZIELONA GORA (POL)	Senior
ok	11 - 12 September 2009	Trampoline FIG World Cup	 SALZGITTER (GER)	Senior
ok	7 - 15 November 2009	26th Trampoline Gymnastics World Championships	 ST-PETERSBURG (RUS)	Senior
ok	14 - 22 November 2009	19h Trampoline Gymnastics World Age Group Competitions	 ST-PETERSBURG (RUS)	Junior
ok	6 - 12 April 2010	European Championships	 SOFIA (BUL)	Senior, Junior and Age Group
ok	14 - 26 August 2010	Youth Games of the I Olympiad	 SINGAPORE (SIN)	Junior
ok	11 - 13 November 2010	27th Trampoline World Championships	 METZ (FRA)	Senior
ok	17 - 19 November 2010	Trampoline World Age Group Competitions	 METZ (FRA)	Age Group

TRAMPOLINE GYMNASTICS – RECORDS

As at 1st June 2008

Trampoline – Men's Individual

Highest Total Score	Alexander Moskalenko	RUS	114.80	28.07.01	World Championships	Odense (DEN)
Highest Difficulty	Jason Burnett	CAN	17.50	02.04.07	World Cup	Lake Placid (USA)
Highest Scoring Routine	Alexander Moskalenko	RUS	43.50	28.07.01	World Championships	Odense (DEN)
Highest Scoring 1st Routine	German Khnychev	RUS	31.10	05.05.06	World Cup	Krasnodar (RUS)

Trampoline – Women's Individual

Highest Total Score	Irina Karavaeva	RUS	109.50	06.08.05	World Cup	Ostend (BEL)
Highest Difficulty	Irina Karavaeva	RUS	15.30	23.04.04	World Cup	Moscow (RUS)
Highest Scoring Routine	Irina Karavaeva	RUS	41.30	17.10.03	World Championships	Hanover (GER)
Highest Scoring 1st Routine	He Wenna	CHN	30.80	22.06.07	World Cup	Sofia (BUL)

Synchro – Men

Highest Total Score	Tetsuya Sotomura/Yasuhiro Ueyama	JPN	141,70	03.11.07	World Championships	Quebec City (CAN)
Highest Difficulty	Tetsuya Sotomura/Yasuhiro Ueyama	JPN	16.20	23.06.07	World Cup	Sofia (BUL)
Highest Scoring Routine	Alexander Moskalenko/German Khnychev German Khnychev/Alexander Leven	RUS RUS	51.90 51.90	22.08.01 17.07.04	World Games World Cup	Akita (JPN) Savognin (SUI)
Highest Scoring 1st Routine	Yasuhiro Ueyama/Tetsuya Sotomura Scott Brown/Ben Wilden	JPN AUS	40.40 40.40	23.06.07 24.06.08	World Cup World Cup	Sofia (BUL) Publier (FRA)

Synchro – Women

Highest Total Score	Elena Movchan/Oxana Tsiguleva	UKR	137.50	28.07.01	World Championships	Odense (DEN)
Highest Difficulty	Karen Cockburn/Roseannagh MacLennan	CAN	14.20	02.04.07	World Cup	Lake Placid (USA)
Highest Scoring Routine	Elena Movchan/Oxana Tsiguleva	UKR	50.90	22.08.01	World Games	Akita (JPN)
Highest Scoring 1st Routine	Anna Dogonadze/Jessica Simon Karen Cockburn/Rosannagh MacLennan	GER CAN	39.90 39.90	16.09.05 31.08.07	World Championships World Cup	Eindhoven (NED) Zielona Gora (POL)

Tumbling – Men's Individual

Highest total score	Andrei Krylov	RUS	156.30	28.08.07	World Cup	St Petersburg (RUS)
Highest score in one pass	Wang Jiexu	CHN	40.60	23.06.07	World Cup	Sofia (BUL)
Highest difficulty in one pass	Andrei Krylov	CHN	14.60	02.11.07	World Championships	Quebec City (CAN)
Highest total difficulty	Andrei Krylov	RUS	51.90	01.07.07	World Cup	Ostend (BEL)

Tumbling – Women's Individual

Highest total score	Olena Chabanenko	UKR	141.60	16.07.05	World Games	Duisburg (GER)
Highest score in one pass	Anna Korobeynikova	RUS	36.10	11.06.05	World Cup	Levallois (FRA)
Highest difficulty in one pass	Olena Chabanenko	UKR	10.00	16.07.05	World Games	Duisburg (GER)
Highest total difficulty	Olena Chabanenko	UKR	38.00	16.07.05	World Games	Duisburg (GER)

Double Mini-Trampoline – Men’s Individual

Highest total score	Kirill Ivanov	RUS	151.40	03.11.07	World Championships	Quebec City (CAN)
Highest score in one pass	Kirill Ivanov	RUS	39.10	02.11.07	World Championships	Quebec City (CAN)
Highest difficulty in one pass	Ji Wallace Casey Finley	AUS USA	10.80 10.80	xx.xx.98 16.09.05	World Championships World Championships	Sydney (AUS) Eindhoven (NED)
Highest total difficulty	Kirill Ivanov	RUS	38.10	03.11.07	World Championships	Quebec City (CAN)

Double Mini-Trampoline - Women’s Individual

Highest total score	Sarah Charles	CAN	141.60	17.07.05	World Games	Duisburg (GER)
Highest score in one pass	Sarah Charles	CAN	36.00	16.09.05	World Championships	Eindhoven (NED)
Highest difficulty in one pass	Ilse Despriet	BEL	8.00	16.09.05	World Championships	Eindhoven (NED)
Highest total difficulty	Sarah Charles	CAN	28.40	17.07.05	World Games	Duisburg (GER)

Updated by Ulf Andersson