
SOUTH EAST GYMNASTICSTRAMPOLINE ,
TUMBLING & DOUBLE MINI TRAMPOLINE
COMPETITIVE STRUCTURE 2026



SOUTH EAST GYMNASSTICSTRAMPOLINE , TUMBLING & DOUBLE MINI TRAMPOLINE COMPETITIVE STRUCTURE 2026	1
ARTICLE I. INTRODUCTION	3
SECTION 1.01 MEMBERSHIP	3
SECTION 1.02 MEMBERSHIP TRANSFER.....	3
SECTION 1.03 SOUTH EAST GYMNASSTICS REGIONAL FEES	4
SECTION 1.04 BRITISH GYMNASSTICS POLICIES	4
SECTION 1.05 TUMBLING AT REGIONAL COMPETITIONS	4
SECTION 1.06 NATIONAL AGE GROUP LEVELS JOINING REGIONAL EVENTS	4
SECTION 1.07 BEHAVIOUR.....	4
ARTICLE II. REGIONAL TRAMPOLINE, DOUBLE MINI TRAMPOLINE AND TUMBLING COMPETITIONS.....	5
SECTION 2.01 GENERAL INFORMATION	5
SECTION 2.02 OFFICIAL NOMINATIONS: ROLES, RESPONSIBILITIES AND APPRECIATION	5
SECTION 2.03 ONLINE ENTRY & VALIDATION APPLICATIONS	5
<i>VALIDATIONS:</i>	5
SECTION 2.04 ENTRIES DATES AND FEES	6
SECTION 2.05 COMPETITION AREA DEFINITIONS	6
<i>EVENT/COMPETITION AREA (FIELD OF PLAY):</i>	6
<i>WARM-UP AREA:</i>	6
SECTION 2.06 STANDARD REGIONAL COMPETITION EVENT GUIDELINES.....	7
<i>SUBSTITUTIONS:</i>	7
<i>TRAMPOLINES:</i>	7
<i>DOUBLE MINI TRAMPOLINES:</i>	7
<i>TUMBLE TRACK:</i>	7
<i>CODE OF POINTS</i>	7
<i>TEAM MANAGERS MEETINGS</i>	7
<i>HDTS</i>	7
<i>COMPETITOR CLOTHING</i>	7
<i>SPOTTERS</i>	7
<i>SPECTATORS</i>	7
<i>WARM UPS</i>	7
<i>PRESENTATION STANDARDS AND AWARD PROTOCOL</i>	8
<i>PHOTOGRAPHY</i>	8
<i>OFFICIALS EQUIPMENT</i>	8
SECTION 2.07 OFFICIAL REQUIREMENTS – TRA/DMT	8
SECTION 2.07.1 OFFICIAL REQUIREMENTS – TUMBLING.....	8
<i>OFFICIALS DRESS:</i>	9
<i>OFFICIALS SURCHARGE:</i>	9
<i>GUIDELINES UNQUALIFIED OFFICIALS:</i>	9
SECTION 2.08 OFFICIALS AFFILIATIONS / ACCREDITATIONS / VALIDATIONS / DBS.....	9
<i>GENERAL:</i>	9
<i>VALIDATION</i>	9
<i>ACCREDITATION</i>	9
<i>AFFILIATION:</i>	10
<i>DBS:</i>	10
<i>SAFEGUARDING GUIDEANCE FOR NON-DBS OFFICIALS:</i>	10
<i>ACCREDITATION IN THE COMPETITION AREA:</i>	10
<i>COMPETITORS:</i>	11
<i>COACHING NUMBERS:</i>	11
SECTION 2.09 ROUTINE REQUIREMENTS & AGE CATEGORIES	11
SECTION 2.10 SOUTH EAST REGIONAL CHAMPIONSHIPS.....	11
SECTION 2.11 FURTHER HELP	11
SECTION 2.12 2025 SE TRAMPOLINE TECHNICAL COMMITTEE	11
ARTICLE III. COUNTY INFORMATION	12
SECTION 3.01 COUNTY EVENTS	12
SECTION 3.02 CLUB/COUNTY SANCTIONED EVENTS	12
ARTICLE IV. OTHER INFORMATION.....	12
SECTION 4.01 REGIONAL SCHOOLS EVENTS	12
ARTICLE V. CALENDAR OF EVENTS	13

ARTICLE I. INTRODUCTION

The following pages outline the Trampoline, Double Mini-Trampoline, and Tumbling competitions scheduled for 2026. Our competition season runs from 1 January to 31 December; however, some events for the 2026 season may be held towards the end of 2025. Clubs are strongly advised to read this document in full.

This SE Handbook supersedes all previously released material. Please feel free to copy this information for anyone who needs it, but please ensure that you copy the entire document and not just individual pages some information *may* be on different pages.

Clubs are advised to keep a close eye on both our Regional & BG websites <http://www.british-gymnastics.org/>, <http://www.trampoline.co.uk/>, and the Regional Club website <http://www.settc.org.uk/> as the SE will be asked to adopt major changes in policy and rules immediately – and *may* do so.

On occasion it has been necessary to change details after this document has been published. Whilst we try our best to circulate information regarding any changes it is inevitable that some Clubs/Competitors will not find out until the event is imminent, so continue checking for updates. The SETTC will endeavour to advise Member Clubs when new updates are available for download however, responsibility for remaining updated is with the Member Club. Clubs should ensure early registrations and memberships as required to avoid missing vital information.

Some events listed are not under direct control of the SETTC and therefore unforeseen occurrences, although limited, can happen. Information contained in this document should be viewed as provisional. Membership of British Gymnastics National, Regional & County organisations, and vigilance, will help you to stay fully informed throughout the year.

SECTION 1.01 MEMBERSHIP

Please note that British Gymnastics requires each Club to be a current affiliate by membership and in addition requires every member of that Club to be an individual member in order for the insurance requirements to be met.

You should refer to the British Gymnastics website for guidance on individual membership requirements, but to compete in all types of regional events, gymnasts must have a minimum of Competitive Membership.

It is not acceptable to have part of your club registered with other bodies as there is a clash of insurances. SE will carry out checks on members competing.

In order to enter competitors in a County event, a Club must be affiliated by paid membership to that County. To enter competitors into a SE Regional event, a Club must be affiliated by paid membership to the SE Region. The flow of membership is that Clubs are required to have British Gymnastics National membership to become a Regional member and Regional membership to become a County member.

These memberships will also mean that Clubs are eligible for participation at County and Regional events such as courses, squads, training days and conferences, and of course committee and AGM representation etc.

SECTION 1.02 MEMBERSHIP TRANSFER

Clubs should advise South East Competitions SECompetitions@trampoline.co.uk for all competitors that change club. In turn, the SETTC will arrange for those gymnasts to be moved on the settc.clubsonline.org website.

SECTION 1.03 SOUTH EAST GYMNASTICS REGIONAL FEES

Due 31st October 2025 subject to SE Gymnastics control - please check before applying. The region will inform you of the membership fee when it is due.

Please note Clubs who were members at any point in 2025 must pay any affiliations/provide contacts, on time or the late fee applies. There are penalties for Clubs not re-affiliating on time or returning at any point after first affiliation. Clubs failing to pay at the start of the season risk refusal of membership for that year and therefore access to events/courses later in the season etc.

PLEASE DO NOT WAIT UNTIL YOU WANT TO COMPETE TO AFFILIATE!

SECTION 1.04 BRITISH GYMNASTICS POLICIES

National policies will be adhered to within this Regional scheme and it is the responsibility of the Club to ensure that they meet ALL current standards, and not just what is mentioned in this document. When completing entries for any British Gymnastic event the onus is on the Club to ensure that the Coaches attending are qualified to the participant's performance capabilities. The Coach in attendance takes the ultimate responsibility for safety and accurate support. Note: British Gymnastics Policy on Dress Code and Behaviour applies to Spotters, Coaches and Competitors alike. The SETTC will always adopt National Codes of Practice & Policies where appropriate. The SETTC will also expect all Clubs in SE Regional events to follow the SE Regional Constitution where applicable.

SECTION 1.05 TUMBLING AT REGIONAL COMPETITIONS

Tumbling will have three regional qualification events in the 2026 season, all of which will run in conjunction with the Trampoline & DMT qualifying events.

SECTION 1.06 NATIONAL AGE GROUP LEVELS JOINING REGIONAL EVENTS

In 2026, the SETTC will once again offer National Age Group Levels at its regional events. These events will not qualify gymnasts to any other event and are there for them to gain competition experience.

SECTION 1.07 BEHAVIOUR

There have been instances of aggressive behaviour towards Officials due to a misunderstanding of the applicable rules of the Region and therefore it is imperative that all Clubs realise they are responsible for informing Competitors and Families alike of the rules in this Handbook and such behaviour will not be acceptable.

ARTICLE II. REGIONAL TRAMPOLINE, DOUBLE MINI TRAMPOLINE AND TUMBLING COMPETITIONS

SECTION 2.01 GENERAL INFORMATION

The SETTC will hold three Regional Challenge Cup events per discipline in 2026.

The region has been granted permission to run out of age events. This means any out of age categories can be suggested to the SETTC and it will be considered prior to the event.

SECTION 2.02 OFFICIAL NOMINATIONS: ROLES, RESPONSIBILITIES AND APPRECIATION

We would like to thank all officials who generously give their time to support competitions. While not every nominated official is always assigned, this is becoming less common as more are now being utilised. Nominations remain essential, as the number of panels and therefore the number of officials required can only be confirmed once all entries have been received. Official panels are published no later than one week prior to each event, and it is the responsibility of each club to ensure their nominated officials, including reserves, are notified, suitably trained, punctual, and appropriately dressed.

SECTION 2.03 ONLINE ENTRY & VALIDATION APPLICATIONS

The SE online entry system has been developed to make entering of competitions simpler and faster. The system retains details of gymnasts. It also manages validation requests of officials for competitions,

VALIDATIONS:

The SETTC operates a validation system to ensure that those people that can gain access to the Field of Play have the relevant training and membership where required.

The validations are aligned with the expiry date of the applicant's DBS (if no DBS is required, validations are set to expire at the end of the third competition year following the application). The system records all necessary information, and applicants must upload a passport-style photo with a plain background, featuring only their head and shoulders.

Applications will be sent to the Validation Coordinator electronically for approval. If successful, a floor pass will be printed for the applicant. Floor passes can be collected at the next regional event and will not be posted out. Any changes to qualifications will require a new validation application to be submitted.

Applicants will need to access <https://settc.clubsonline.org.uk/> to submit their application. Validation applications cost £2.50 per application.

Lost passes will invoke a £5.00 cost for the first replacement and £10.00 for any subsequent lost pass. Officials who arrive at a Competition having forgotten their pass will be charged a £5.00 penalty fee.

Validated officials with **RED** validations (unqualified or no DBS required declaration) are not permitted to coach or use a spotter mat.

Remember:-

Online Competition entry closes three weeks before the event unless otherwise stated. Validation applications should be **submitted at least 3 weeks prior to the competition closing date** if you wish for that official to be at the competition.

Validation application fees should be paid by **Clubs** using electronic BACS payment to: Account name: SE T Competitions, Sort Code 60-60-08, Account Number 47102683. Applications will only be processed once payment has been received.

Should a club not be able to provide an official or there is a change to the official selected please try and let the judging organiser know in advance so they can re-arrange the officials positions if necessary. Only Validated officials or coaches are accepted by the online system.

SECTION 2.04 ENTRIES DATES AND FEES

ENTRY DATES:

The online entry system will go live for entries 6 weeks prior to an event. It will close 3 weeks prior to the event and entries will not be accepted after the closing date/time.

Event Date	Entry Opens	Entry Closes	Disciplines
14 th December 2025	Saturday 1 st November	Saturday 22 nd November	TRI DMT TUM
1 st February 2026	Saturday 15 th December	Saturday 3 rd January	TRI DMT TUM
8 th March 2026	Saturday 12 th January	Monday 2 nd February	TRI DMT TUM*

*Includes English Championships Qualifier

SE EVENT ENTRY FEES:

£22.00 for the first discipline and £11.00 for each additional discipline.

The online entry system requires payment at the point of entry submission, using Stripe. Stripe is a secure cloud-based payment platform that allows for card or PayPal payments to be made.

No refunds or credits will be given after the closing date or for incorrect entries or withdrawals.

SECTION 2.05 COMPETITION AREA DEFINITIONS

EVENT/COMPETITION AREA (FIELD OF PLAY):

This includes all spaces related to the event, such as the apparatus area, marshalling area, judging podium/seating, competitors' seating area, and scoring/event secretariat. Access is limited to event organizers, competitors, validated officials, official photographers, medical/first aid staff, and others officially invited by the SETTC for specific roles.

WARM-UP AREA:

This designated warm-up space, either integrated with or adjacent to the Field of Play, is restricted to individuals accredited for the event.

SUBSTITUTIONS:

A substitution is only permitted if it is for the same sex, the same age group, and the same Competition and from the same Club as the original entry, and requires the same eligibility requirements.

TRAMPOLINES:

FIG approved - 6mm, 6x4mm, 5x4mm or 4x4mm beds may be available, FIG approved string beds may also be used.

DOUBLE MINI TRAMPOLINES:

FIG approved - 6mm Eurotramp Ultimate Double Mini Trampoline

TUMBLE TRACK:

FIG approved - Skakun Original 2014

CODE OF POINTS

The general rules, unless specified otherwise in the event information, are the current FIG Code of Points.

TEAM MANAGERS MEETINGS

There *may* be a Team Managers meeting 15 minutes prior to the start of the first warm up of the day. This will be the forum to discuss any issues clubs have and the specific information for the event. Team Managers are expected to be present and, if not, *may* miss important information.

HDS

The SETTC uses Eurotramp HDS to record both Horizontal Displacement (HD), Time of Flight (ToF) and where the need be Synchronisation of TRS routines in the regional trampoline competitions, where events are held at Jumpers Rebound Centre. For this reason only the “outside” trampolines can be used.

COMPETITOR CLOTHING

Competitors at Regional and County competitions shall adhere to the current FIG Code of Points as regards the Competition attire.

SPOTTERS

At all times spotters should be used as per the FIG Code of points. Where a spotter mat is used, this **MUST** be done by a Level 2 or above validated coach.

SPECTATORS

All non-official and non-competitive persons over the age of 5 entering the Competition event arena will be expected to pay a spectator entry fee of £2.50. Clubs are held responsible for the behaviour of their spectators at all events.

WARM UPS

In all regional events warm up on competition equipment will be provided before preliminary rounds. Warm up times have been calculated to ensure that gymnasts have adequate time to access the equipment, assuming they are spread evenly across it.

LOW ENTRIES

If any group should be less than 10 in total the SE Competition Coordinator reserves the right to merge groups for competition as it sees necessary.

PRESENTATION STANDARDS AND AWARD PROTOCOL

Clubs must ensure competitors are trained to march on and conduct themselves professionally during presentations. Competitors should wear club tracksuits or, alternatively, competition attire - no other clothing is acceptable.

Failure to present oneself at the appropriate time and in the proper attire is disrespectful to Coaches, Competitors, and Officials who uphold high standards. Competitors who do not comply will not receive their awards. Awards will only be distributed during the official presentation ceremonies and will not be given out early or after the event. This does not, however, affect the final competition results.

PHOTOGRAPHY

Flash photography **is not** permitted anywhere in the Event arena whilst competitors are performing (warm-ups included). They may only be used during presentations when performers are not competing.

British Gymnastics has a photography policy which the region has implemented. This policy can be found on the British Gymnastics website <https://www.british-gymnastics.org/safe-and-fair-sport/policies-procedures>. These rules have been introduced to protect our competitors.

OFFICIALS EQUIPMENT

Officials may have to use tablets or laptops for their roles throughout the competition. It is the Officials responsibility to look after any equipment given to them. Clubs will be responsible for covering the cost to repair/replace any damage equipment caused by their officials.

SECTION 2.07 OFFICIAL REQUIREMENTS – TRA/DMT

Please note that the region requires every Club entering Competitions to provide officials for the duration of the event. These criteria apply only to regional events unless specifically stated otherwise. Please NOTE that the following chart may have changed:

Clubs entering 5 competitors	1 Official, can be unqualified
Clubs entering 8 competitors	1 Qualified Officials
Clubs entering 10 competitors	2 Qualified Officials
Clubs entering 11 - 15 competitors	3 Officials (minimum of 2 Qualified)
Clubs entering 16 - 20 competitors	4 Officials (minimum of 3 Qualified)
Clubs entering 21 - 25 competitors	4 Qualified Officials
Clubs entering 26 - 30 competitors	5 Officials (minimum of 4 Qualified)
Clubs entering 31 - 45 competitors	5 Qualified Officials
Clubs entering 46 - 50 competitors	6 Officials, (minimum of 5 Qualified)
Clubs entering 51 - 65 competitors	7 Officials, (minimum of 5 Qualified)
Clubs entering 66 - 80 competitors	7 Officials, (minimum of 6 Qualified)
Clubs entering 81 - 100 competitors	7 Qualified Officials
Clubs entering 101 competitors or more	As per 81 - 100 + 1 qualified/unqualified for every 25 gymnasts over 100

SECTION 2.07.1 OFFICIAL REQUIREMENTS – TUMBLING

Clubs entering 1-4 competitors	No officials required
Clubs entering 5-12	1 Qualified Officials
Clubs entering 13-25	2 Qualified Officials
Clubs entering 26-30	3 Qualified Officials
Clubs entering 31-35	4 Qualified Officials
Clubs entering 36 competitors or more	As per 31-35 + 1 qualified official for every 5 gymnasts over 35

On occasion clubs may be required to supply additional officials to meet demand for events. The SETTC would actively encourage clubs to support people through the new BG Judging Assessments, however, the SETTC are happy for officials linked to other clubs to attend their events, assuming that they are associated with that club on the BG site and have a SE validation pass.

Clubs are encouraged to nominate additional officials. Officials should not also be competitors, as accommodating both roles within the schedule is nearly impossible. Competitors wishing to officiate when not competing should be nominated as extra officials and will be assigned roles if feasible.

OFFICIALS DRESS:

Judges, Coaches and Field of Play Officials (marshals) should be dressed according to the FIG Code of Points relevant for their assigned roll.

NEW CLUBS:

New Clubs will be allowed to enter 3 events without supplying qualified officials as long as they have supplied details of at least one name to the Competition Organiser who will be attending a Judge Course. After 3 events they will be allowed to continue to enter events without providing qualified officials, if no courses have been run. However, new Clubs must supply the correct number of unqualified officials to match their entry as above.

OFFICIALS SURCHARGE:

Clubs are not allowed to pay a surcharge for officials and **MUST** provide the required officials.

In the case of an official not showing on the day without a suitably qualified replacement being offered, the Club will be charged a surcharge of **£75.00** and no further entries will be accepted from that Club until the surcharge has been paid.

For repeated offences the Surcharge will be double the previous amount (ad infinitum) at the discretion of the Judge Co-ordinator. The Competition committee reserves the right to disqualify any Club who does not supply their nominated officials on the day.

GUIDELINES UNQUALIFIED OFFICIALS:

Unqualified officials may serve as competition marshals, warm-up marshals, HDTS operators, floor managers, or door managers. All these roles require prior Validation and cannot be arranged at the last minute.

Clubs are responsible for ensuring their officials are adequately trained. Job descriptions for unqualified positions will be provided and regularly updated. Officials without a Validation pass will not be granted access to the Field of Play, and the club may face fines as a result.

SECTION 2.08 OFFICIALS AFFILIATIONS / ACCREDITATIONS / VALIDATIONS / DBS

GENERAL:

Affiliation is membership of the governing body, the organising group and the Club of your first association.

VALIDATION

Validation is a permit to operate within the confines of competitive activity.

ACCREDITATION

Accreditation is the right to be in certain places at any one given competitive event.

AFFILIATION:

Clubs are reminded that all individuals taking responsibility within the competition area must be registered with British Gymnastics. A minimum of Community Membership with British Gymnastics is required for anyone involved in decision-making, whether they are unqualified personnel or qualified in accordance with their specific qualifications. Coaches and judges are typically registered with British Gymnastics through their primary club of affiliation, which holds first claims over their services. While it is permissible for coaches and judges to assist other clubs, this is only allowed with the express permission of their primary club. In cases where an official operates independently, the nominating club remains responsible for verifying their arrival, affiliation, validation, and accreditation. Any changes to these arrangements must be reported to both British Gymnastics and the SE Competition Secretary via email to secompetitions@trampoline.co.uk.

DBS:

British Gymnastics policy on the requirement of DBS can be found on the British Gymnastics website <https://www.british-gymnastics.org/dbs>. The SETTC recommendation is always to DBS check where in any doubt. Without a DBS you cannot carry out any coaching or supervisory roles. Therefore, the only roles at competition are Competition Marshall, Warm-Up Marshall, Floor Manager & Door Manager, HDTS operator and Judges. It is a recommendation of the SETTC that these roles hold a current Safeguarding qualification.

SAFEGUARDING GUIDANCE FOR NON-DBS OFFICIALS:

British Gymnastics no longer requires non-DBS officials to hold a safeguarding qualification but continues to recommend it as good practice. Reflecting this, the SETTC has removed the mandatory requirement for non-DBS officials seeking validation to hold a valid Safeguarding Certificate.

However, the SETTC will accept all recognised safeguarding training, giving clubs the flexibility to arrange accessible or free training if they choose to follow this recommended practice. Clubs are now fully responsible for ensuring that their officials working on the competition floor have an understanding of safeguarding issues.

ACCREDITATION IN THE COMPETITION AREA:

All Coaches, Judges, and Officials must visibly display their Validation pass while on the Field of Play. Random spot checks will occur at regional events. Clubs found with unaccredited individuals on the Field of Play *may* face penalties. Ensure parents and spectators are informed of these rules.

Coaching Eligibility:

- Coaches on the Field of Play must be registered, paid members of British Gymnastics.
- Clubs entering events are responsible for providing adequately trained, qualified, and validated coaches familiar with their performers' needs.
- Coaching (in the fullest terms) during competitions is prohibited. Competitors should be fully trained to understand the competition process and meet expectations.

Role of Coaches on the Competition Floor:

Coaches are expected to:

- Provide moral support and encouragement to competitors.
- Support the organising committee and ensure a safe, friendly environment.
- Supervise competitors and control behaviour.
- Manage safety, including the use of spotter mats.
- Ensure compliance with rules, including Validation, and prevent prohibited items like food or drink.

Training and Collaboration:

Clubs must:

- Train competitors in spotting techniques per the current Code of Practice.
- List all accompanying coaches in the competition entry system.

Coaches are encouraged to form teams with those from other clubs to provide mutual support, assist with spotting, and manage time effectively to attend to their own performers.

COMPETITORS:

Competitors are only accredited to be on the Field of Play when directly involved in the event and clubs that fail to control their competitors risk disqualification from the event.

COACHING NUMBERS:

Clubs must ensure adequate coaching coverage at events:

- **Minimum Requirement:** At least one validated, qualified, and accredited coach must be present within the competition area at all times.
- Additional Coaches:
 - One additional validated and accredited coach per panel with Club competitors.
 - For every 10 competitors above the first 10 on a single panel in the same round, an extra validated and accredited coach is allowed.

Competitors arriving without a validated, qualified, and accredited coach will not be permitted to compete.

SECTION 2.09 ROUTINE REQUIREMENTS & AGE CATEGORIES

All National and Regional exercise requirements can be found on the British Gymnastics website <https://www.british-gymnastics.org/> > Expand the = menu > Technical information > Discipline > Competition handbooks

SECTION 2.10 SOUTH EAST REGIONAL CHAMPIONSHIPS

The Regional Championships will run on 30th March. See separate document for full information about the Regional Championships.

Event Date	Entry Opens	Entry Closes	Disciplines
Sunday 12 th April	Saturday 21 st February	Saturday 14 th March	TRI TRS DMT TUM

SECTION 2.11 FURTHER HELP

If you have any questions or need further clarification about the enclosed information, please email secompetitions@trampoline.co.uk. Please remember, all SETTC members are volunteers dedicated to supporting the development of Trampoline. While they are committed to helping, they are not available 24/7. Please be polite, manage expectations, and ensure any calls are made at reasonable times. These individuals contribute their time because they care about the sport and its community.

SECTION 2.12 2025 SE TRAMPOLINE TECHNICAL COMMITTEE

SE Board Chairman	Martin Laws
SETTC Chairman	Dexter Millen
SETC Secretary	Tony Fricker
Finance	Julie Belchamber
Competition Co-ordinator	Zach Hughes-Burton
Squad Co-ordinator	Dexter Millen
Judging Co-ordinator	Mark Baker
Kent Representative	Dexter Millen
Sussex Representative	Julie Belchamber
Surrey Representative	Jane Cousins
Tumbling Representative	Ollie Reis

ARTICLE III. COUNTY INFORMATION

The South East Region comprises of three counties, Kent, Sussex and Surrey, each of which have their own Gymnastics Association.

SECTION 3.01 COUNTY EVENTS

The County Associations (Kent, Surrey and Sussex) in agreeance with the South East Trampoline Technical Committee (SETTC) have agreed to run the SE County events directly after the regional events.

This means that all SE County events will be at Jumpers Rebound Centre, Mill Road, Gillingham, Kent on the following dates:

14th December 2025

1st February 2026

8th March 2026

This decision was made to mitigate the number of weekends that clubs and officials are required to attend Events

Clubs should receive information through County affiliation routes. County Competition Secretaries are:

Kent TRA:	Dexter Millen	dexter@aire.tc
Sussex TRA:	Julie Belchamber	jules_jump@hotmail.com
Surrey TRA:	Jane Cousins	austinandjane@btinternet.com

SECTION 3.02 CLUB/COUNTY SANCTIONED EVENTS

Affiliated Clubs may run Club Cup Series events but these must be sanctioned in advance by the SETTC.

In order to obtain a sanction for an event, the Club/County must adhere to several conditions, which can be found in Appendix 1 including notifying the SE Trampoline Competition Secretary in advance of the event and providing a copy of the results in an agreed format. If a sanction is requested for an Open event, additional requirements must be met, including not clashing with other local events and meeting the regional matting guidelines.

Whilst every effort is made on behalf of the Region to ensure the Clubs and Counties hosting sanctioned events comply with all rules and protocols, the Region bears no responsibility for sanctioned events, responsibility rests with those organising the event. Failure to provide events of the correct quality may result in the Club not gaining future sanctions.

Clubs & Counties should apply to the SETTC for sanctions as early as possible, but no later than 28 days prior to closing for events. The Committee reserves the right to send a representative to visit the sanctioned event to confirm that all of the requirements have been met. Details of sanctioned events may be listed on www.trampoline.co.uk and/or www.segymnastics.org.uk once sanctioned.

ARTICLE IV. OTHER INFORMATION

SECTION 4.01 REGIONAL SCHOOLS EVENTS

The schools competitions come under the direction of the BSGA (SE). Please contact your Schools' Competition Organiser or more information. Information on schools' competition is available on the web site <https://bsga.org/>

BSGA SE Trampoline Organiser: Zach Hughes-Burton – zachhughesburton13@gmail.com

ARTICLE V. CALENDAR OF EVENTS

EVENTS		
Event name:	Event Date/s	Event Location
BSGA Regional Schools	30 th November 25	Worthing
Regional Challenge Cup Q1 & SE County Event 1	14 th December 25	JRC
BSGA Zonal Schools	25 th January	Weston Super-Mare
Regional Challenge Cup Q2 & SE County Event 2	1 st February	JRC
Regional Challenge Cup Q3 & SE County Event 3	8 th March	JRC
BSGA National Schools Final	14 th March	Derby
Trampoline League Q1	21 st / 22 nd March	Newcastle
English TRA & DMT Q1	28 th / 29 th March	Birmingham
Regional Championships	12 th April	JRC
National Age Group - FIG Q1	25 th / 26 th April	Telford
Proposed - SE Squad Day	17 th May	JRC
Trampoline League Q2 (inc League 4,5,6)	23 rd / 24 th / 25 th May	Kettering
English TRA & DMT Q2 & Silver TUM Championships	30 th / 31 st May	Telford
Proposed - SE Squad Day	7 th June	JRC
National Age Group - FIG Q2	20 th / 21 st June	Telford
Trampoline League Q3	27 th /28 th June	Cardiff
Inter-Regional Challenge Cup Final	4 th / 5 th July	Birmingham
English Championships	18 th / 19 th July	TBC
National Age Group Finals & British Championships	3 rd / 4 th October	Telford
Trampoline League Finals	18 th /19 th October	TBC
Inter County Challenge Cup	16 th November	JRC
BSGA Regional Schools 2026	29 th November	Worthing

The above table details events beyond the control of the SETTC. The details within may not be correct and it is for individuals to check with the relevant organisation.

Guidance from the SETTC

General Conditions

All competitive events must be sanctioned in advance by the SE TTC as per Section 2.04.
County events may only be organised by County Technical Committees.
Sanctions must be requested by email to Tony@thefrickerfamily.com.
Events may be run internally within Clubs with only the Club's own personnel officiating; however, the SE committee recommends that at least one judge is provided from outside the Club if possible.
An open event (one that invites entries from all the Clubs within the County or SE region) will only gain sanction if it is not within 2 weeks of another open County or two weeks prior to a Region event closing date.
The SE Competition Coordinator reserves the right to conduct spot checks on sanctioned events without notice.

Information Required on Your Sanction Application

All events needed to provide the following information in order to gain a sanction:
The name of the fully qualified Welfare officer for the event (This person must not be a Coach responsible/working with a Club entering the Competition if they are the welfare officer for the event).
The date, time & Venue of the event.
The entry fee (if applicable) for the event.
The Results Co-ordinator.

Competition Organisation

It is recommended that a sanctioned event is "open" to the County or Region or kept "closed" internal to the organising Club only. However, Clubs within the region may combine to organise a closed event.

The organising Club/county must ensure that, for a sanctioned Competition:
All British Gymnastics equipment guidelines are complied with in full.
Results must be provided to the SE Coordinator in the agreed database system format (MS Access database).
If the event is an Open Competition, the start list (with British Gymnastics numbers) Microsoft Excel format export file must be sent to Tony@thefrickerfamily.com asap but no later than 14 days in advance, to check all competitors are eligible to take part
This is not required for closed Club events, however competitor eligibility will be checked after the event.
That electronic results exported in Microsoft Excel format, complete with all competitor British Gymnastics numbers in the remark column must be sent to secompetitions@trampoline.co.uk within 7 days of the Competition.
Entry fees (if applicable) must be payable to a Club or county account.
British Gymnastics & SE Regional Competition scheme rules must be fully complied with.