
SOUTH EAST GYMNASTICS

TRAMPOLINE COMPETITIVE STRUCTURE
2021 & 2022



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ARTICLE I. INTRODUCTION

The following pages detail trampoline Competitions for two seasons. Our Competition season has now been changed to 1st January to 31st December 1st. Clubs are advised to read it from cover to cover. The SE Competition season has been shifted and many subtle changes have been made to accommodate National and Regional changes.

The National development programme system (NDP) has been brought much closer to the original SE Competition Graded system. Consequently the Technical Committee have decided there is no longer any need to run two systems. As we are combining two different events the Technical Committee believe this combination will increase the total numbers per event and therefore we have decided to split the only event left to run in 2021 the Regional Championships across 2 dates. Once we get a clearer picture of event sizes decisions will be made for the events/dates of the 2022 season. We will notify clubs of the proposed 22 dates and format by the December Regional Champs event.

During the lockdown the SETTC has set about creating a new scoring system and this will be launched for our November regional Championships.

This SE Handbook supersedes all previously released material. Please feel free to copy this information for anyone who needs it, but please ensure that you copy the entire document and not just individual pages as much of the information is contained on different pages.

Trampolining has grown at an incredible rate following Olympic recognition and this has prompted a continual process of updates in rules, regulations, custom and practice. Clubs are advised to keep a close eye on both our Regional & BG websites www.british-gymnastics.org, www.trampoline.co.uk, and the Regional Club website www.settc.org.uk as the SE will be asked to adopt major changes in policy and rules immediately – and *may* do so.

On occasion it has been necessary to change details after this document has been published. Whilst we try our best to circulate information regarding venue changes etc. it is inevitable that some Clubs/competitors will not find out until the event is imminent, so continue checking for updates. The SETTC will endeavour to advise Member Clubs when new updates are available for download however, responsibility for remaining updated remains with the Member Club. Clubs should ensure early registrations and memberships as required to avoid missing vital information.

Many of the events listed are not under direct control of the SETTC and therefore unforeseen occurrences, although limited, can happen. Information contained in this document should be viewed as provisional. Membership of British Gymnastics National, Regional & County organisations, and vigilance, will help you to stay fully informed throughout the year.

The organisers would like to thank all Clubs/centres that have hosted events in 2020 and have offered to host in 2021. We are, as always, looking for new venues and would like to hear from any willing hosts. Please talk to Martin Laws if you would like to host a competition in 2021 or beyond.

SECTION 1.01 MEMBERSHIP

Please note that British Gymnastics requires each Club to be a current affiliate by membership and in addition requires every member of that Club to be an individual member in order for the insurance requirements to be met.

You should refer to the British Gymnastics website for guidance on individual membership requirements, but to compete in all types of regional events, gymnasts must have Silver Membership.

It is not acceptable to have part of your club registered with other bodies as there is a clash of insurances. SE will carry out checks on members competing.

In order to enter competitors in a County event, a Club must be affiliated by paid membership to that County.

To enter competitors into a SE Regional event, a Club must be affiliated by paid membership to the SE Region.

The flow of membership is that you require British Gymnastics National memberships for your Club to become a Regional member and Regional membership to become a County member.

These memberships will also mean that Clubs are eligible for participation at County and Regional events such as courses, squads, training days and conferences, and of course committee and AGM representation etc.

SECTION 1.02 MEMBERSHIP TRANSFER

Clubs should note that there is a membership transfer process and that all Clubs need to be familiar with the policy. Essentially if a member has at any time in the past been a competitive member of a British Gymnastics Club, transfers need to be completed. The British Gymnastics database and the South East Database will keep records of members and therefore to ensure no duplication happens Clubs must follow the process. Please at the same time as handling any BG transfer also advise South East Competitions SECompetitions@trampoline.co.uk for all competitors so that the Regional database can be updated.

SECTION 1.03 SOUTH EAST REGIONAL FEES

Due 1st January 2021 subject to SE Gymnastics control - please check before applying. The region will inform you of the membership fee when it is due.

Please note trampoline Clubs who were members at any point in 2020 must pay any affiliations/provide contacts, on time or the late fee applies. There are penalties for Clubs not re-affiliating on time or returning at any point after first affiliation.

Clubs failing to pay at the start of the season risk refusal of membership for that year and therefore access to events/courses later in the season etc.

PLEASE DO NOT WAIT UNTIL YOU WANT TO COMPETE TO AFFILIATE!

SECTION 1.04 NATIONAL & DISABILITIES SCHEMES 01.10.2021/22

This document only covers the SE Region events for 2021/22.

Revised National Handbooks for disabilities are released for 2021/22 which can be downloaded from the British Gymnastics website (www.british-gymnastics.org) detailing the National Competition Structure 2021/22 for Trampoline which we fully support.

SECTION 1.05 BRITISH GYMNASTICS POLICIES

National policies will be adhered to within this Regional scheme and it is the responsibility of the Club to ensure that they meet ALL current standards, and not just what is mentioned in this document. When completing entries for any British Gymnastic event the onus is on the Club to ensure that the Coaches attending are qualified to the participant's performance capabilities. The Coach in attendance takes the ultimate responsibility for safety and accurate support. Note: British Gymnastics Policy on Dress Code and Behaviour applies to Spotters, Coaches and Competitors alike. The SETTC will always adopt National Codes of Practice & Policies where appropriate. The SETTC will also expect all Clubs in SE Regional events to follow the SE Regional Constitution where applicable.

SECTION 2.01 OVERVIEW

A Regional TRA, DMT & SYN Championships will run in late 2021. The Event will be split into two days over two weekends. **The first event will be Sunday 28th November** and will host the RCC Level 1 & 2 Competitors. **The second event will be Sunday 5th December** and will host the RCC Level 3 & 4 Competitors, alongside the FIG Elite TRA & DMT Competitors & Synchro.

For this event, we will have just one entry date, 4 weeks ahead of first event (**31ST OCTOBER**). If entry numbers are low, we will combine the two events into a one day event.

We intend to carry this process through 2022 as well, please see further information as we get to know the expected numbers in this scheme.

SECTION 2.02 ROUTINE REQUIREMENTS & AGE CATEGORIES

All routine requirements can be found the relevant handbooks.

TRA [Regional Challenge Cup Series & Final Handbook](#)

TRA [Spring Cups & National Age Group Final Handbook](#)

DMT [Regional Challenge Cup Series & Final Handbook](#)

DMT [Spring Cups & National Age Group Final Handbook](#)

FIG Elite Age Groups for TRA, DMT & SYN will be Junior & Senior. Junior age category is 10-14yrs and senior age category is 15+yrs. Synchronised Regional Championships will be from the Elite section only. Where there are less than five pairs entered per group, the SETTC will reserve the right to merge groups. The first merge will be male and female within the same category.

TRA & SYN Gymnasts in FIG Elite will compete two Voluntary Routines. The highest score of the two (2) exercises will determine the qualification to the Final. Please see the requirements below:

Junior

1. The minimum exercise degree of difficulty is 5.8 for male and female gymnasts.
2. The exercise must not exceed 1 body landing allowed. Performing more than 1 body landing will be deemed an interruption to the exercise.
3. The degree of difficulty is capped at 1.6 per element.
4. A penalty of 2.0 will be applied for each complete exercise (10 elements) which fails to meet the minimum difficulty requirements.
5. The performing of triple and quadruple somersaults is prohibited and will result in disqualification.

Senior

1. The minimum exercise degree of difficulty is 9.5 for male gymnasts and 8.3 for female gymnasts.
2. The exercise must not exceed 1 body landing allowed. Performing more than 1 body landing will be deemed an interruption to the exercise.
3. A penalty of 2.0 will be applied for each complete exercise (10 elements) which fails to meet the minimum difficulty requirements.

DMT Gymnasts in FIG Elite will compete 2 exercises, cumulative score. Top 8 then compete 1 exercise (scores starting from zero) in a final, then top 4 after the previous exercise compete 1 more exercise (scores starting from zero).

For the Junior age group (not Senior), the performing of triple & quadruple somersaults is strictly prohibited and will result in disqualification.

The region has been granted permission to run out of age events. This means we will be running two categories at out of age. One at Level 4 TRA – 7-9yrs. One at Level 1 TRA -18+ yrs.

SECTION 2.03 TIME OF FLIGHT, SYNCHRONISATION AND HORIZONTAL DISPLACEMENT SCORE

As stated in the British Gymnastics Handbook, Time of Flight, Synchronisation and Horizontal Displacement equipment will be used in all the Regional & County Level Trampoline Competitions for 2021/22. This means that these will all be in use at the Regional Championships in 2021.

SECTION 2.04 RANGE & CONDITIONING

Range & Conditioning will not be included at the Regional Championships 2021 but will be included in the Regional Challenge Cup Series in 2022.

SECTION 2.05 AUDIENCE/SPECTATING

For the Regional Championships 2021, there will be no audience allowed. We will make a decision in late 2021/early 2022 about spectating in the 2022 Competition Series. We will inform clubs when this decision has been finalised.

SECTION 2.06 TEMPORARY USE OF CHAPERONES

Due to no audience or spectating allowed at the Regional Championships 2021, chaperones will be put in place at this event. This is only a temporary change until spectating and audiences can return.

At the Regional Championships 2021, only competitors, coaches & officials that are involved in that current flight are allowed access to the main hall. Competitors, coaches & officials that are not involved in that current flight but are involved in the next coming flight will be allowed to sit in the clubs designated seating area in the galleries for that day (clubs will be designated a seating area depending on entry size). Once the flight has commenced, presentations for awards will be held immediately after. Gymnasts who are not in a position to receive an award may depart early but gymnasts who have achieved an award should stay until this has been received. If a group is spread across more than one flight and a gymnast is in a position for an award after their flight, they will be allowed to stay in their designated seating area until the next flight/group has commenced. If they are no longer in a position for an award after a flight has commenced, they will be allowed to depart. If they have received an award after the group has commenced, the gymnast will be allowed to move to the competition floor to receive their award. If a Gymnast is unable to stay to receive their award, a coach or official from that club may collect their award on their behalf.

Because of the arrangements to use the seating area, clubs must provide chaperones to assist with the moving of flights, the arrival and departure of gymnasts alongside the behaviour of the gymnasts. Chaperones will also be responsible for the cleaning of the seats once a flight of gymnasts have moved to the competition floor. Chaperones will be provided with a cleaning spray bottle and wipe to clean the seats. Clubs are to provide Chaperones to assist with this process and they must follow the guidelines below:

- 1-5 entries – 1 chaperone
- 6-10 entries – 2 chaperones
- 11+ entries – 3 chaperones

ARTICLE III. GENERAL INFORMATION

SECTION 3.01 COUNTY CLOSED EVENTS

County events (Club CDP) now come under County jurisdiction; therefore only County contacts are shown. Clubs should receive information through County affiliation routes. County Competition Secretaries are:

Kent: Dexter Millen dexter@aire.tc
Sussex: Julie Belchamber jules_jump@hotmail.com
Surrey: Lindsay Hedmann rocksteadytc@aol.com

In order to assist we have included suggested dates in this document – but you need to confirm with your County.

SECTION 3.02 CLUB/COUNTY SANCTIONED EVENTS (& SECTION 3.03)

Affiliated Clubs may run non-National events but these must be sanctioned in advance by the SE Trampoline Technical Committee.

In order to obtain a sanction for an event, the Club/County must adhere to a number of conditions, which can be found in Appendix 1 including notifying the SE Trampoline Competition Secretary in advance of the event, and providing a copy of the results in an agreed format. If a sanction is requested for an Open event, additional requirements must be met, including not clashing with other local events and meeting the Regional matting guidelines.

Whilst every effort is made on behalf of the Region to ensure the Clubs and Counties hosting sanctioned events comply with all rules and protocols, the Region bears no responsibility for sanctioned events, responsibility rests with those organising the event. Failure to provide events of the correct quality may result in the Club not gaining future sanctions.

Clubs & Counties should apply to the SETTC for sanctions as early as possible, but no later than 28 days prior to closing for events. The Committee reserves the right to send a representative to visit the sanctioned event to confirm that all of the requirements have been met. Details of sanctioned events may be listed on www.trampoline.co.uk and/or www.segymnastics.org.uk once sanctioned.

SECTION 3.03 REGIONAL COMPETITIONS

The SETTC will attempt to hold four Regional Challenge Cup events per discipline per competition year including a Regional Championships which will be run on October 16th for TRA, DMT & SYN. Tumbling will operate separately throughout the competition season.

The region has been granted permission to run out of age events. This means we will be running one category at out of age at Level 4 only and this age group will be 7-9yrs. This age category will not be eligible for qualification to the IRCCF.

SECTION 3.04 TIME OF FLIGHT, SYNCHRONISATION AND HORIZONTAL DISPLACEMENT SCORE

As stated in the British Gymnastics Handbook, Time of Flight, Synchronisation and Horizontal Displacement equipment will be used in all the Regional & County Level Trampoline Competitions for 2021/22.

SECTION 3.05 RANGE & CONDITIONING

Range & Conditioning for County level events will only happen at Level 3 and will happen at all levels at Regional events. Counties are left to make their own arrangements. We have included some suggested dates within the calendar attached to this document. However, please contact your county for further information. For Regional events, R&C will only be required from the Top 5 from any category and this will take place in a room away from the competition floor. Please ensure that gymnasts are informed of the location & arrangements of the R&C if a coach is unavailable to attend with them.

SECTION 3.06 BEHAVIOUR

There have been instances of aggressive behaviour towards Officials due to a misunderstanding of the applicable rules of the Region and therefore it is imperative that all Clubs realise they are responsible for informing Competitors and Families alike of the rules in this Handbook and such behaviour will not be acceptable.

SECTION 3.07 AUDIENCE/SPECTATING

For the Regional Championships for 2021, there will be no audience allowed. We will make a decision in late 2021/early 2022 about spectating in the 2022 Competition Series. We will inform clubs when this decision has been finalised.

SECTION 3.08 FURTHER HELP

If you have any problems interpreting any of the enclosed information or need any more information, please contact Martin Laws on 01634 855507. Also the web site www.trampoline.co.uk will be regularly updated with information on Competition, courses etc. within the region and possibly beyond.

Please remember that all SETTC members are volunteers, and we are always looking for more support. Whilst all the committee members are totally committed to assisting the development of Trampoline, they are not on 24hr call and do not have subsidised telephone bills. Please be polite, don't expect the world and call at reasonable times, these people support you because they care. Finally, we would like to wish you all success in the season ahead and we look forward to seeing you at Competitions.

Martin Laws, South East Competition Coordinator secompetitions@trampoline.co.uk

SECTION 3.09 COMPETITION EVENTS WITHIN THE SE REGION IN 2021
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Events at Jumpers Rebound Centre "JRC", Mill Road, Gillingham Kent ME7 1HN Tel: 01634 855507.

PLANNING FORWARD

In order to help with forward planning the following events are in the next season, but closing dates are as follows.

Regional Championships: 2021 - 28th Nov and 5th December 2021

- Closing Date – 31st October

County Events (Suggested Dates):

SECTION 3.10 INTERNATIONALS

None in 2021, in 2022 there will be the DWH Cup and a Home Nations event held at JRC in November

SECTION 3.11 NATIONAL ROUTINES
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Please see the National Competition information downloadable from www.british-gymnastics.org.

ARTICLE IV. SE REGIONAL GENERAL INFORMATION

SECTION 4.01 CONTACTS

The British Gymnastics SE Secretary is:

Sue James: 01932 349705 sue.james@englishgymnastics.org.uk
SE membership runs from January 1st to December 31st.

The Kent Membership Secretary is:

Jacky Leman www.kentgymnastics.org
Kent membership runs from January 1st to December 31st.

The Sussex Secretary is:

Helen Dobinson www.gym-sussex.org.uk
Sussex membership runs from 1st April to 31st March

The Surrey Secretary is:

Barbara Carpenter: surreygymnastics@aol.com
Surrey membership runs from 1st September to 31st August.

SECTION 4.02 2019-20 SE TRAMPOLINE TECHNICAL COMMITTEE

SE Chairman	Martin Laws	01634 855507	secompetitions@trampoline.co.uk
SE Vice Chairman	Mike Phillipson	01304 825686	mikeptramp@aol.com
SE Secretary	Tony Fricker	07973 541893	Tony@thefrickerfamily.com
Finance	Julie Belchamber	07795805440	jules_jumps@hotmail.com
Competition Co-ordinator	Martin Laws	01634 855507	secompetitions@trampoline.co.uk
Squad Co-ordinator	TBA – Volunteers sought		trampcoachmel@gmail.com
Judging Co-ordinator	Mike Phillipson	01304 825686	mikeptramp@aol.com
Regional News & Communications Officer	TBA – Volunteers sought		
Kent Representative	Dexter Millen	07833 473412	dexter@aire.tc
Sussex Representative	Julie Belchamber	01903501798	jules_jumps@hotmail.com
Surrey Representative	Lindsay Hedmann		rocksteadytc@aol.com
Schools Representative	TBA		

SECTION 4.03 AFFILIATIONS, COMPETITION ENTRY AND OFFICIALS

SE Region requires ALL Club members to be affiliated to British Gymnastics BEFORE Clubs are eligible for entry into Regional events and it is important that Clubs understand that British Gymnastics strictly monitor this process. Clubs MUST gain a British Gymnastics number BEFORE making entries. Clubs risking entry without adhering to this policy risk expulsion from ALL events for the whole Club. Affiliation information can be obtained from British Gymnastics on Tel 0845 1297129.

The SE online Competition entry system (see Section 4.05) has been designed to make the requirement for officials easier to manage. If enough officials are not nominated, competitors will only be accepted up to the maximum number for the nominated officials. Ideally all officials will be trained and qualified plus holding membership and therefore insurance etc. SE Region request that first consideration is given by Clubs to qualified Coaches as Marshals etc. It is no longer reasonable to expect parents to undertake these tasks, especially if untrained. The SETTC system checks to see that anyone put forward for an official task has a current Regional Validation in place. It is the responsibility of the Club to ensure that its nominated officials have the relevant training for the post proposed. Clubs found abusing this process may have floor access removed for all Coaches. Clubs now validating officials will be expected to sign to state what training has been received. Please select your judges on the entry system in the order in which you would like them to be used i.e. if you have someone who needs to work at their difficulty judging and really wants to judge to help their development put them high up on your judges entry list and specify what job they want to do.

There is an entry form available for download on www.trampoline.co.uk - please use only if your Club has not yet received approval to use the SETTC online system for Regional events.

We would like to thank all those officials who make the Competitions possible by giving up their time and allowing themselves to be nominated. We are aware that, at some Competitions, not all nominated officials are used, although this is now becoming less common as we are using more people in an official capacity. It may seem unfair that there is a requirement to nominate officials when all the nominees may not be used, but until all entries are received, we do not know how many panels are going to be required and therefore how many officials are needed. The Officials panels for the Competition are made available about a week before the event. It is up to the club to make sure that their officials know they are selected (even the reserves) and that they are at the Competition on time and in the correct uniform for their duty.

The SETTC has decided that any Club arriving at an event without their officials and being unable to provide a suitably qualified and validated substitute will be fined not less than £50 in the first instance and multiples thereafter for any subsequent offences, and that the Club may be disqualified if there are further instances. Whilst we realise that this may be a hard line, we feel that it is only fair on those Clubs who constantly provide ample officials and always volunteer extras when needed. Should a club not be able to provide an official or there is a change to the official selected please try and let the judging organiser know in advance so he can re-arrange the officials positions if necessary. Only Validated officials or coaches are accepted by the online system.

SECTION 4.04 EMAIL

It is now compulsory to supply a contact for your Club and update it wherever possible with the SE Competition Secretary (secompetitions@trampoline.co.uk). Email is the quickest, cheapest and easiest method for information circulation. Competition information will only be circulated via email or placed on the web page www.trampoline.co.uk or the regional club website www.settc.org.uk. Please monitor these websites on a regular basis. All Competition results may be placed on the above mentioned websites instead of paper copies being handed to each Club. ALL other methods are subject to the goodwill of the people involved.

It is absolutely vital that Clubs and officers keep the SE Competition Secretary up to date with email addresses and MANDATORY for validated officials.

SECTION 4.05 ONLINE ENTRY & VALIDATION APPLICATIONS

The SETTC Online Entry System will again be used in 2021/22 for Regional Competition entries and validations. This system ensures that competitors can only be entered into grades for which they have qualified, and officials can only be selected for roles for which they are qualified.

For the remaining events in 2021, we will have just One entry date, 4 weeks ahead of first event. If entry numbers are low, we will combine the two events into a one day event.

We intend to carry this process through 2022 as well, please see further information as we get to know the expected numbers in this scheme.

Remember:-

Online Competition entry closes four weeks before the event.

You will need to submit a validation at least 6 weeks prior to any Competition entry close if you wish to use that official at that Competition - as the application has to be approved, and the online entry system updated, before you can select the official. Validation Passes can only be picked up at end of the Team Managers meeting for each event – they will not be posted out.

Overall, the online system ensures the competitors can only be entered into their correct grade/level Competitions and officials and coaches all meet the Regional and National Validation criteria. The entry and validations systems are accessed using your Club login area of the SETTC website.

Entry fees should be paid using Banks Automated Clearing System "BACS" (using the following info: Account name: SE T Competitors; Sort Code 60-60-08; Account Number 47102683). All payments must be sent by the closing date of the Competition (please allow up to 5 working days for transfers to be made as not all bank transfers are instant). Any payment not received within 5 working days of the closing date means the entry will be declined.

On the rare occasion that a paper entry is required, the current forms should be used but this should only be necessary for Clubs who have not yet been added to the Regional system. If a paper entry is sent a £10 surcharge will be applied to the club entry for processing.

You may email the entry form to secompetitions@trampoline.co.uk with the cheque payment for entries (made payable to SE Trampoline) to be received within 2 days of the closing date. SETTC will acknowledge any entries received via email, and unless you have received this please pursue this with the committee. Emailing to any other email address will not be acknowledged or accepted.

SECTION 4.06 REGIONAL SCHOOLS EVENTS

The Schools competitions come under the direction of the BSGA (SE). Please contact your Schools' Competition Organiser or more information. Please note that age groups for these events differ from the National age groups.

Information on schools competition is available on the web site www.bsga.org

BSGA SE affiliation officer - Please contact Mark Gill for information. mark.segym@btinternet.com

SECTION 4.07 ENTRIES

ENTRY DATES:

The online entry system will refuse to take entries after the closing date/time. If you have to use a paper entries please allow extra time for delays! The normal standard closing date for Regional Competitions is 4 weeks before the event unless stated otherwise.

SE EVENT ENTRY FEES:

£16.00 per individual - this includes all team entries (no additional entry fee for teams unless specified). Please settle using the BACS system. No refunds will be given after the closing date or for incorrect entries or withdrawals. The entry fees cover the costs for facility and equipment hire, trophies and associated costs with the Competition organisation.

SYNCHRONISED EVENTS IN THE REGION.

The SE TTC wishes to develop the Synchronised discipline, the entry fees will be £25 per pair for Synchronised

OFFICIALS NOT LISTED (paper entry only):

Competitors entered on the entry form below the last nominated official will not be accepted or notified. Please put your judges down on the entry form in the order in which you would like them to be used.

MEMBERSHIP:

Clubs and competitors must have the appropriate membership and affiliations in accordance with Section 2.05 be licensed as per British Gymnastics and British Gymnastics SE policy.

VALIDATING:

Some officials nominated are required to hold a current British Gymnastics DBS prior to receiving SE Validation (see Section 4.11). This obviously requires much longer planning times and Clubs are recommended to plan ahead for a season. However, it is the responsibility of the Club to ensure their officials hold current DBS's where required.

LOW ENTRIES

If any group should be less than 10 in total the SE Competition Coordinator reserves the right to merge groups for competition as it sees necessary. Finals may also be run together, but scores separated.

SECTION 4.08 COMPETITION AREA DEFINITIONS

EVENT ARENA:

This comprises of the spectator, the event area, warm-up, and marshalling areas. The event arena is accessible to any person holding a valid ticket, pass or official accreditation.

EVENT OR COMPETITION AREA (FIELD OF PLAY):

Those areas associated with the event, including apparatus area, marshalling area, judging podium/seating, competitors seating area, scoring/event secretariat. The event/Competition area is accessible to event organisers, competitors or participants, accredited coaches, judges, team managers, runners, event officials/marshals, floor managers, announcers, equipment staff, official photographers, medical/first aid staff and others invited officially by the SETTC for specific tasks. These persons must hold official validation passes. Please refer to the Officials, Validation and Accreditation Section I.

WARM-UP AREA:

The restricted/designated area for event warm-ups may be integral with or adjacent to the event/Competition area and should only be accessible to those accredited for the event area and warm-up area supervisors.

SECTION 4.09 STANDARD REGIONAL COMPETITION EVENT GUIDELINES

TEAMS:

A team consists of a minimum of 3 and a maximum of 4 persons. Every member of the team performs up to 1 compulsory and up to 1 voluntary routine. Team members must be entering the same group at the same Competition. Please note the British Gymnastics ruling regarding team members wearing uniform dress.

SUBSTITUTIONS:

A substitution is only permitted if it is for the same sex, the same age group, and the same Competition and from the same Club as the original entry, and requires the same eligibility requirements.

TRAMPOLINES:

6mm, 6x4mm, 5x4mm or 4x4mm beds may be available, FIG string beds may also be used. British Gymnastics events should only use FIG certified equipment. Where the FIG changes their certification, this automatically reflects in the SE system, for example, the introduction of 4x4mm beds and the removal of 15mm as a Competition bed.

WARM-UP

For each competitor there will normally be 2 general warm-ups or 2 passes for DMT, PLUS a controlled warm-up for the compulsory routine, a controlled warm up for the voluntary routine and one warm-up or two passes for DMT for the final routine if appropriate). If time permits, more warm-ups may be allowed. For certain events the 'Flight' system may be used.

CODE OF POINTS

The general rules, unless specified otherwise in the event information, are the current British Gymnastics Code of Points.

TEAM MANAGERS MEETINGS

There will be a Team managers meeting (unless specified otherwise in the event information) 15 minutes prior to the start of the first warm up of the day. This will be the forum to discuss any issues clubs have and the specific information for the event. Team Managers are expected to be present and, if not, may miss important information. This is also where Validations Passes can be collected.

TIME OF FLIGHT and HORIZONTAL DISPLACEMENT ("ToF" and "HD")

The SETTC include ToF & HD in the Regional competition scoring system and it will be used in all competitions. For competitions held at Jumpers Rebound Centre **only the "outside" trampolines** can be used as these have the measuring equipment installed.

SYNCHRONISED SCORE

The SETTC have introduced machine measured Synchronisation into the Regional Synchronised competitions system using ToF equipment. For competitions held at Jumpers Rebound Centre only the "outside" trampolines can be used as these have the measuring equipment installed.

COMPETITOR CLOTHING

Competitors at Regional and County competitions shall adhere to the current BG Code of Points as regards the Competition attire

SPOTTERS

At all times spotters should be used as per the BG Code of points. Where a push-in mat is used, this MUST be done by a L2 or above coach. Spotters should also only be used when required, meaning they are not a hazard to any other discipline which may be running alongside Trampoline. Spotters will also be situated with competitors so that when that competitor is called upon, they may assist them.

SPECTATORS

When spectators are allowed at events, all non-official and non-competitive persons over the age of 5 entering the Competition event arena will be expected to pay a spectator entry fee of £2.00. Clubs are held responsible for the behaviour of their spectators at all events.

FINALS

Where there are less than 5 competitors no final round will be held and the result will be decided on the preliminary rounds unless that score is required for a qualification to a National event.

Where finals are run, and nothing different is specified in that event information, the default is a zero start final.

WARM UPS

In all regional events warm up on competition equipment will be provided before preliminary rounds.

Where nothing different has been specified in the event information, the default is a general warm up then competition with a specific one touch per routine (controlled warm up). Where flights are used in large groups these warm up periods may be combined. For DMT 2 warm up passes per pass following a short general warm up is the default, but as above these may be merged.

PRESENTATIONS

Clubs are asked to ensure competitors are trained to march-on and manage themselves professionally in front of an audience. Club track suits is the desired dress, however it is understood that not every Club has tracksuits in which case competition attire is the only other acceptable clothing.

Competitors not presenting themselves at the appropriate time in the appropriate way are being disrespectful of other Coaches, Competitors and Officials who maintain high standards. Therefore anyone not attending the presentations at the appropriate time and in the appropriate dress will NOT be presented with an award. Awards will not be given out before presentation ceremonies and anyone who has failed to be presented will not receive the award later, however this will not affect the final positions.

PHOTOGRAPHY

Flash photography is not permitted anywhere in the Competition arena whilst competitors are performing (warm-ups included). They may only be used during presentations when performers are not competing.

British Gymnastics has a photography policy which the region has implemented. This policy may be found on the British Gymnastics website www.british-gymnastics.org. These rules have been introduced to protect our competitors from child abuse as recommended by Social Services and the Police.

OFFICIALS EQUIPMENT

Judges & Marshalls will be given tablets for their roles throughout the competition. It is the Officials & Marshalls responsibility to look after their tablet & keep it charged. It is the clubs responsibility for any damage that may be caused by their officials.

SECTION 4.10 OFFICIALS

Please note that this Region requires every Club entering these Competitions to provide officials for the duration of the event. Please note that a SWESCORE qualification is no longer recognised as a qualification for an official.

Please NOTE that the following chart has changed due to the requirements of HD judging etc. The MINIMUM required for Trampoline is: -

Number of competitors entered.	Officials required for TRA
1	1 official not needing to be qualified but qualified Judges would be welcome.
2	1 qualified official
3	2 qualified officials of which 1 needs to be qualified.
4-6	3 officials of which 2 need to be qualified.
7-10	4 officials of which 3 need to be qualified.
11 to 16	4 qualified officials
17 to 24	5 officials of which 4 need to be qualified.
25 to 30	5 qualified officials
31 to 35	6 officials of which 5 need to be qualified.
36 to 40	7 officials of which 5 need to be qualified.
40 to 70	7 officials of which 6 need to be qualified.
71 to 80	7 qualified officials
81 and above	1 qualified officials per 10 competitors

These criteria apply only to Regional events unless specifically stated otherwise. Counties are able to adjust their own requirements for officials accordingly to their respective needs.

Clubs are encouraged to nominate extra officials. Nominated officials should not also be competing as it is impossible to schedule timetables to accommodate. Competitors who would like to officiate whilst they are not competing should be nominated as extra officials and they will be used if possible. Please note that a synchronised pair or a competitor entered for an age group plus Open Men's/Ladies counts as 2 competitors.

OFFICIALS DRESS:

Coaches and arena floor Officials (marshals etc.) should be dressed appropriately under the same regulations as competitors and spotters as per the current British Gymnastics Code of Practice. Judges should follow the current British Gymnastics judging code.

NEW CLUBS:

New Clubs will be allowed to enter 2 events without supplying qualified officials as long as they have submitted at least one name to the courses' organiser for a judge course. After 2 events they will be allowed to continue to enter events without providing qualified officials, if the region has been unable to offer their nominee a place on a course. New Clubs must however, supply the correct number of unqualified people to match their entry as above.

OFFICIALS SURCHARGE:

Clubs are not allowed to pay a surcharge for officials and MUST provide the required officials.

In the case of an official not showing on the day without a suitably qualified replacement being offered, the Club will be charged a surcharge of **£50.00** and no further entries will be accepted from that Club until the surcharge has been paid.

For repeated offences the Surcharge will be double the previous amount (ad infinitum) at the discretion of the Judge Co-ordinator.

The Competition committee reserves the right to disqualify any Club who does not supply their nominated officials on the day.

UNQUALIFIED OFFICIALS:

Unqualified officials can be expected to be used as Competition marshals, warm-up marshals or door managers. **Clubs will be asked to provide Floor managers** or door managers for the day.

These roles ALL require Validation, and therefore cannot be arranged at the last minute. Clubs are duty bound to ensure that all their officials are adequately trained. There will be job descriptions released and continually updated for any of the unqualified positions, BOTH Club and official will need to sign that this has happened prior to Validation. Without a Validation pass, entry to the Competition floor will not be permitted and therefore the Club will be issued with a fine.

Please note that:-

1. all officials may be used in any capacity and must appear correctly dressed
2. there is a minimum age of 14 for Validation
3. any Club failing to arrive at the required time with their officials, or with officials incorrectly dressed or not validated, can be withdrawn
4. all officials must wear full competition attire and behave as stated in British Gymnastics Code of Conduct

5. all officials must be members of British Gymnastics at the appropriate levels, trained or qualified, attended a current "Safeguarding Children (SPC)" course and most roles require a current DBS check.

SECTION 4.11 OFFICIALS AFFILIATIONS / ACCREDITATIONS / VALIDATIONS/ DBS

GENERAL:

Affiliation is membership of the governing body, the organising group and the Club of your first association.

VALIDATION

Validation is a permit to operate within the confines of competitive activity.

ACCREDITATION

Accreditation is the right to be in certain places at any one given competitive event.

AFFILIATION:

Clubs should note that ALL persons taking any responsibility in the Competition area MUST be registered with British Gymnastics. A minimum of Club Officer Membership of British Gymnastics is required for all decision making unqualified personnel and qualified as per the dictates of their qualification. Coaches and Judges in particular are usually registered by British Gymnastics with their first Club of their association and that Club has first claims over them. Although it is permitted for Coaches and Judges to work for other Clubs, this is only with the EXPRESS PERMISSION of the associated Club. Where an official is independent the nominating Club is still responsible for checking arrival, affiliation, Validation and accreditation. Where changes occur it should be reported to both British Gymnastics and the SE Competition Secretary.

DBS:

British Gymnastics policy on the requirement of DBS is limited – see pages 9-11 of BG Criminal record check policy & guidelines document. The SE TTC recommendation is always to DBS check where in any doubt. You cannot carry out any coaching or Supervisory roles without DBS, therefore the only roles suitable during competition are: Competition Marshall, W/Up Marshall, floor manager & door manager, **and some judge positions. These roles will still be recommended to hold Safeguarding (SPC, see below)** These validation passes will be every 3 years (see below).

SAFEGUARDING:

BG no longer require non DBS officials to hold safeguarding, but do still recommend it as good practice for all concerned. The SE TTC has **now removed the mandatory requirement** that **non DBS Officials** wishing a validation, should at least hold a valid Safeguarding Certificate. The SETTC (only, not BG) however **would** accept all recognised training for this which allows clubs to make easier and even free arrangements, **should clubs wish to follow recommended good practice. Clubs are now solely responsible for ensuring their officials on a competition floor understand Safeguarding issues.**

VALIDATIONS:

Please note the Validation is synchronised to the expiry date of each DBSs (**or where no DBS is required, the end of the third competition year from which the application is made**). The system captures all required information, as well as requiring a photo to be uploaded, for each applicant. The photo should be like a passport type photo – head and shoulders only with a plain background and in focus. This application will be submitted to the Competition Coordinator electronically for approval. If successful, a floor pass will be made available for collection at the next Regional Competition. Validations can only be picked up at end of the Team Managers meeting for each event – they will not be posted out. If for some reason you require this to be posted, (upon agreement of the SE Competition Coordinator) you will be required to pay for a recorded delivery in advance. Changes to validated details will require re-application via the system (such as new DBS expiry date, Coach or Judge Qualification, change etc.)

For 2021 the Validation application cost is £1.50 for a new or updated pass. Lost passes will invoke a £5.00 cost for the first replacement and £10.00 for any subsequent lost pass. **Officials who arrive at a Competition having forgotten their pass will be charged a £5 penalty fee.**

Unqualified and non DBS validations will require red validation from 1st October 2021 (and 1st January 2022 thereafter) and a self-declaration of no criminal barring from working with children must be obtained by the Club for each application. These people will be issued red passes and cannot coach or use a spotter mat etc. (as per the section below).

ACCREDITATION IN THE COMPETITION AREA:

Each person who wishes to be permitted entry to the Competition area must:

For a Coach/Judge/Official: be both Validated and hold an event accreditation.

For a Competitor hold an event accreditation

Accreditation is only granted to officials and competitors via the Competition entry system and changes on the day are at the discretion of the SETTC.

Coaches, Judges and other Officials must clearly display their Validation pass at all times whilst in the Competition area. Specific Accreditation passes are not issued, but random spot checks will be undertaken at all SE events. Clubs with unaccredited people found on the Competition floor, at any time, will risk penalties therefore it is vital that you inform your parents and spectators of these rules.

All personnel on the Competition area MUST be fully registered members of British Gymnastics. British Gymnastics expects Clubs to SE Trampoline Competitive Structure

provide adequately trained personnel at events, and Clubs who make an event entry are committing to this. The Club is responsible for ensuring that the validated Coaches in the Competition area are of sufficient qualification and are familiar with the performer's requirements.

Coaching (in the fullest terms) at Competition is not allowed. Adequate Competition training should result in a competitor who understands the process as well as what the Club/Competition expects of them, and is capable of achieving the desired result. A number of sports have gone as far as banning Coaches from the Competition floor; we have no wish to do this. Coaches however, should thoroughly understand their role at Competitions.

Coaches on the Competition floor are expected to:

Provide moral support and encouragement for all competitors.

Support the organising committee/organisation

Contribute to a safe and friendly environment controlling competitors around them.

Control behaviour

Provide safety supervision, such as spotter mats etc.

Ensure those around them are observing rules such as drink or food, Validation etc.

Clubs should train their competitors (who are capable) on spotting techniques (as per the current Code of Practice) and ensure Coaches are correctly qualified, validated and DBS checked where required. In the past many Coaches, parents etc. have become nuisances on the Competition area getting in the way of competitors and refusing to spot for those who were not part of their Club etc. All Coaches/officials on the Competition area are required to validate as above, qualifications etc. may be checked at any time.

Clubs should list accompanying validated Coaches on the Competition entry system and make suitable substitutions in the same way as they currently do for the other officials and competitors. Coaches on the Competition area are asked to manage themselves into teams with Coaches from other Clubs to support and provide spotting and giving themselves time to attend to their own performers. Any Coach on the Competition floor should be actively spotting, be it for their own performer or that of another Club. Any Coach not seen to be doing so may be asked to leave the Competition floor and can risk their validation being withdrawn. This self-regulating system will hopefully raise the safety standards at events, however if clubs do not co-operate with each other further restrictions will need to be applied. When coaches/officials/competitors are uninvolved in the event, they must leave the Competition floor and join the spectators

COMPETITORS:

Competitors are only accredited to be in the Competition area when their Competition is running - anyone not involved found in the Competition area will immediately risk a £50 fine and if abused team disqualification.

COACHING NUMBERS:

The following is the MINIMUM/MAXIMUM expected:

A minimum of 1 qualified, validated and accredited Coach. In addition a maximum of one validated and accredited Coach per panel that the Club has competitors involved in, plus if a Club has more than 10 competitors on any panel in that round then 1 extra validated and accredited Coach per 10 competitors over the first 10 is required

Clubs must ensure there is always a MINIMUM of 1 validated and accredited Coach present (within the Competition area) with a team no matter how small or large their numbers, competitors arriving without a validated and accredited Coach will not be permitted to compete.

Once details are released on the number of panels, Clubs with validated Coaches may decide how to deploy Coaches on the Competition floor at any time to comply with Competition requirements.

These Coaches are expected to spot and control the gymnasts and general safety during the whole time they are on the Competition floor as per the accreditation section above. When not working or competing, ALL personnel are asked to leave the Competition floor.

ARTICLE V. CALENDAR OF EVENTS

EVENTS		
<u>Event name</u>	<u>Event Date/s</u>	<u>Event Location</u>
National Age Group Competition	02-03/10/2022	Telford
Regional TRA, DMT & SYN Championships – L1 & L2	28/11/2022	JRC
Regional TRA, DMT & SYN Championships – L3 & L4 & FIG	05/12/2022	JRC
Regional Challenge Cup Series L1 & L2 Q1	16/01/2022	JRC
Regional Challenge Cup Series L3 & L4 Q1	23/01/2022	JRC
Provisional County Event	06/02/2022	TBA
Regional Challenge Cup Series L1 & L2 Q2	27/02/2022	JRC
Regional Challenge Cup Series L3 & L4 Q2	06/03/2022	JRC
Provisional County Event	20/03/2022	TBA
BUCS	26-27/03/2022	Telford
League Q1	02-03/04/2022	Burgess Hill
Spring Cup Q1	09-10/04/2022	Telford
English Q2 & Silver Tumbling Championships	23-24/04/2022	Telford
Regional Challenge Cup Series L1 & L2 Q3	01/05/2022	JRC
Regional Challenge Cup Series L3 & L4 Q3	08/05/2022	JRC
Spring Cup Q2	21-22/05/2022	Telford
League Q2	28-29/05/2022	Telford
National Age Group Championships	25-26/06/2022	NIA
Provisional County Championships	10/07/2022	TBA
English TRA, DMT & TUM Championships	16-17/07/2022	Telford
Provisional Inter-Regional Challenge Cup Final	10-11/09/2022	NIA
League Q3	24-25/09/2022	South Shields
British TRA, DMT & TUM Championships	01-02/10/2022	NIA
Regional TRA, DMT & SYN Championships	16/10/2022	JRC
Provisional Home Nations	31/10/2022 – 03/11/2022	Medway Park
DWH Cup	05-06/11/2022	Medway Park

County events are under the control of the county concerned and the months shown here are for suggestion only so that competition circuit flows advantageously for county competitors.

Guidance from the SETTC

General Conditions

All competitive events must be sanctioned in advance by the SE TTC as per Section 2.04.
County events may only be organised by County Technical Committees.
Sanctions must be requested by email to Tony@thefrickerfamily.com.
Events may be run internally within Clubs with only the Club's own personnel officiating, however, the SE committee recommends that at least one judge is provided from outside the Club if possible.
An open event (one that invites entries from all the Clubs within the County or SE region) will only gain sanction if it is not within 2 weeks of another open County or two weeks prior to a Region event closing date.
The SE Competition Coordinator reserves the right to conduct spot checks on sanctioned events without notice.

Information Required on Your Sanction Application

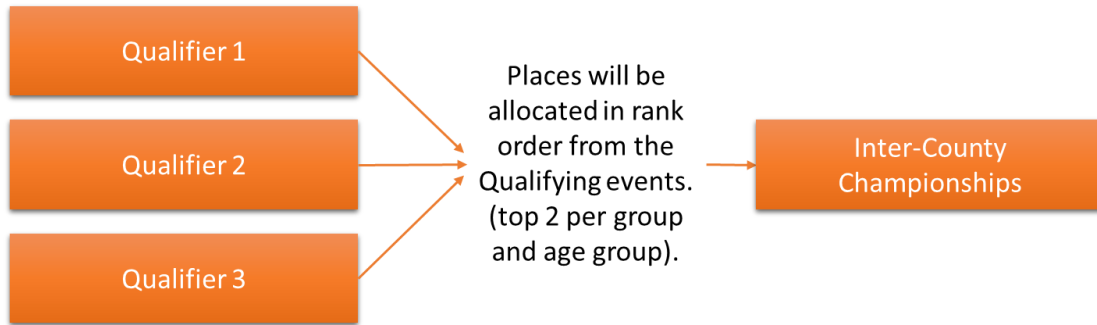
All events needed to provide the following information in order to gain a sanction:
The name of the fully qualified Welfare officer for the event (This person must not be a Coach responsible/working with a Club entering the Competition if they are the welfare officer for the event).
The date, time & Venue of the event.
The entry fee (if applicable) for the event.
The Results Co-ordinator.

Competition Organisation

It is recommended that a sanctioned event is "open" to the County or Region or kept "closed" internal to the organising Club only. However, Clubs within the region may combine to organise a closed event.

The organising Club/county must ensure that, for a sanctioned Competition:
All British Gymnastics equipment guidelines are complied with in full.
Results must be provided to the SE Coordinator in the agreed database system format (MS Access database).
If the event is an Open Competition, the start list (with British Gymnastics numbers) Microsoft Excel format export file must be sent to Tony@thefrickerfamily.com asap but no later than 14 days in advance, to check all competitors are eligible to take part
This is not required for closed Club events, however competitor eligibility will be checked after the event.
That electronic results exported in Microsoft Excel format, complete with all competitor British Gymnastics numbers in the remark column must be sent to secompetitions@trampoline.co.uk within 7 days of the Competition.
Entry fees (if applicable) must be payable to a Club or county account.
British Gymnastics & SE Regional Competition scheme rules must be fully complied with.

Club Level – County Events (Kent, Sussex & Surrey)



The level of the gymnast is up to the coach to decide. Gymnasts may only compete in one pathway and in one level per season. The domestic competition structure is not linear and there are no qualifying scores to pass from one level to another however, coaches should make realistic choices to provide the best opportunity for their gymnast.

Regional Level – Regional Qualifying Events



The level of the gymnast is up to the coach to decide. Gymnasts may only compete in one pathway and in one level per season. The domestic competition structure is not linear and there are no qualifying scores to pass from one level to another however, coaches should make realistic choices to provide the best opportunity for their gymnast.